

Relationships of Reported State Measures of Performance  
to Self-Perceived Teaching Competence:  
An Intrapersonal Analysis of Ten Adult Educators

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### **Supervisor's Certification**

I, Dr. Christopher Lennings, do certify that the Ph.D. thesis entitled Relationships of Reported State Measures of Performance to Self-Perceived Teaching Competence: An Intrapersonal Analysis of Ten Adult Educators by Lizbeth L. Wilson is in a form suitable for examination.

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*Dr. Christopher Lennings*

### **Certification**

I, Lizbeth Luther Wilson, do hereby declare that this submission is my own work and that, to the best of my knowledge and belief, it contains no material previously published or written by another person nor material which to a substantial extent has been accepted for the award of any other degree or diploma of a university or other institute of higher learning, except where due acknowledgement is made in the text.

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*Lizbeth L. Wilson*

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## ABSTRACT

This study investigated intrapersonal self-reported, perceived teaching competence. Each of ten adult educators' teaching competence was analysed in a qualitative/quantitative study within ten interactive teaching sessions. Self-reported influences of performance variables pertaining to perceived arousal discrepancy, effort, performance state self-esteem, and telic/paratelic metamotivational states were related to self-perceptions of teaching competence.

Seven of ten adult educators demonstrated a relationship between their current state and perceived teaching competence. A higher perceived teaching competence was experienced when rating themselves nearer to their ideal teaching state. From a reversal theory perspective, the investigator determined telic/paratelic situational state balance by primarily utilising the Telic State Measure (Svebak & Murgatroyd, 1985), and conducting the Metamotivational State Interview Coding Schedule (O'Connell, Potocky, Cook, & Gerkovich, 1991) to code psychological lability (i.e., how easily and readily one shifts between states) and subjective experiences of the educator's perceived competent and "less" competent teaching sessions.

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## GLOSSARY

AMSP	Apter Motivational Style Profile
ARSK6	(six questions pertaining to arousal seeking in the TSM)
MSP	Motivational Style Profile
MSICS	Metamotivational State Interview Coding Schedule
PDS	Paratelic Dominance Scale
PLAY4	(four questions pertaining to playfulness in the TSM)
PSSE	Performance State Self-Esteem
TDS	Telic Dominance Scale
TSM	Telic State Measure
TSMAD	Telic State Measure-Arousal Discrepancy
TSME	Telic State Measure-Effort
SPON5	(five questions pertaining to spontaneity in the TSM)
SPTC	Self-Perceived Teaching Competence
SSE-PS	State Self-Esteem (performance) Scale
SSE	State Self-Esteem
SSES	State Self-Esteem Scale
T/P	Telic/Paratelic
TPPS	Telic/Paratelic-Planned-Spontaneous
TPSP	Telic/Paratelic-Serious-Playful