The city of Amsterdam is known for its vibrant and wild nightlife, but what about the daytime? The daytime is a time of relaxation, and what better way to relax than at a yoga lounge. However, this yoga lounge is not simply limited to Yoga but also contains studio areas for dance classes. People of all ages are welcome to participate in the classes available. Various groups of people are encouraged to socialise with each other and get to know their neighbours. The unique roof allows the sunlight to filter through while keeping the rain out. It's a perfect place to chill at all times of the year. Why not invite some friends out, have a dance or yoga class and enjoy the view of the canal from the balcony.