

Targeting Lipids to Regulate Endothelial Cell Senescence

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Thesis statement of originality

This is to certify that to the best of my knowledge; the content of this thesis is my own work. This thesis has not been submitted for any degree or other purposes.

I certify that the intellectual content of this thesis is the product of my own work and that all the assistance received in preparing this thesis and sources have been acknowledged.

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Abstract

Endothelial cell senescence, marked by irreversible growth arrest, is a major factor in vascular aging and cardiovascular disease, such as atherosclerosis. One of the key drivers of senescence is oxidative stress, which leads to the activation of various signalling pathways involved in senescence progression, including p53/p21^{WAF1/CIP1} and p16^{INK4A}/Rb pathways. Hydrogen peroxide (H₂O₂) is commonly used to achieve oxidative stress-induced premature senescence *in vitro*. Despite progress, the exact molecular mechanisms and regulatory factors governing this process are not fully understood.

Sphingolipids have drawn attention due to their potential role in controlling endothelial cell senescence. These diverse membrane-constituting and bioactive lipids regulate various cellular processes, including cell survival, proliferation, and inflammation. Disruption in sphingolipid metabolism and signalling have been implicated in the development of age-related diseases. Hence, understanding sphingolipid's role in endothelial cell senescence is crucial for unravelling cardiovascular disorders.

In this thesis, I aim to investigate the key sphingolipids that dictate premature senescence in endothelial cells induced by H₂O₂. To assess this, I employed several sphingolipid compounds and their metabolic enzyme inhibitors to alter the levels of certain sphingolipid species. I found increasing sphingosine levels by the addition of exogenous sphingosine or

inhibition of its catabolic enzyme sphingosine kinase 1 drove the establishment of endothelial cell senescence. Conversely, reducing sphingosine levels by inhibition of ceramide synthase or acid ceramidase inhibited H₂O₂-induced endothelial cell senescence.

This thesis identified sphingosine, but not ceramide or sphingosine 1-phosphate, as the key determinant of endothelial cell senescence, paving the way for future research into the molecular mechanisms and guiding the development of sphingosine-targeted senolytic therapeutics.

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Abbreviation

CerS1	Ceramide Synthase 1
CerS2	Ceramide Synthase 2
CerS3	Ceramide Synthase 3
CerS4	Ceramide Synthase 4
CerS5	Ceramide Synthase 5
CerS6	Ceramide Synthase 6
FA	Fatty Acyls
$\cdot\text{OH}$	Hydroxyl Radicals
53BP1	P53-Binding Protein 1
8-OH-G	8-Hydroxyguanosine
ACER1	Alkaline Ceramidase 1
ACER2	Alkaline Ceramidase 2
ACER3	Alkaline Ceramidase 3
AD	Alzheimer's Disease

ASAH1	N-Acylsphingosine Amidohydrolase 1
ASAH2	N-Acylsphingosine Amidohydrolase 2
C1P	Ceramide-1-Phosphate
C1PP	C1P Phosphatase
CDKI	Cyclin-Dependent Kinase Inhibitor
Cer	Ceramide
CERK	Ceramide Kinase
CerSs	Ceramide Synthases
DAG	Diacylglycerol
DDR	Damage Response
Des	Desaturases
dhCer	Dihydroceramide
EC	Endothelial Cells
EC ₅₀	Half-Maximal Effective Concentrations
EDHF	Endothelium-Derived Hyperpolarizing Factor

ER	Endoplasmic Reticulum
ET-1	Endothelin 1
FB1	Fumonisin B1
GL	Glycerolipids
GMZ	Gemcitabine
GP	Glycerophospholipids
GPCRs	G-Protein-Coupled Receptors
hAD-SCs	Human Adipose-Derived Stromal Cells
HDF	Human Diploid Fibroblasts
HFD	High-Fat Diet
hTERT	Human Telomerase Reverse Transcriptase
HUVEC	Human Umbilical Vein Endothelial Cells
IC ₅₀	Half Maximal Inhibitory Concentration
ICAM1	Intercellular Adhesion Molecule 1
ILCNC	International Lipid Classification and Nomenclature Committee

KDSR	3-Keto-Dhphingosine Reductase
LDL	Low-Density Lipoprotein
MAPK	Mitogen-Activated Protein Kinase
MCP1	Monocyte Chemoattractant Protein 1
MiDAS	Mitochondrial Dysfunction-Associated Senescence
NcDase	Neutral Ceramidase
NF- κ B	Nuclear factor kappa B
N-SMase	Neutral Sphingomyelinase
$\cdot\text{O}_2^-$	Superoxide Radicals
OGD/R	Oxygen-Glucose Deprivation and Reoxygenation
OIS	Oncogene-Induced Senescence
oxLDL	Oxidized Low-Density Lipoprotein
PK	Polyketides
PKC	Inhibiting Protein Kinase C
PR	Phenol Lipids

p-RB	Phosphorylated Retinoblastoma Protein
PS	Premature Senescence
PS1	Presenilin 1
PUFA	Polyunsaturated Fatty Acid
RB	Retinoblastoma Protein
ROS	Reactive Oxygen Species
S1P	Sphingosine-1-Phosphate
SA β -Gal	Senescence-Associated B-Galactosidase
SaL	Saccharolipids
SAPK	Stress-Activated Protein Kinase
SASP	Senescence-Associated Secretory Phenotype
SBB	Sudan-Black-B
SIPS	Stress Induced-Premature Senescence
siRNA	Small Interfering RNA
SL	Sphingolipids

SMS	Senescence-Messaging Secretome
SOD	Superoxide Dismutase
Sph	Sphingosine
SphK1	Sphingosine Kinase 1
SphK2	Sphingosine Kinase 2
SphKs	Sphingosine Kinases
SPL	S1p Lyase
SPPs	S1p Phosphatases
SPT	Serine Palmitoyltransferase
ST	Sterol Lipids
TLC	Tram-Lag1-Cln8
TNBS	Trinitrobenzene Sulfonic Acid
TNF	Tumour Necrosis Factor
TNF α	Tumor Necrosis Factor Alpha
TRAF2	Tumor Necrosis Factor Receptor-Associated Factor 2

VCAM1	Vascular Cell Adhesion Protein 1
VEGF	Vascular Endothelial Growth Factor
VSMCs	Vascular Smooth Muscle Cells
γ -H2AX	Phosphorylated Histone H2AX

Chapter 1. Literature Review

1.1 Endothelial Cell Senescence

1.1.1 Cellular senescence

Senescence occurs in a biological process when cells permanently cease dividing in reaction to diverse stress signals (1). The phenomenon of limited proliferation, referred to as 'cellular senescence', had been coined over half a century ago by Leonard Hayflick and Moorhead, who observed a significant decrease in the capacity of human fibroblasts to proliferate in culture (2). Subsequent experiments demonstrated that cell proliferation decreased with each cell passage until the cells lost their capacity to divide completely, despite the existence of nutrients and growth factors (2). Such a phenomenon led to the coining of the term 'cellular senescence', which has been linked to the ageing process (2). Hayflick's research has shown that conventional human cells in culture are constraint in their capacity to divide, referred to as replicative senescence, and stop the process of replication and division after 40 to 60 times of serial passaging, a phenomenon known as the Hayflick Limit (3, 4).

It is now widely accepted that replicative senescence, resulting from telomere shortening, is one form of cellular senescence. On top of that, multiple inducers exist, and they can all result in senescence, involving oncogene-induced senescence (OIS), DNA damage-

induced senescence, epigenetically triggered senescence, as well as mitochondrial dysfunction-associated senescence (MiDAS), in replication-competent cells. These forms of senescence are collectively referred to as premature senescence (5, 6).

1.1.2 Characteristics of endothelial cells senescence

The vascular endothelium is a monolayer of endothelial cells that lines the inner surface of blood vessels (7). It is critical in sustaining vascular homeostasis through regulating blood fluidity controlling vascular tone, modulating the production of pro-inflammatory molecules, facilitating pro-inflammatory immune responses, and promoting neovascularization (7). As a dynamic interface between the blood and surrounding tissues, the vascular endothelium is essential for the proper functioning of the cardiovascular system (7). However, endothelial cells are vulnerable to injury from circulating substances and pathogenic stressors, which can disrupt blood flow and barrier function, leading to tissue and organ dysfunction (8). Additionally, pro-inflammatory cytokines and chemokines produced by endothelial cells can send harmful signals in different types of cells found in blood vessels and in non-blood organs and tissues (8).

Endothelial cell senescence, depicted by permanent cell cycle arrest, is a protective mechanism when the endothelium has been damaged, preventing the unrestrained proliferation of damaged cells (9). Structure of the vascular system and the turnover rate

of endothelial cells are believed to contribute to the development of senescence in these cells (5, 10). Endothelial cells have been commonly regarded as one of the first cell types undergoing senescence as individuals age, and the highest number of senescent cells are seen in highly endothelial tissues (5).

When endothelial cells undergo senescence, they display several common features, which are summarized below (11):

1.1.2.1 Morphological changes

In comparison to cells undergoing proliferation, senescent cells frequently have an enlarged size as well as a flattened morphology (1, 11), as evidenced by previous studies (11). Senescent cells may also possess multiple nuclei and display significant vacuolization that the unfolded protein reaction causes endoplasmic reticulum stress. The state of the scaffolding protein caveolin 1 (12) and the Rho GTPases Rac1 and CDC42 are crucial for the occurrence of shape changes in senescent cells (13). In addition, senescent cells have been observed to transmit signals to other cells through the transfer of proteins across cytoplasmic bridges (14).

Senescent endothelial cells exhibit a distinctive morphological phenotype characterized by a larger, flatter shape and a reduced capacity to change their phenotype or realign as a reaction to laminar shear stress (15). Biochemically, senescent endothelial cells enhance

their adherence to basement membranes, which impedes their proper alignment with blood flow (15). This increased adhesion leads to resistance to detachment and enables cells to survive for prolonged periods (11, 15).

1.1.2.2 Cell cycle arrest

Senescent cells are depicted by a permanent cessation of proliferation (16). Unlike quiescence, which is a reversible growth arrest occurring in the G0 phase, G1 and G2 are the stages of the cell cycle when senescence often takes place (1, 16). In addition, senescent cells have lost their ability to respond to mitogenic or growth factor stimulation. This means that even when circumstances are optimal for cell development, they have no way of restarting the cell cycle (1). Cells that have reached their final differentiation stage, like senescent cells, are irreversibly prevented from re-entering the cell cycle (1, 5). Senescence is typically induced in response to cellular stress, while terminal differentiation results from a predetermined developmental program (1, 5).

Additionally, the activity of cell-cycle inhibitors induces the cessation of the cell cycle, which slow down the cell division process (17, 18). During this process, two major tumor suppressor pathways, p53/p21CIP1 and p16INK4a/Rb, are activated to regulate the exit from the cell cycle (16).

In the p53/p21CIP1 pathway, P53 is critical in the DNA Damage Response (DDR) pathways by regulating a transcriptional program (16). Upon receiving a DNA-damaging stimulus, P53 initiates the pathway by undergoing phosphorylation (p-p53) (16). This leads to the transient expression of cyclin-dependent kinase inhibitors (CDKIs), including p21CIP1, which accumulates due to the presence of p-p53 (16). Subsequently, p21CIP1 blocks the CDK2-cyclin E complex, allowing hypophosphorylated Rb to bind with E2F and leading to cell cycle arrest (Figure 1) (16). It is worth noting that the p53 protein undergoes various post-translational modifications, including ubiquitylation, phosphorylation, acetylation, sumoylation, methylation, and neddylation, which regulate its physiological function and activity and determine how it responds to different cellular signals (19). Acetylation of p53 enhances its protein stability, helps it attach to its specific boosters with lower affinity, promotes its interaction with other proteins, contributes to its antiviral activities, and is necessary for its DNA injury checkpoint reactions and oncogene activation (19). In the p16INK4a/Rb pathway, p16INK4A is transcribed from the CDKN2A gene, which is activated upon the INK4/ARF locus (20). p16INK4A is a cyclin-dependent kinase inhibitor (CDKI) that suppresses CDK4-CyclinD complex function, resulting in inhibition of Rb phosphorylation and preventing E2F from binding with Rb, thereby halting cell cycle progression (Figure 1) (21).

It is important to note that these two pathways do not function entirely independently; rather, crosstalk exists between certain regulatory factors (22). In fact, the p53 and Rb pathways regulate senescence by suppressing transcription factors (23). Specifically, the ultimate target of both pathways is the retinoblastoma protein (RB), existing within a hypophosphorylated form and binds to E2F (23). This binding inhibits E2F from targeting gene promoters, thereby inhibiting transcription and halting cell cycle progression (23).

The activation of p21 and p16 exhibits variability across cell types and stressors. However, in certain cell types, senescent cells expressing p21 and p16 converge in a similar manner, with injury initially causing a surge in p21 levels that subsequently decrease over a period, then an increase in p16 levels (24, 25). While the in vivo dynamics of p21 as well as p16 are unknown, animal model data indicate that stromal vascular fraction cells with elevated p21 levels accumulate in adipose tissue with obesity, which differs from cells with high p16 levels (26). Both the molecular response and cellular fate are contingent upon the type, extent, and duration of the injury (11). For instance, even minor cellular damage results in p53 stabilization, allowing for p21 transcription until the cells recover from the injury and re-enter the cell cycle (27, 28, 29). However, senescence, which is frequently accompanied by increased p16 expression, arises from delayed p21 initiation or more severe or prolonged damage (27, 28, 29).

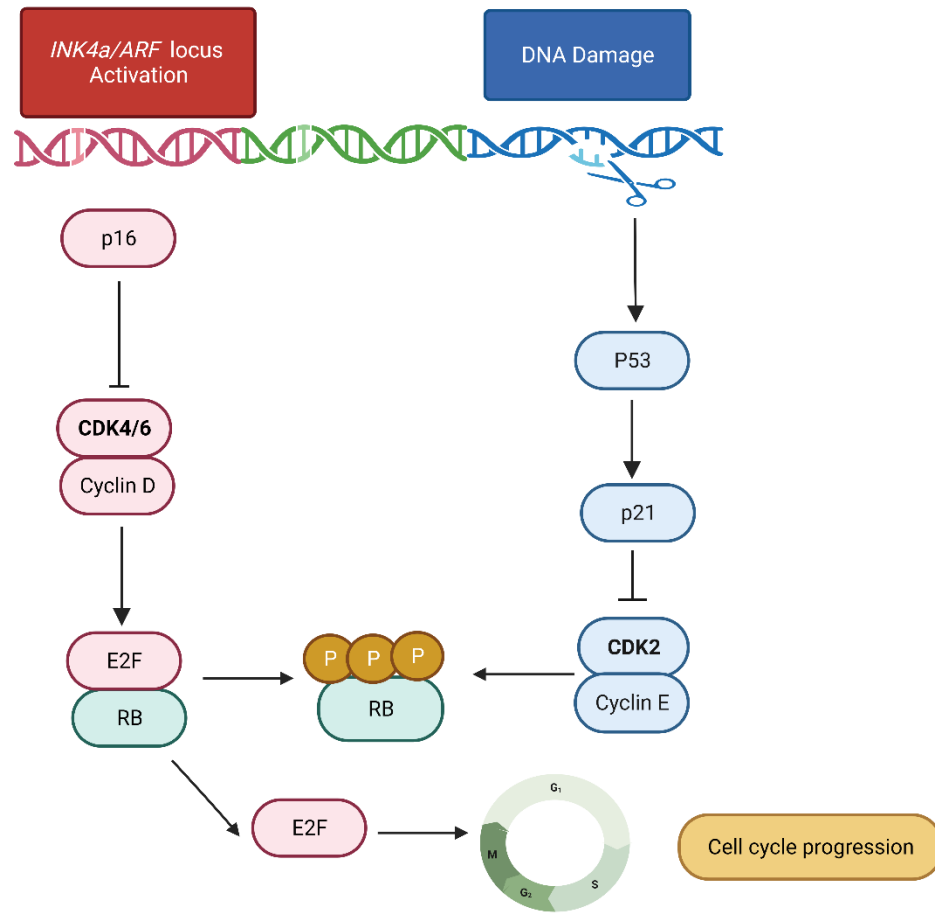


Figure 1.1 Schematic chart depicting the molecular pathway in the regulation of cell cycle arrest in senescence Cell cycle arrest can be regulated by activating either the p16^{INK4a}/Rb or p53/p21CIP1 pathways. Graph created by Biorender.

1.1.2.3 Senescence-Associated Secretory Phenotype (SASP)

Despite undergoing a state of permanent development stop characteristic of senescence, cells retain metabolic functions (30). A cell's ability to secrete a cocktail of chemicals that may impact the activities of neighboring non-senescent cells allows it to influence its immediate surroundings and interact with other cells (30, 31). Senescent cells exhibit significant changes in their secretome and a hypersecretory phenotype referred to as the Senescence Associated Secretory Phenotype (SASP) or Senescence-Messaging Secretome (SMS) (32), a fundamental hallmark of senescence (33, 34).

SASP comprises various types that are diverse and contingent on cell type and senescence processes. SASP is composed of several soluble signaling factors, such as proinflammatory cytokines, chemokines, angiogenic factors, growth modulators, proteases, matrix metalloproteinases, bioactive lipids, and extracellular matrix components, all constituting primary constituents of SASP (33, 35). Pathophysiological consequences of different types of senescent cells can only be mediated via SASP and is thus intricately connected to both their advantageous and harmful impacts (36, 37).

1.1.3 Causes of endothelial cell senescence

It is noteworthy that endothelial cells are situated within blood vessels, rendering them continuously exposed to oxygen, glucose, lipids, amino acid metabolites, immune cells,

reactive oxygen species (ROS), and inflammatory cytokines, all of which may contribute to senescence (38). The following sections delve into the different environmental factors that add to the process of senescence.

1.1.3.1 Physical forces

Due to their unique location, the haemodynamic environment, which refers to the physical forces and conditions exerted on endothelial cells by the flow of blood within blood vessels, are critical in endothelial cell function and can significantly impact vascular health (11). Shear stress and pulsatile pressure are two haemodynamic variables of blood flow which can accelerate EC senescence (39). Regions with dysfunctional blood flow experience high rates of endothelial cell turnover, placing these cells at an increased risk of being damaged by haemodynamic and replicative stress (39). Studies involving cell cultures and mouse arteries have yielded valuable insights into the significance of the haemodynamic environment in relation to endothelial cells. Specifically, these studies have indicated that when ECs have been exposed to disturbed flow patterns, they exhibit a higher rate of cellular turnover. This increased turnover ultimately leads to a state of replicative senescence in these cells (40, 41). In addition, findings derived from human tissue samples provide evidence that endothelial cells located near arterial bifurcations, which experience higher levels of haemodynamic stress, exhibit increased cell turnover and replicative

senescence compared to ECs from less stressed arteries, venous endothelial cells, and vascular smooth muscle cells (VSMCs) (42).

Another aspect related to location is that endothelial cells have a prolonged lifespan in regions with stable blood flow (39). However, cells with an extended lifespan are more susceptible to damage from exposure to harmful substances in the blood. Endothelial cells, regardless of their lifespan, may undergo senescence when exposed to certain stimuli (11).

1.1.3.2 Oxygen

Exposure of cells to a high partial pressure of oxygen has been widely recognized as a factor that accelerates the onset of cellular senescence (43, 44, 45). Notably, arterial endothelial cells are continuously exposed to a senescence-inducing stimulus, unlike other types of cells in the body. Arterial blood has a partial pressure of oxygen of approximately 100 mmHg, while venous blood has around 40 mmHg under normoxia, which is a normal oxygen condition (46, 47). In contrast, the definition of oxygen partial pressure in the spleen and skeletal muscle is 66 mmHg and 34 mmHg (46), respectively (46, 47). This unique characteristic of arterial ECs may explain the senescence onset observed in these cells.

1.1.3.3 Metabolites

In addition, the presence of amino acid metabolites and lipids may induce endothelial senescence both in vitro and in vivo (48, 49, 50). Specifically, the extended contact of HUVECS to homocysteine, a metabolite of the amino acid methionine, has been found to increase the expression of senescence markers, such as p21^{cip1}, p16^{INK4A} and p53 (48). This may be because of demethylation of telomerase reverse transcriptase, which leads to telomere shortening, a characteristic feature of senescent cells (48). Moreover, exploring the relationship between lipids circulating in the bloodstream and the endothelium is crucial. Endothelial dysfunction, which triggers the development of atherosclerosis, involves impaired endothelial function, resulting in the accumulation of lipids beneath the endothelial barrier (51). Significantly, the senescence of endothelial cells may contribute to the accumulation of lipids by inducing a decreased expression of junctional proteins and impairing the barrier function of the endothelium (52, 53).

1.1.3.4 Chronic inflammation

Herein, another intricate interplay between inflammation and endothelial cell senescence can be observed. Chronic or excessive inflammation can trigger a cascade of molecular events that contribute to cellular senescence in endothelial cells. Studies have provided evidence supporting the notion that endothelial cell exposition to tumor necrosis factor alpha (TNF α) leads to early onset of replicative senescence (54). This exposure also results in increased expression of various molecules involved in inflammation, such as cytokines,

chemokines, as well as adhesion molecules including intercellular adhesion molecule-1 (ICAM-1) and vascular cell adhesion protein 1 (VCAM1) (54). Moreover, the premature senescence induced by $\text{TNF}\alpha$ and the resulting inflammatory environment can be alleviated by antioxidant administration or nuclear Factor κB (NF- κB) inhibition (54). This suggests that targeting oxidative stress or the NF- κB signaling pathway may have potential therapeutic benefits in preventing or alleviating $\text{TNF}\alpha$ -induced endothelial cell senescence and associated inflammation.

The mechanisms underlying endothelial senescence involve the presence of inflammatory factors, which can play a role in DNA damage and DNA damage activation paths for responses (55). These processes are critical in driving the senescence of endothelial cells, triggering functional and phenotypic changes associated with senescence (11). In addition, senescent endothelial cells may be a reason for inflammatory cytokines, further promoting the inflammatory milieu. This might cause senescence in normally dividing cells (56).

1.1.4 Types of endothelial cell senescence

Despite possessing several unique characteristics, endothelial senescence shares many underlying processes with general senescence. Similar to senescence in other cells, endothelial senescence can be induced by multiple stressors, including intrinsic factors including telomere shortening, DNA damage, oxidative stress, oncogenic activation,

disturbed flow, and mitochondrial dysfunction, as well as various extrinsic factors including UV radiation and chemotherapeutic agents, etc (57).

Therefore, these stressors may induce a persistent DNA damage response (DDR) that produces cellular senescence by triggering a permanent halt in cell division (27, 58). It is worth noting that the aforementioned stimuli can induce endothelial senescence through both telomere-dependent and telomere-independent mechanisms.

1.1.4.1 Replicative senescence

The term "replicative senescence" was originally coined due to the belief that senescence reflected the limited ability for division seen by normal diploid cells during culture proliferation (3, 4). In large arteries, ECs are primarily renewed through mitotic cell division instead of being replaced by progenitor cells (59). Senescence, which is a consequence of repeated cell division, can be triggered by several factors, but telomere shortening stands out at the molecular level (60). Telomere loss, which occurs when cells divide rapidly through mitotic cell division, accelerates replicative senescence (42).

More specifically, the process of DNA synthesis could be categorised in two key stages:

a) During the first stage, DNA polymerases generate a new strand of complementary polynucleotides from the 5' to 3' end (60, 61).

b) the second stage, DNA synthesis is initiated by using an RNA primer that is subsequently eliminated. This process leads to the emergence of the 'end-replication problem', characterized by the sequences loss at the 5' end of linear molecules with each round of cell division (62, 63).

Telomeres play a vital role in this process, as they are made up of a repeating DNA sequence (TTAGGG) that caps the end of chromosomes (62, 63). Telomeres are crucial in preserving the integrity and stability of chromosomal ends, as they prevent the degradation and recombination of DNA ends (62, 63).

Telomeric DNA is typically lost incrementally with each instance of cell division (63). The traditional DNA polymerases can have blundered by failing to replicate the lagging strand, which accounts for this anomaly (61, 63). Approximately 100 base pairs are lost from telomeres with each successive round of division (64). The ribonucleoprotein telomerase can compensate for the loss of terminal sequences that occur during replication by synthesizing new telomeric repeats and appending them to the 3' end of chromosomal DNA (61). However, telomerase is missing or present at exceedingly low levels among the vast majority of primary human somatic cells (61). This results in the shortening of chromosomes with every cycle of cell division (61, 64). Besides, telomeric DNA is particularly susceptible to oxidative harm owing to its high concentration of GGG (65),

which can easily lead to single-strand breaks (65). As a result, cellular oxidative stress exhibits a significant effect on the degree of telomere erosion (65).

As a result, when telomeres reach a critical length threshold, cell division is inhibited by a DNA damage response (DDR) mechanism that safeguards the chromosomes from becoming impaired (64). Additionally, the cell cycle is permanently arrested (64), leading to a state of replicative senescence in these cells. In instances where telomeres become damaged and uncapped, a series of events is triggered that ultimately leads to cellular senescence through activating the p53/p21CIP1 tumour suppressor pathway and the DNA damage response (DDR) (66). Specifically, the DDR mechanism in relation to replicative senescence is reliant on telomeres and is associated with the uncapping of telomeres and a general shortening of telomeres (67).

Apart from telomere shortening, non-telomeric DNA damage can also induce senescence. The onset of cellular senescence induced by mitogenic stimuli occurs before the replicative limitations of cells are reached, rendering the replicative age of cells irrelevant. This occurrence is known as premature senescence and does not appear to be associated with telomere length. In vascular cells, early senescence triggered by the constitutive activation of Ras, a key signalling molecule implicated in atherogenic stimulation, is linked to increased levels of p53 and p16. This, in turn, exacerbates vascular inflammation both in vitro and in vivo (68). Extracellular signal-regulated kinase (ERK) may be crucial for Ras-

induced senescence, as inhibiting ERK can restore the cell growth stop caused by Ras activation (68). Conversely, activating ERK may trigger senescence in p53 and p16, leading to the aging process beginning prematurely (67).

Regarding endothelial senescence, several research laboratories have provided compelling evidence that endothelial telomeres undergo erosion with age, moreover, such a shortening is particularly announced within regions that are susceptible to atherosclerosis (42, 69, 70). Additionally, a study has shown that there is an accumulation of senescent endothelial cells in a rabbit carotid artery damage model (71). It is worth noting that a group of scientists from Austria conducted a study on replicative senescence in HUVECs in vitro, and they demonstrated that senescent endothelial cells exhibit an arrest in the G1 phase, which is another classic feature of senescence, along with an accumulation of 4N content suggestive of polyploidization (72).

1.1.4.2 Stress induced-premature senescence (SIPS)

In addition to telomere shortening, the induction of senescence can also be attributed to non-telomeric DNA damage (73, 74). It has been observed that the onset of cellular senescence induced by mitogenic stimuli is not dependent on the replicative age of cells, and occurs before the replicative limitations of cells are reached (73). Premature senescence describes this condition and is not believed to be associated with telomere

length (73, 74). Notably, the term "premature" underscores the rapidity with which the development progresses (73). Endothelial cells are constantly subjected to a variety of stresses, including activated oncogenes, inflammation, hemodynamic pressures, and toxic chemical exposure, with oxidative stress being particularly noteworthy, all of which trigger several signaling pathways that further induce cellular senescence (11).

The early onset of senescence in vascular cells correlates to elevated levels of p53 and p16, which are triggered by the constitutive activation of Ras, a key signaling molecule implicated in atherogenic stimulation that triggers vascular cell senescence, thus exacerbating vascular inflammation both in vitro and in vivo (68). Inhibition of extracellular signal-regulated kinase (ERK) activity rescues the cell growth arrest produced by Ras activation, demonstrating the importance of ERK activity for Ras-induced senescence (68). Conversely, p53 and p16 senescence may be accelerated by a stimulated version of ERK (67).

Senescence correlates to a persistent DNA damage response (DDR) that leads to irreversible DNA damage, which is a prominent feature of cellular senescence (58). This is notable through an elevated accumulation of γ -H2Ax (phosphorylated histone H2AX at Ser139) and p53-binding protein 1 (53BP1) in chromatin, and the initiation of a kinase cascade through serine/threonine-nonspecific kinases ATM and ATR, followed by

checkpoint serine/threonine kinases CHK1 and CHK2, the p53/p21CIP1 axis becomes activated (27, 75).

Oxidative stress, a significant trigger of SIPS, occurs while the creation of reactive oxygen species (ROS) overcomes the cell's capacity in removing them (76, 77). ROS comprises a class of highly reactive molecules, including superoxide anion, hydroxyl, and hydrogen peroxide (77). Notably, hydrogen peroxide is a widely utilized model for inducing oxidative stress-induced premature senescence in endothelial cells (78, 79, 80, 81). In this project, the hydrogen peroxide model was employed to induce senescence in HUVECs. Further details regarding this model will be discussed in the subsequent section.

Remarkably, endothelial cell senescence is a significant contributor to endothelial dysfunction, which impairs vascular function and leads to various vascular diseases, including atherosclerosis, hypertension, heart failure, and thrombosis (9, 82). Moreover, SIPS accelerates the aging process of endothelial cells (82), which further exacerbates vascular aging and leads to age-related changes such as reduced elasticity, increased stiffness, and impaired regenerative capacity of blood vessels (9, 82). Therefore, comprehending the fundamental processes of oxidative stress-induced senescence within endothelial cells is crucial for developing potential therapeutic strategies to mitigate age-related vascular diseases.

1.1.5 Pathophysiological roles of endothelial cell senescence

1.1.5.1 Angiogenesis and vascular repair

Angiogenesis, a process of creating new blood vessels, is a fundamental physiological activity (11). It is widely established that endothelial cells play a pivotal part in this procedure, which involves several factors, including vascular endothelial growth factor (VEGF), fibroblast growth factor, and hypoxia-inducible factor 1 α (11). However, endothelial cell senescence can impair the reparability of the endothelial lining due to persistent growth arrest (71). During endothelial senescence, protein modifications that affect cellular structure and cytoskeletal function, leading to changes in cell motility and impaired angiogenic potential due to compromised replicative ability (83, 84, 85, 86). Additionally, it has been established that the interference of telomeric repeat-binding factor 2 (TRF2) in senescent endothelial cells can also impair the ability to generate new vessels (87). Additionally, studies have shown that genetically deleting or inhibiting telomerase in mice and rats can disrupt angiogenesis, leading to impaired tissue repair ability (88, 89). At the mechanistic, reduced VEGF expression resulting from endothelial cell senescence may also contribute to diminished angiogenic ability (90). Moreover, EC senescence is linked to a variety of age-related diseases, involving decreased angiogenesis, such as atherogenesis (91). Atherosclerotic plaque development is greatly influenced by angiogenesis (92).

1.1.5.2 Vascular permeability

When healthy, the endothelium forms a mechanical barrier between the bloodstream and the arterial wall, controlling the flow of substances including tiny molecules, inflammatory cells, and nutrients (93). In response to oxidative and inflammatory stressors, vascular permeability is controlled by the spacing at EC junctions (93). If the EC is damaged, inflammatory cells and other tiny substances can enter and leave the blood artery unhindered (93). Notably, subjecting endothelial cells to prolonged culture until they reach a senescent state results in the disruption of key junctional proteins, including cadherin 5 (vascular endothelial cadherin) and tight junction protein ZO-1 (53). Additionally, senescent endothelial cells exhibit decreased levels of occludin and claudin 5, which are junction proteins (53). Moreover, tight connections in non-senescent cells have been shown to be faulty when co-cultured with senescent endothelial cells, according to one research (53). This phenomenon can be attributed to the senescence-associated secretory phenotype (SASP), considering that inflammation is generally accepted to enhance endothelial monolayer permeability (94). Additionally, one research suggests that aging ECs may contribute to a breakdown in the brain's protective blood-brain barrier (95). $\text{TNF}\alpha$ was found in much greater concentrations in the endothelial cells of aged mice compared to young animals, suggesting that inflammation contributes to a loss of tight junction complex formation and endothelial barrier function (95). Senescent endothelium cells contribute to

the progression of atherosclerotic disease by lowering the blood vessel's barrier function, making it easier for LDL cholesterol and immune cells to enter the bloodstream (53, 96).

1.1.5.3 Vascular vasodilatation

One of the critical functions of healthy endothelium is to regulate vascular tone, which plays a pivotal function in regulating blood pressure and circulation. This process is achieved through the release of several vasodilators and vasoconstrictors. Vasoconstrictor endothelin 1 (ET-1) and other vasodilator factors such as NO, prostacyclin, and Endothelium-Derived Hyperpolarizing Factor (EDHF) manage the delicate balance between vasoconstriction and vasodilation (97). However, one study has reported that increasing production of ET-1 in human endothelial cells is associated with cellular senescence (98), which explains the age-related damage in shear stress-induced vascular relaxation (99). Additionally, flow-mediated vasodilation, systolic volume, and NO production all decline with age (97). Additionally, several vascular disorders, including atherosclerosis, arterial stiffness, and hypertension, have been linked to ET-1 (100).

1.1.6 Endothelial cell senescence in atherogenesis

Reversible cell division stoppage, metabolic activity, and the generation of a senescence-associated secretory phenotype (SASP) are hallmarks of the irreversible process known as cell senescence (101). Tissue function, regeneration, and integrity can all be jeopardized

by an excess of senescent cells. The proinflammatory nature of the SASP makes it vulnerable to paracrine and systemic actions that promote persistent inflammation (102). Human atherosclerotic lesions include endothelial senescence and the SASP that is linked with it (103), while endothelial cells become more vulnerable to atherogenesis with age (104). Moreover, it is well-established that the production of inflammatory factors is the first step in the development of atherosclerosis (105). Important factors in the progression of atherosclerosis include proinflammatory cytokines produced by the SASP (106, 107, 108). More specifically, endothelial cell senescence aggravates endothelial dysfunction and inflammation, characterized by the activation of NF- κ B and the expression of adhesion molecules, including ICAM-1 and monocyte chemoattractant protein-1 (MCP-1) (109, 110). At this point, monocytes are pulled from the circulation and deposited in the artery intima, where they differentiate into macrophage foam cells and aid in the formation of atherosclerotic lesions in their early stages (111). Because of their potential to be selectively eliminated or prevented by both naturally occurring and synthetic chemical substances, senescent cells and SASP are seen as promising therapeutic targets (112). A novel strategy for treating atherosclerosis can be found in the use of senolytics (drugs that eliminate senescent cells) or senomorphics (drugs that inhibit SASP) (113).

1.1.7 Detection of cellular senescence

It's worth noting that several of these features, alone or in combination, have been implemented to recognize senescent cells in vitro and in vivo. However, these markers are not specific to the senescent state and may show different results in different cell types and tissues (18, 114).

1.1.7.1 Senescence-associated β -galactosidase (SA β -gal) activity

A reliable method for identifying cellular senescence is the evaluation of Senescence Associated β -Galactosidase (SA- β -Gal) activity. SA- β -Gal, a lysosomal enzyme (115), facilitates the hydrolysis of β -galactosidase into monosaccharides, a process that is exclusive to senescent cells (116, 117). The enzymatic activity of SA- β -gal is detectable in numerous regular cells around pH 4.0-4.5, but it is dramatically increased in senescent cells because of their increased lysosomal mass (118). Within senescent cells, SA- β -gal can be detected through histochemical means at pH 6.0 (118, 119, 120). By catalyzing X-gal with β -galactosidase a blue deposition is generated, which is visible under bright field microscopy (119).

The augmented expression of SA- β -gal in senescent cells, which may be attributed to the increased lysosomal mass, is a hallmark of senescent cells (5, 119). This observation is in line with the formation of autophagic vacuoles in senescent cells, which harbor macromolecules and organelles that cannot be degraded (121). In addition to being linked

to replicative senescence and a loss of telomeric structural integrity, SA- β -gal is also present in cells that have undergone senescence as a result of other causes (118, 121). The pathological implications of the heightened lysosomal mass in the arterial wall remain unclear, and its etiology is yet to be determined (118, 119, 121).

The assessment of formalin-fixed tissues, such as human samples, using SA- β -gal staining has become a challenge, as most research on senescence relies on *in vivo* cultures or fresh samples. Despite its widespread use, the assay's reliability has been called into question due to its lack of specificity. Specifically, SA- β -gal activity can increase in Swiss 3T3 cells (fibroblast cells) incubated under low serum conditions (122) or in nontransformed fibroblast cultures with high density (123). Therefore, additional detection methods are necessary to be used in conjunction with SA- β -gal staining.

1.1.7.2 Cyclin-Dependent Kinase Inhibitors

Protein indicators of cellular senescence include the accumulation of p53 and the downregulation of phosphorylated Retinoblastoma protein (pRB), as well as the buildup of the CDK2 inhibitor p21WAF1/Cip1 (CDKN1A) and the CDK4/6 inhibitor p16INK4A (CDKN2A) (17, 23). These two primary pathways (p16Ink4a/RB and p/p21CIP1 axes) have separate functions in controlling cell cycle halt. Replicative senescence, senescence induced by the DNA damage response (DDR), senescence induced by reactive oxygen

species (ROS), and senescence induced by oncogenes (OIS) are all characterized by activation of the p53/p21CIP1 pathway (124, 125). In contrast, the p16Ink4a/RB pathway differs from the former, as it is not involved in DDR-induced senescence, although it is considered to be more strongly implicated in the maintenance of the senescent phenotype (124, 125). Therefore, p21, p16, P53, and pRb are frequently used as diagnostic markers for senescence due to their unique roles in senescent cells. Moreover, chronic DNA damage response (DDR) is linked to senescence induction, and its presence may directly promote p53 acetylation (126). Thus, acetyl-p53 can be regarded as a marker for the detection of senescence.

1.1.7.3 Other hallmarks of senescence

A novel biomarker, Sudan-Black-B (SBB) dye-specific lipofuscin staining, has been identified for the detection of replicative and stress-induced senescence in long-term formalin-fixed samples (127). Additionally, senescent cells exhibit characteristic morphological alterations, rendering LaminB1 a valuable biomarker for senescence (17). The nuclear lamina is mostly comprised of a protein called lamin B1, and its downregulation has been observed in ageing human and mouse cells (17). The significance of lamin B1 in preserving the nucleus' structural integrity is essential (21, 128). However, in senescent cells, this integrity is compromised, leading to the extrusion of cytoplasmic chromatin fragments outside of the nucleus (128). It is thought that the SASP is activated

by these fragments via the cGAS/STING pathway. Lamin B1 depletion can be identified using immunoassays, imaging, and immunoblotting techniques (21).

1.1.8 Strategies for Treating Senescence in the Vascular Endothelium

Considering the link between ageing and endothelial dysfunction, the prevention of endothelial senescence is a crucial objective. Senotherapeutics, a type of pharmacological therapy that specifically targets senescent cells (129), has garnered significant interest. The illness environment plays a critical role in determining whether cellular senescence is favoured, avoided, removed, regulated, or reverted (130). There are three primary types of pharmacological therapies that may be employed to prevent cellular senescence: senolytics, senomorphics, and senescent immunotherapy (129, 131, 132, 133). Senolytics weaken senescent cells' ability to avoid apoptosis, leading to cell death (131, 133). In contrast, Senomorphics interfere with senescence by inhibiting SASP rather than removing senescent cells, while senescent immunotherapy employs immune cells to eliminate senescent cells (131, 133).

In general, the use of senolytics to remove senescent cells is considered beneficial, but caution must be exercised as the removal of certain senescent cells can be harmful (11, 134, 135). Systemic administration can cause damage to other postmitotic cells that exhibit senescence markers and should not be eliminated (134, 135). Specifically, senescent

adipocytes, macrophages, or foam cells can be eliminated to address diseases such as atherosclerosis and metabolic disorders (135, 136, 137). Additionally, the removal of senescent glial cells can prevent cognitive dementia (138). However, the removal of senescence in beta cells can lead to diabetes (137, 139). Furthermore, the reduction of hypertrophy of cardiomyocytes and fibrosis has been shown to occur after the removal of senescent cells in a mouse model of heart failure, but it can also result in the formation of multiple nuclei in cardiomyocytes, which may contribute to hypertrophy and maladaptive remodelling in the long term (135, 140).

Therefore, the development and optimization of various techniques are necessary to enhance the selectivity with which senescent ECs are targeted (11, 129). The ideal method for targeting senescent ECs in age-related conditions and disorders remains a work in progress.

1.2 H₂O₂-induced premature senescence

1.2.1 The pathophysiology of oxidative stress

Free radicals, defined as atoms or molecules having at least one unpaired electron, are continually attacking the body (141). When an oxygen molecule loses an electron, it may "borrow" an electron from another molecule to regain stability (141). "Reactive oxygen species (ROS)" refers to a term used to describe a type of reactive molecule containing

oxygen, such as superoxide radicals ($O_2^{\bullet-}$), hydrogen peroxide (H_2O_2), hydroxyl radicals ($\bullet OH$), and singlet (1O_2) (141). In the biological context, ROS is produced as a byproduct of normal metabolic activity of oxygen, and helps tremendously in cell signaling and homeostasis (77). Normal cells maintain a low but steady level of ROS, as they are essential to cellular activities such as protein phosphorylation, transcription factor activation, apoptosis, etc. (77). Elevated production of reactive oxygen species (ROS) can cause harm to fundamental cellular components such as proteins, lipids, and DNA (142). Numerous studies suggest that oxidative stress contributes to the onset and/or progression of a variety of diseases, including metabolic disorders such as diabetes (143) and cardiovascular diseases such as atherosclerosis (76, 77). Evidence indicates that oxidative stress, rather than telomere shortening, is the primary factor triggering cellular senescence in endothelial cells isolated from chronic cigarette smokers with atherosclerosis (144). Moreover, genetic depletion of $p66^{shc}$ in mice can increase resistance to oxidative stress and decrease oxidative damage, resulting in an extended lifespan (145). These longer-lived mice exhibit greater resistance to the development of atherosclerosis when exposed to a high-fat diet (HFD) (145).

1.2.2 The Cell biology of oxidative stress

There are two primary sources of ROS generation: endogenous and exogenous. Endogenous ROS generation can occur during inflammation, infection, oxidative

phosphorylation, aging, and other processes (77, 141, 146). Exogenous free radicals can be formed due to exposure to environmental contaminants, radiation, tobacco smoke, certain drugs or chemicals, etc. (77, 141).

In the vascular endothelium, the majority of ROS, particularly hydrogen peroxide, are primarily produced by NADPH oxidase, xanthine oxidase, endothelial nitric oxide synthase, and mitochondrial respiration complexes (147, 148). During cellular respiration, NADPH oxidase is the primary generator of the radical superoxide anion ($O_2^{\bullet-}$) (77, 149, 150, 151, 152). Once generated, it contributes to the further generation of hydrogen peroxide (H_2O_2) through superoxide dismutase (SOD) (76, 148, 149, 150, 151). H_2O_2 , a nonradical molecule, can react with $O_2^{\bullet-}$ to form the highly reactive ROS hydroxyl ion ($OH^{\bullet}$) through the Fenton or Haber–Weiss reaction (77, 149, 150, 151). These extremely reactive hydroxyl radicals interact particularly with the phospholipids found in proteins and cell membranes (77, 153), finally damaging cellular function. Whether generated endogenously or exogenously, these highly reactive ROS molecules can induce cell death and/or cellular senescence (77, 154).

A state of oxidative stress exists when there is a deficit in antioxidant defenses against free radicals, either because there are too many free radicals or because the body is unable to effectively dispose of them (149, 150, 155). Exposure to high levels of ROS typically leads to oxidative modification of cellular macromolecules, including lipids, proteins, as well as

DNA (146, 156). Low-density lipoproteins (LDLs) transport cholesterol throughout the body (157). LDL oxidation is a multi-step process that involves oxidative alterations to both the protein and lipids, which can lead to an increase in cholesterol levels (157). Based on evidence from the oxidative modification theory of atherosclerosis, oxidized low-density lipoprotein (oxLDL) is used as a biomarker of oxidative stress (158, 159). Polyunsaturated fatty acids (PUFAs) are another specific target of lipid peroxidation caused by hydroxyl and peroxy radicals (160, 161). Additionally, both the membrane and structural integrity of the cell are vulnerable to attack from oxidant radicals (162, 163, 164). The oxidation of lipids can have far-reaching effects on fluidity, physiology, and membrane damage, as seen in various disorders (160, 161, 162). High levels of reactive oxygen species (ROS) can also alter the structure and function of proteins. Proteins are vulnerable to oxidative stress, which can cause structural modifications that may result in the loss or reduction of their enzymatic function (146, 164, 165).

Mitochondrial DNA, in particular, is highly susceptible to ROS damage because mitochondria are the primary source of intracellular oxidants (77, 166). Breaks in the double helix and an increase in nitrogen bases are two clear signs of oxidative stress-induced DNA damage (77, 166). The formation of 8-hydroxyguanosine (8-OH-G) is one of the most effects of oxidative stress on DNA (166), and it can be used as a biomarker to measure the extent of DNA damage caused by oxidative stress (77, 166).

In summary, ROS and oxidative stress can negatively impact tissue structure and function by inducing several cellular fates, including apoptosis, senescence, and autophagy (77). In this thesis, the focus is on oxidative stress-induced EC senescence.

1.2.3 H₂O₂-induced premature senescence

In point of fact, buildup of macromolecular oxidative damage, including lipids, DNA, and proteins, has been demonstrated to elicit cellular senescence in vascular endothelium (167). Although the precise mechanism of SIPS in endothelial cells remains elusive, accumulating data points to the role of reactive oxygen species (ROS) in DNA damage and the physiological mechanism that sets off the DNA damage response (DDR), ultimately leading to EC senescence (77, 168). This process entails the activation of p16^{INK4a}/pRB and p53/p21 pathways, which result in the upregulation of p53 and p16 (151, 169, 170).

Stress-induced premature senescence (SIPS), also referred to as premature senescence (PS), has been associated with oxidative stress caused by oxygen, hydrogen peroxide, and other stressors in both humans and mice (43, 45). Among these stressors, hydrogen peroxide (H₂O₂) has emerged as a potential inducer of senescence due to its ability to effectively mimic the oxidative environment in an aging population (171). Multiple cell lines have proven in vitro that H₂O₂ causes senescence, including fibroblasts (171) and ECs (74). However, the underlying mechanisms may vary widely and may even be cell-type specific.

In human diploid fibroblasts, sublethal concentrations of H₂O₂ induced premature senescence through persistent upregulation of p21 (169). Conversely, ECs undergo senescence in response to oxidative stress through an ATM/Akt/p53/p21-dependent signaling cascade that is activated by the DDR (172).

Activation of the DDR pathway by ROS can lead to a senescent growth arrest in vitro. This occurs when ATM or ATR kinases prevent cell cycle progression by stabilizing and activating p53, which then transcriptionally activates the cyclin-dependent kinase inhibitor (CKI) p21 (173, 174, 175). Persistent DNA damage, on the other hand, activates p16INK4a through dysfunction mediated by P38 Mitogen-activated protein kinase (MAPK) and ROS generation (176). The stress-activated protein kinases (SAPKs) family includes P38-MAPK (176, 177). As a result of experiencing a wide range of physiological stress, particularly oxidative stress, a set of kinases known as SAPKs are activated, inducing either apoptosis or senescence (176, 177). Following H₂O₂-induced senescence, p38MAPK is rapidly phosphorylated and activated as a response to the stress (73). It has been demonstrated that H₂O₂ induces p38(MAPK) phosphorylation in IMR-90 hTERT cells (178). To some extent, the increase in cells positive for SA- β -Gal activity was mitigated by selective reduction of p38 (MAPK) activity (178). Additionally, inhibition of p38 (MAPK) activity ensuing in a low level of secretion of SASP factors in X-irradiation-induced senescence (179).

1.2.4 H₂O₂-induced endothelial cell senescence in age-associated diseases

As previously mentioned, increased levels of ROS resulting from oxidative stress can have detrimental effects on cellular and tissue physiology, as well as overall organismal health. EC senescence plays a crucial role in controlling age-related physiological and pathological characteristics, either directly or indirectly (168). Elevated levels of ROS have been linked to vascular aging (168), and recent findings have established a connection between vascular diseases and dysfunctional vascular endothelial cells (136). When senescent endothelial cells lose their ability to replicate, cell integrity is compromised, and angiogenesis ceases (53, 76, 180). Atherosclerotic plaques in the coronary arteries of humans and injured rabbit carotid arteries both include SA- β -Gal-positive cells (23, 71, 181), while endothelial and smooth muscle cells that are not growing show upregulation of p53 and p21 has been observed in human atherosclerotic lesions (182).

Furthermore, senescent cells are also thought to have a function in the development of neurological diseases including Parkinson's and Alzheimer's (167, 183). In numerous forms of neurodegeneration, senescent cells have been shown to accumulate. Elevated levels of p16, MMP, and IL-6 have been detected in brain tissue samples obtained from patients affected by neurodegenerative disorders, including Alzheimer's disease (AD) (138, 184, 185, 186).

1.3 The role of key sphingolipids in the regulation of senescence and other cellular processes

1.3.1 Sphingolipid metabolism

The International Lipid Classification and Nomenclature Committee (ILCNC) has defined eight categories for lipids (187), namely fatty acyls (FA), glycerolipids (GL), glycerophospholipids (GP), sterol lipids (ST), phenol lipids (PR), saccharolipids (SaL), polyketides (PK), and sphingolipids (SL) (187). Research on various model species, including humans, has revealed intriguing links between lipid levels and aging (188).

Sphingolipids, a crucial class of lipids, are involved in membrane construction and the regulation of nearly all cellular activities (189). They were first discovered by Thudichum 1884, who named them "sphingosins" after detecting them in brain tissue (190). Typically, sphingolipids contain sphingosine (Sph), which is a common sphingoid base (191). Additionally, they possess an aliphatic amino alcohol that typically consists of 18 carbons and serves as the nonpolar tail (192, 193). Ceramide (Cer) is synthesized when the sphingoid base forms an amide bond with a fatty acid (192, 193).

Over the course of the past thirty years of research, sphingolipids have been recognized as a crucial class of bioactive molecules that contribute significantly to the control of multiple cellular activities, including but not limited to cell cycle, senescence, proliferation, and

migration (194). Moreover, the potential implications of sphingolipids in the onset and progression of a diverse range of age-related pathologies, such as malignancies, metabolic and cardiovascular diseases, as well as neurological disorders, have been extensively studied (195).

This study endeavors to introduce the correlation between sphingolipids and EC senescence, as well as the associated pathologies. Novel and compelling findings of potential significance will be presented to furnish compelling evidence that substantiates the putative role of sphingolipids in the regulation of EC senescence.

1.3.1.1 Biosynthesis of sphingolipids

The metabolism of sphingolipids centers on the intricate processes of ceramide biosynthesis and catabolism, which can be initiated via either de novo synthesis or the salvage pathway (196). The de novo pathway happens at the endoplasmic reticulum (ER) membrane, and the production of a sphingoid base represents the initial step in the de novo biosynthesis of sphingolipids (197).

This process involves the catalysis of the condensation of serine and palmitoyl-CoA by Serine palmitoyltransferase (SPT), resulting in the formation of 3-ketodihydrosphingosine (198, 199, 200). There are three parts to SPT: SPTLC1, SPTLC2, and SPTLC3 (201, 202). On the cytoplasmic face of the ER, dihydrosphingosine is formed via the reduction of 3-

ketodihydrosphingosine, a process that is facilitated by the 3-keto-dhphingosine reductase (KDSR) (198, 203). Subsequently, the (dihydro) ceramide synthases (CerSs), also known as ceramide synthase, acetylate the dh-sphingosine to produce dihydroceramide (dhCer) (204). Finally, desaturases (Des) catalyze the desaturation of dhCer in the terminal stage of the de novo route, leading to ceramide production (205, 206).

1.3.1.2 Catabolism of Sphingolipids

Ceramide serves as a central hub in the intricate network of sphingolipid metabolism (196). It can be deacylated to sphingosine via the catalytic activity of ceramidases (207). Subsequently, S1P is produced when sphingosine is phosphorylated; sphingosine kinases 1 (SphK1) and 2 (SphK2) play key roles in this process (207, 208). Notably, SphK1 primarily functions to generate S1P at the plasma membrane (209, 210), while SphK2 predominantly carries out the same enzymatic activity in the nucleus, mitochondria, and ER (211, 212, 213, 214). The resulting product, S1P, can be irreversibly cleaved into phosphoethanolamine and hexadecenal by S1P lyase (SPL) (211). It is noteworthy that SPL is predominantly localized in the ER in both mice and humans (212, 213, 214), and is expressed in almost all tissues (215).

Nonetheless, it is important to highlight that within the salvage pathway, also known as the recycling pathway, the utilization of sphingosine, which is the byproduct of ceramide, can

lead to the formation of ceramide through reacetylation by CerS (216). It is noteworthy that CerS has the ability to directly convert Sph into Cer (217). Conversely, S1P, which is the product of sphingosine, can be converted back to Sph by S1P phosphatases (SPPs) (216).

1.3.1.3 Hydrolysis of complex sphingolipids

In mammals, sphingomyelin stands out as the most abundant sphingolipid (218, 219). The breakdown of sphingomyelin into ceramide is facilitated by sphingomyelinase (220). These enzymes can be separated into three categories, namely acid, neutral, and alkaline, according to their optimal pH (221, 222). Conversely, sphingomyelin can be synthesized from ceramide by sphingomyelin synthases (223). During this process, phosphatidylcholine is converted into diacylglycerol (DAG) (223). Currently, two types of sphingomyelin synthases have been identified, namely sphingomyelin synthase 1, which is located on the trans-Golgi cisterna, and sphingomyelin synthase 2, which is found in the trans-Golgi and plasma membrane (224, 225, 226).

On the other arm of the pathway, the Golgi apparatus is where increasingly sophisticated sphingolipids are synthesized (227, 228). Specifically, the glycosylation of ceramide leads to the production of glycosphingolipids (193). Conversely, glycosphingolipids can be hydrolyzed into ceramide by the acid β -Glucocerebrosidase (228). Additionally, it is worth noting that

phosphorylation of ceramide by ceramide kinase (CERK) generates ceramide-1-phosphate (C1P) (227, 229, 230). Conversely, C1P can be dephosphorylated to produce ceramide by C1P phosphatase (C1PP) (229, 230).

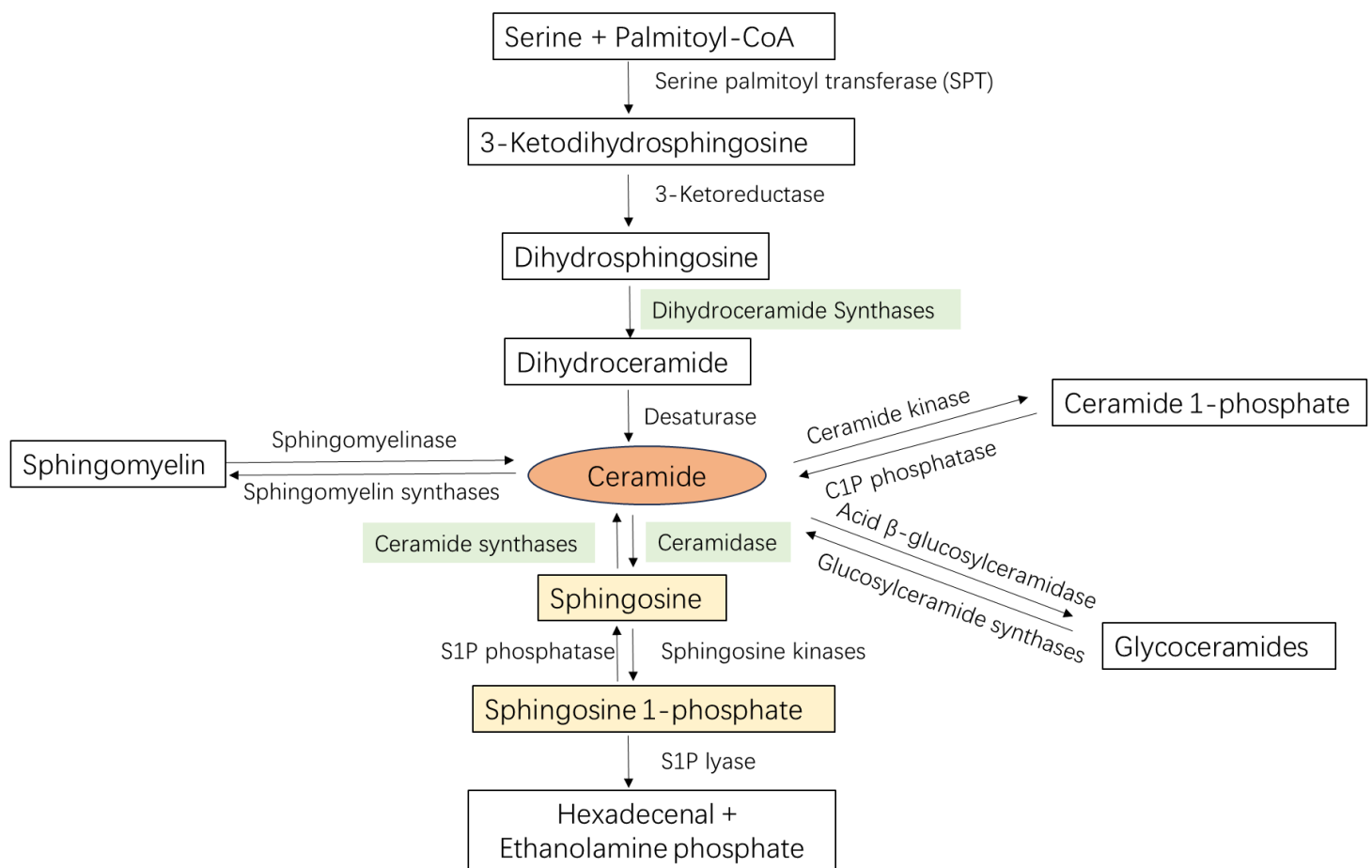


Figure 1.2 Sphingolipid metabolic network (231) Ceramide acts as a central hub in the intricate network of sphingolipid metabolism and can be synthesized through various enzymatic pathways involving multiple enzymes. Conversely, ceramide can undergo conversions to form complex sphingolipids, including sphingomyelin, glycoceramides, acylceramide, and ceramide 1-phosphate (231).

1.3.2 Key enzymes

1.3.2.1 Ceramide synthases and their related inhibitors

In addition to the aforementioned enzymes, there are several other types of enzymes that are of great importance. One such enzyme is ceramide synthase, which is a key focus of my entire project.

In mammals, there are six isoforms of ceramide synthase, namely CerS1-CerS6. Ceramides can vary in terms of their degree of saturation, α -hydroxylation and acyl chain length. As a result, each of the six ceramide synthases has a preference for different fatty acyl chain lengths to produce specific ceramides. Additionally, the expression of these isoforms varies across different tissues (232). Dihydroceramide (dhCer), which is a precursor of ceramide, is produced by CerS through the addition of fatty acyl-CoAs of varying chain lengths to the sphingosine backbone. Numerous studies have indicated that CerS primarily localizes to the endoplasmic reticulum (ER) (200, 233, 234, 235). However, recent research has shown that CerSs can also be found in mitochondria (236), mitochondria-associated membranes (237), the nucleus (238), and even perinuclear structures (239). There is still some debate regarding the region responsible for determining substrate specificity. One study has suggested that retaining CerS2 and CerS5 substrate specificity only requires a minimum region of 150 residues in the TLC (Tram-Lag1-CLN8) domain (240).

Interestingly, it has been discovered that CerS2 has the most abundant expression in mice compared to other ceramide synthase isoforms (241). However, another study has illustrated that CerS5 is the most abundant isoform in mice lung epithelia (242).

CerS1 is known to produce C18:0-ceramide, and it is highly expressed in the brain, skeletal muscle, and testis (243, 244, 245). Notably, CerS has been implicated in senescence, which is considered to be a type of stress response (232). A recent study has demonstrated that CerS1-derived C18:0 suppresses the promoter of telomerase reverse transcriptase (hTERT) in a human lung adenocarcinoma cell line. Suppressing hTERT, a functioning catalytic protein component of telomerase, causes cells to cease dividing and enter senescence because telomere production and recovery are impaired (232, 246). Additionally, CerS1 expression was found to be elevated in the brain tissue of Parkinson's disease patients (247).

CerS2 is predominantly expressed in the liver and kidney of murine models, where it catalyzes the synthesis of chain ceramides with extreme length, such as C22-C24 ceramides (243, 244, 245). In humans, CerS2 is also detected in the liver and kidney, as well as other organs, including the brain, heart, placenta, and lung (248, 249). A recent study utilizing CerS2-deficient mice has demonstrated that CerS2 participates in a diverse array of biological processes, including the preservation of myelin, maintenance of the histological structure of the cerebellum and kidney, and prevention of hepatocarcinoma (250).

Moreover, it has been suggested that the activity of CerS2 can be inhibited by S1P through the binding of S1P to an S1P receptor-like motif that is specifically present in CerS2 (241).

In general, CerS3 is responsible for synthesizing long chain ceramides, as it specifically utilizes very-long chain fatty acids, including C22-C26 fatty acyls. CerS3 is primarily expressed in the skin and testis, where it produces epidermis-specific ceramides and is highly expressed (243, 244, 245). Studies have shown that the expression of CerS3 increases during the differentiation of human keratinocytes, which involves the participation of PPAR β/δ (251). Notably, Cers3 mRNA is exclusively expressed in germ cells, with levels increasing by more than 700-fold during testicular maturation (252). This is supported by another study, which found that the expression of CerS3 was not detected in either the brain or the sciatic nerve using in situ hybridization (253).

With respect to CerS4, it exhibits a distinct preference for C18-C20 fatty acyl chains (244). Human tissue analysis has revealed the presence of CerS4 in the kidney (254) and breast (255), while Cers4 expression has been observed in various mouse tissues to varying degrees (239, 256). The role of CerS4 in Alzheimer's disease has been investigated, with findings indicating that increased expression of Cers2 and CerS4 is evident in the presenilin 1 (PS1) knock-in (PS1M146V) mouse model of Alzheimer's disease (257). Additionally, upregulation of CerS4 has been observed in the liver of HFD obesity/T2DM mouse models, suggesting a potential involvement of CerS4 in obesity and diabetes (258).

CerS5 is responsible for catalyzing the production of C16:0-ceramide in a specific manner (244). In humans, CerS5 has been detected in the lung (249), kidney (254), and breast tissue (255). In mice, Cers5 is expressed in the testis, kidney (256), liver (258), and macrophages (259), and is also present in brain tissue in rats (260). The expression of CerS5 mRNA increases in the developing brain after birth, suggesting a significant role of CerS5 in brain development (264). Apoptotic signals trigger the formation of ceramides, and CerS5 is a key player in this process (261, 262). Additionally, in response to upregulation of p53 expression, the synthesis of C16-ceramide, which is specifically produced by CerS5, increases in leukemia and colon cancer cells (263). Moreover, pharmacological inhibition of ceramide synthase using fumonisin B1 results in a significant reduction of ceramide during p53 upregulation, while other ceramide-generation pathways, such as the sphingomyelin pathway, are not involved in ceramide production in response to p53 upregulation (263).

Similar to CerS5, CerS6 exhibits a preference for C16-ceramide, while also favoring C14-ceramide (244). In humans, CerS6 has been detected in the kidney (254) and breast tissue (255), while in mice, it is present in multiple immune active and inflammatory cells, such as neutrophils (264). mRNA expression of CerS6 increases during postnatal brain development in rats, with CerS6 co-localizing to brain mitochondria and being elevated in

juvenile rat brain mitochondria (260). Additionally, CerS6 contributes greatly the migration of neutrophils and the inflammatory response in macrophages (265).

Fumonisin B1 (FB1), a structural analog of sphingosine, has been identified as an inhibitor of ceramide synthases. FB1 specifically targets ceramide synthase and interferes with its activity, leading to a disruption in the production of ceramide through both de novo and salvage pathways. This disturbance in sphingolipid metabolism can result in disease. By inhibiting ceramide synthase, free sphingoid bases, especially sphinganine, and sphingoid base 1-phosphates are both elevated by FB1, whereas decreasing dihydroceramide and complex sphingolipids, such as sphingomyelin (266, 267, 268).

Additionally, fumonisins are a group of mycotoxins that possess toxic and carcinogenic properties (268, 269). The disruption of sphingolipid metabolism caused by FB1 has been implicated in the development of FB1-induced toxicity (268, 269). In fact, FB1 is widely recognized as a potent carcinogen for the liver and kidneys in both rodents and humans. Accumulation of sphinganine and alterations in sphingolipid metabolism have been associated with the development of hepatotoxicity, immune system dysfunction, neurotoxicity, and other adverse health effects observed in animals and humans exposed to FB1 (270, 271, 272, 273).

In fact, numerous studies have provided support for the apoptotic-inducing and cell viability inhibiting effects of FB1. One study, for instance, has reported that treatment with 25 μ M FB1 for 48 hr can promote apoptosis in sensitive porcine kidney epithelial (LLC-PK1) cells, whereas HEK-293 human embryonic kidney cells showed no such response. The study further revealed that HEK-293 cells exhibit resistance to FB1-induced apoptosis due to the fast S1P synthesis that promotes cell proliferation and provides survival (274). Another study, which employed 1.25 μ M, 10 μ M, and 20 μ M FB1 to treat SNO cells, a type of osteoblastic cells, for 48 hr, performed the MTS assay and found that cell viability was unaffected by FB1 concentrations of 1.25 μ M, but was significantly reduced by 10 μ M and 20 μ M FB1 treatment, suggesting an inhibition of cell proliferation by FB1 (275). In addition, another research team conducted a study on HL-7702 cells, a normal human liver cell line, by treating them with 0.1 μ M, 1 μ M, 10 μ M, and 100 μ M FB1 and a cell viability assay at 24h, 48h, 72h, and 96hr, respectively (276). The study initially found that FB1 had a significant inhibitory effect on the proliferation of HL-7702 cells. Nevertheless, with increasing duration of treatment, there was an observed increase in cell proliferation (276). Moreover, evidence suggests that FB1 influences the cell cycle of normal human liver cells via inducing variations in the expression levels of cyclin E and P21 (276).

On the other hand, the concentration of FB1 required to inhibit CerS can vary depending on specific experimental conditions, such as the CerS isoform, cell type, and assay

technique used. A study has shown that FB1 exhibits strong inhibitory activity against ceramide synthase in mouse brain microsomes. It has been observed that FB1 can inhibit more than 50% of ceramide synthase activity at a concentration as low as 75 nM in cultured cerebellar neurons (277). Interestingly, FB1 is a non-isoform-selective CerS inhibitor, with an IC₅₀ of 0.22 μ M $\pm$ 0.05 for human CerS1, 0.15 μ M $\pm$ 0.08 for human CerS2, 0.92 μ M $\pm$ 0.06 for human CerS4, and 0.29 M $\pm$ 0.05 for human CerS6 (278). Moreover, one study has pointed out that a concentration of 0.1 μ M FB1 is capable of inhibiting half of the ceramide synthase activity in rat liver microsomes (279).

1.3.2.3 Ceramidases and their related inhibitors

Another type of enzyme that warrants attention is ceramidase. Currently, mammals have five identified ceramidase isoforms that can be categorized into three groups, namely acid, neutral, and alkaline, in light of their optimal pH, intracellular localization, and intracellular functions (231). In the acidic environment of lysosomes, acid ceramidase, which is encoded by the *ASAH1* gene, undergoes proteolysis and begins deacylating ceramide (280, 281). A study has also revealed that *ASAH1* performs a crucial function in proliferation and cancer development. Specifically, the expression of acid ceramidase is greater in proliferative melanoma cancer cells than in other types of cancer cells, despite the fact that it is expressed in normal human melanocytes (282). Additionally, overexpressing *ASAH1* in L929 fibrosarcoma cells of mice has been shown to inhibit apoptosis caused by TNF α ,

possibly by decreasing the level of ceramide (283). Conversely, blocking the pharmacological activity of acid ceramidase, which leads to an increase in ceramide levels, can promote apoptosis in L929 cells (287). Moreover, senescent cells have been reported to have abnormally high levels of ASAH1 (284). Evidence suggests that the protein levels of classic senescence markers, such as p53, p21, and p16, decrease in pre-senescent human fibroblasts that have silenced ASAH1 (288). More recently, a study has indicated that acid ceramidase contributes to Alzheimer's disease. It is evident that acid ceramidase activity and expression levels increase dramatically compared to other glycoproteins in Alzheimer's disease brain tissue (285).

On the other hand, ASAH2 is a gene that provides instructions for making an enzyme called neutral ceramidase, and this enzyme has been found to localize to the plasma membrane, where it plays a critical role in regulating sphingine and S1P signaling (219, 286). Neutral ceramidase has been found in significant concentrations in the intestinal epithelium, making it a focus of research on the breakdown of dietary sphingolipids (287). Moreover, DNA damage response has been shown to be linked to the control of neutral ceramidase (287). In a study, the treatment with the chemotherapeutic medication gemcitabine (GMZ) was discovered to cause cell growth inhibition during the G0/G1 phase and dephosphorylation of the retinoblastoma protein (Rb) by using a polyoma middle T transformed murine endothelial cell line, indicating cell cycle arrest (288). Mass

spectrometry testing showed that extremely long chain ceramides were elevated after GMZ therapy. Neutral ceramidase (NCDase) protein levels and activity were shown to be selectively decreased due to GMZ in the research. Further experiments using small interfering RNA (siRNA) targeting NCDase showed that its knockdown induced cell cycle arrest, increased total ceramide levels, and Rb dephosphorylation. These findings suggest that GMZ's mechanism of action involves downregulation of NCDase, leading to elevated ceramide levels, and subsequent cell cycle arrest (288). Moreover, another study has demonstrated that the accumulation of sphingosine in mitochondria occurs when traumatic brain injury occurs, presumably due to the activation of neutral ceramidase expressed in the brain (289). Furthermore, multiple stress triggers, such as NO, have been shown to lead to the downregulation of neutral ceramidase in mesangial cells (290, 291).

On the other hand, distinct cellular locations are occupied by three alkaline ceramidases to perform their functions (243). Alkaline ceramidase 1 (ACER1), residing in the endoplasmic reticulum (ER), can specifically hydrolyze C24:0 and C24:1 ceramide (292, 293). It is noteworthy that the human ACER1 gene exhibits significant similarity to the mouse *Acer1* gene (294). ACER1 is predominantly located in the skin, specifically in the epidermal keratinocytes rather than the dermal fibroblast cells (295). Its presence is crucial for maintaining skin equilibrium and overall energy balance in the body (295). When ACER1 was overexpressed, it was shown to be localized to the endoplasmic reticulum

(294). In terms of its function, a study has revealed that the expression of human ACER1, as well as acid ceramidase, is elevated when human epidermal keratinocytes are stimulated by extracellular calcium (292). The increased ACER1 and acid ceramidase promote the breakdown of ceramides into sphingosine and S1P (292). The increased sphingosine and S1P cause the growth arrest and differentiation of keratinocytes (292). Thus, if ACER1 is inhibited or downregulated, keratinocyte development and differentiation may be disrupted (292).

In contrast to ACER1, ACER2 is located at the Golgi body and can deacylate monounsaturated C18, C20, and C24 ceramides (296, 297). Moreover, the placenta exhibits high levels of ACER2 expression. Interestingly, in response to DNA damage, ACER2 induces ROS production to mediate apoptosis. The researchers indicated that doxorubicin-induced DNA damage in tumor cells led to an increase in sphingosine levels by upregulating the expression of ACER2 (298). However, knocking down ACER2 significantly reduced the apoptotic and necrotic effects induced by doxorubicin (302). Furthermore, the introduction of additional ACER2 resulted in the fragmentation of the Golgi complex and halted the growth of HeLa cells (296). Conversely, low levels of ectopic ACER2 expression led to elevated levels of S1P without an increase in sphingosine levels (296). As a result, this condition facilitated cell proliferation in a serum-free medium (296). Therefore, ACER2 serves an important function in the production of S1P and S1P-related

cell proliferation and survival. However, sphingosine buildup, caused by overexpression of ACER2, can cause cell growth halt (296).

Concerning ACER3, it is located in both the ER and the Golgi body, where it aids in the breakdown of unsaturated long-chain ceramides and dh-ceramides (299). Additionally, ACER3 exhibits high expression levels in the placenta. Recently, a study demonstrated that downregulation of ACER3 resulted in increased expression of p21 and a further decrease in cell proliferation (300). Another study reported that depletion of ACER3 in human acute myeloid leukemia cells led to reduced cell growth and colony formation, increased apoptosis, and diminished AKT signaling (301).

Recent years have seen a massive uptick in study and investigation of ceramidases. Ceramidases hydrolyze ceramide to sphingosine in the catabolic pathway (302). By blocking the breakdown of ceramide, ceramide levels rise in the cells as a result of these inhibitors, whereas sphingosine and S1P levels fall (189, 302, 303). Altering the balance of the ceramide/sphingosine 1-phosphate axis by several ceramidase inhibitors can have significant implications for various cellular processes and disease pathways, such as cell proliferation, cell signaling, apoptosis, and inflammation (189).

Currently, by altering ceramide's structure and stereochemistry, several ceramidase inhibitors have been created. These modifications aim to enhance the potency and

specificity of the inhibitors, providing valuable tools for studying the role of ceramidases in various biological processes (302). ARN14974, a benzoxazolone carboxamide, is a compound that specifically inhibits acid ceramidase. Its inhibitory effects on acid ceramidase have been observed both in vitro and in vivo, with an IC_{50} of 79 nM (303). This inhibition has been shown to significantly decrease acid ceramidase activity in multiple organs (302, 303). The compound has been found to exhibit inhibitory effects on acid ceramidase activity in SW403 adenocarcinoma cells with an IC_{50} of 825 nM and RAW 264.7 murine macrophages with an IC_{50} of 400 nM at concentrations ranging from 0.1 to 20 mM (303). In vivo administration of ARN14974 at a dosage of 10 mg/kg intravenously has been shown to reduce acid ceramidase activity in various organs, including the brain, liver, heart, lungs, and kidneys. Additionally, this treatment has been found to elevate pulmonary ceramide levels in mice (303). It is worth noting that a separate study utilized a concentration of 20 μ M ARN14974 to treat neonatal rat cardiomyocytes (nrCM) for 48 hours, resulting in the inhibition of acid ceramidase and subsequent accumulation of ceramide (304). Additionally, in a myocardial infarction mice model, this acid ceramidase inhibitor was administered intraperitoneally at a concentration of 10 mg/kg. Following injection, the compound exhibited a prolonged effect on enzyme activity reduction in mouse hearts, lasting for over seven hours (304).

(1S,2R-D-erythro-2-N-myristoylamino)-1-phenyl-1-propanol, also known as D-erythro-MAPP, is a potent inhibitor of alkaline ceramidase (305). The alkaline ceramidase from HL-60 human promyelocytic leukemia cells has been demonstrated to be selectively inhibited by this inhibitor, with an IC₅₀ value of 1-5 μ M, indicating its high potency in inhibiting the enzyme's activity. In addition, researchers have discovered that this inhibition causes a dose- and time-dependent slowing of cell growth along with a cell cycle arrest in the G₀/G₁ phase (305, 306). Conversely, a separate study has shown that D-erythro-MAPP also exhibits weak inhibition of acid ceramidase, with an IC₅₀ value of 500 μ M (307). This inhibitor has been found to induce a dose-dependent inhibition of acid ceramidase in both human melanoma cells and human HaCat keratinocytes. Interestingly, it does not exhibit significant inhibition towards alkaline ceramidases in either of the tested cells. As a result of this inhibition, an elevation of endogenous ceramide levels can be observed, after which apoptosis was induced and proliferation was suppressed in HaCaT keratinocytes (307).

C6-urea-ceramide (D-erythro-N-[2-(1,3-dihydroxy-4E-octadecene)]-N'-hexane-ure-sphingosine) has been identified as a potent inhibitor of neutral ceramidase, with an IC₅₀ value of 366 nM in mouse embryonic fibroblasts (308). Another study has provided further evidence of the inhibitory effect of C6-urea-ceramide on neutral ceramidase. C6-urea-ceramide has been found to selectively enhance the total levels of ceramide in-type mouse

embryonic fibroblasts (MEFs) and HT-29 colon cancer cells. However, this increase in ceramide levels is not observed in MEFs that lack neutral ceramidase, indicating that C6 urea ceramide specifically targets and modulates the activity of this particular ceramidase isoform (309). C6-urea-ceramide inhibits HT-29 cell growth when present at doses between 5 and 10 μ M, inducing apoptosis as well as autophagy specifically in these colon cancer cells. However, these effects are not observed in non-cancerous RIE-1 cells, suggesting a selective impact on cancer cells while sparing normal cells (309). Furthermore, in an HT-29 mouse xenograft model, administration of C6 urea ceramide at doses of 1.25, 2.5, and 5 mg/kg for five consecutive days has been found to result in a reduction in tumor growth. Additionally, certain ceramide species, such as C16, C18, C20, and C24, are upregulated in tumor tissue after treatment with C6 urea ceramide (309). It is worth noting that the inhibition of neutral ceramidase does not promote cellular senescence in HT29 cells when treated with C6 urea ceramide at 5 and 10 μ M (309).

1.3.2.3 Sphingosine Kinases and their related inhibitors

Furthermore, in sphingolipid metabolism, there exist two distinct types of sphingosine kinase, namely Sphingosine kinase 1 (SphK1) and Sphingosine kinase 2 (SphK2) (310), which are accountable for the production of S1P. S1P, in fact, plays a crucial role as a survival factor for vascular endothelial cells, stimulates the expression of surface molecules on endothelial cells, and regulates vascular permeability (311). The synthesis of S1P at the

plasma membrane is primarily mediated by sphingosine kinase 1 (312, 313), whereas SphK2 exerts its function in the nucleus, mitochondria, as well as ER (314). Additionally, SphK1 is a major contributor to S1P synthesis in the circulatory system and malignant tissues (314, 315, 316), while SphK2 is the more prevalent isoform in the liver, kidney, heart, pancreatic islets, and brain (317). Sphingosine kinases have been linked to various cellular processes such as cell division, cell survival, migration, regulation of calcium homeostasis, development of the cardiovascular and nervous systems, inflammation, immunity, and the growth of cancer cells (318, 319). A study has indicated that the deficiency of S1P due to SphK1/ SphK2 double-knockout in mice can significantly disrupt neurogenesis, including neural tube closure, and angiogenesis, ultimately leading to embryonic death (320). It is worth noting that the SphK1^{-/-} mice exhibited normal viability and fertility without any apparent abnormalities, despite a significant but incomplete reduction in total sphingosine kinase activity. These results indicate that SphK1 and SphK2 may serve similar purposes, and the deficiency in SphK1 activity can be compensated for by SphK2 (324). Additionally, the pro-inflammatory cytokine TNF α , which has a significant impact on the endothelium, triggers the activation of SK and the production of S1P in endothelial cells. Inhibition of sphingosine kinase leads to a decrease in TNF α -induced expression of adhesion molecules, including E-selectin and vascular adhesion molecule-1 (321).

PF543 is a compound recognized as a selective inhibitor of SphK1, with an IC₅₀ of 2 nM (322). SphK1 is responsible for converting sphingosine into sphingosine-1-phosphate (S1P) in cells(322). Notably, SphK1 and S1P play significant roles in controlling the process of angiogenesis (323). In vitro, DNA synthesis was shown to be induced by S1P in a dose-dependent manner, and chemotactic motility of HUVECs (323). By inhibiting SphK1, PF543 disrupts the production of S1P (322). PF-543 effectively inhibits SphK1 by competitively binding to sphingosine. It demonstrates a high selectivity for SphK1 over the SphK2 isoform, with more than a 100-fold difference in potency. The inhibition constant (K_i) of PF-543 against SphK1 is measured at 3.6 nM (322). PF-543 effectively suppresses the production of S1P in 1483 cells as well as human whole blood. The half-maximal effective concentrations (EC₅₀s) for inhibiting S1P formation are measured at 8.4 nM in 1483 cells and 26.7 nM in human whole blood (326). It is interesting to note that although PF-543 can efficiently inhibit SphK1, reducing the levels of S1P to nearly undetectable levels, it is unable to cause a significant buildup of dihydroceramides (dhCers) and their metabolites in human gastric cancer cell lines (324). Additionally, cell proliferation is not inhibited and G₀/G₁ cell accumulation does not occur (324).

ABC294640, an inhibitor of SphK2, has been demonstrated to effectively reduce the generation of S1P in intact cells. The measured inhibition constant (K_i) for this compound is 9.8 μM (325). Notably, ABC294640 specifically inhibits the activity of SphK2 with an

IC₅₀ value of 60 μ M, while having no impact on the activity of SphK1 at concentrations up to 100 μ M (325). In MDA-MB-231 cells, Evidence suggests that ABC294640 reduce the production of S1P in a dose-dependent manner (325). Additionally, ABC294640 has exhibited inhibitory effects on the proliferation of various cancer cell types, with IC₅₀ values of 6 μ M in HepG2 liver cells, 12.2 μ M in A-498 kidney cells, 32.8 μ M in PANC-1 pancreas cells, and 48.1 μ M in HT-29 colon cells (325). Additionally, it has been found that ABC294640 can alleviate intestinal inflammation in both mouse and rat models of Crohn's disease induced by trinitrobenzene sulfonic acid (TNBS) (326). Furthermore, it has been observed that ABC294640 induces autophagic cell death rather than apoptosis in TIVE-LTC, a KSHV long-term-infected immortalized endothelial cell line (327). However, this effect was not observed in uninfected TIVE cells (327). Increased levels of the LC3B protein were shown to be connected to the triggering of autophagic cell death (327). Transcriptomic analysis of TIVE-LTC cells exposed to ABC294640 revealed significant changes in genes associated with cellular stress responses, cell cycle regulation and proliferation, and cellular metabolic processes. These alterations suggest that ABC294640 treatment affects various cellular pathways involved in stress adaptation, cell division, and metabolism within TIVE-LTC cells (327). Additionally, a study has shown that treatment with the Sphk2-specific inhibitor ABC294640 at a concentration of 80 μ M for 8 hours effectively inhibits SphK2 in A549 lung cancer cells, leading to decreased stability of the human telomerase reverse transcriptase (hTERT) (328).

K145 is another specific inhibitor of SphK2, which has a K_i value of 6.4 μM (329). It exhibits IC_{50} values of 4.3 μM for SphK2, while the IC_{50} for SPHK1 inhibition is greater than 10 μM , indicating a lower potency towards SPHK1 compared to SPHK2 (329). In vitro, when used at a concentration of 10 μM , K145 effectively inhibits the activity of SphK2 and reduces the S1P levels in human leukemia U937 cells without a significant impact on the activity of Sphk1 (329). Additionally, K145 has been shown to exhibit anti-growth effects in U937 cells and induce apoptosis in these cells, which may be attributed to the block of downstream ERK and Akt signalling pathways (329). In another study, PF-543 (2 μM), a Sphk1-specific inhibitor, and K145 (10 μM), a Sphk2-specific inhibitor, were used to treat brain microvascular endothelial cells. The findings indicated that inhibition of the activity of SphK can lower the inflammatory response and mitigate endothelial barrier disruption following oxygen-glucose deprivation and reoxygenation (OGD/R) conditions (330). Moreover, treatment with K145 at a concentration of 6 μM for 48 hr has been found to efficiently inhibit the proliferation of the glioblastoma cell line, U-251 cells (331).

1.3.3 Cellular functions of ceramide, sphingosine, and S1P

Evidently, sphingolipid metabolism is essential for the regulation of virtually all biological and physiological activities. In general, ceramide and sphingosine are known to be associated with cell cycle arrest, senescence, apoptosis, and cell differentiation (332).

Conversely, S1P acts as a stimulant for cell survival, proliferation, migration, invasion, and angiogenesis (332).

1.3.3.1 Cellular functions of ceramide

Cell cycle arrest, cell proliferation, cell differentiation, and cell death are all regulated by ceramide. Very long-chain ceramides, in particular, have been linked to mitochondrial malfunction, which in turn triggers oxidative stress and cardiomyocyte mortality (333). In addition, a separate research team demonstrated that ceramide influences growth and differentiation in cultured DJM-1 cells, which belong to the squamous cell carcinoma cell line (334). Evidence suggests that a significant increase (up to 10-15-fold) in endogenous levels of ceramide caused 80% of Molt-4 leukemia cells to arrest at the G0/G1 phase (335).

It is worth noting that recent studies have identified ceramide as a new candidate for regulating senescence. According to recent research, endogenous levels of ceramide have significantly increased (4-fold) in senescent WI-38 human diploid fibroblasts (HDF) (336). Additionally, it was found that ceramide hindered DNA synthesis and mitogenesis in young HDF at doses of 10-15 μ M, resulting in a senescent phenotype (336).

Furthermore, there is evidence to suggest that ceramide is associated with various vascular diseases, including hypertension, atherosclerosis, angiogenesis, and remodeling, making it a new focus of cardiovascular research (337). One study has demonstrated that ceramide

can block vasodilation and elevate blood pressure by inhibiting the release of NO in ECs (337).

1.3.3.2 Cellular functions of sphingosine

Sphingosine plays a crucial role in apoptosis. Evidence suggests that sphingosine levels increase in cancer cells induced by various factors, including environmental stress, chemotherapeutic treatment, and apoptotic stimuli (338, 339, 340, 341, 342). Additionally, the exogenous addition of sphingosine can induce apoptosis by inhibiting protein kinase C (PKC) (341, 343).

In addition, sphingosine also serves an important function in cell cycle regulation. Available data indicates that sphingosine levels increase in response to DNA damage by upregulating ACER2 (344). In a study, treatment with sphingosine in MOLT-4 cells, a type of hematopoietic cells, resulted in the dephosphorylation of Rb as early as 1 hour post-treatment. The complete transition to the dephosphorylated state of Rb was observed four hours after treatment. These effects were evident even at low concentrations of sphingosine, ranging from 100 to 500 nM. The maximum effects, however, were observed at concentrations of 1-2.5 μ M. The sphingosine-induced dephosphorylation of Rb further led to the inhibition of cell cycle progression at the G0/G1 phase and a decrease in phosphorylated Rb (345). Additionally, increased sphingosine levels through upregulation

of Human Alkaline Ceramidase 1 and Acid Ceramidase affect the cell calcium-induced differentiation of Epidermal Keratinocytes (292).

1.3.3.3 Cellular functions of Sphingosine-1-phosphate (S1P)

S1P, a potent lipid mediator, is synthesized from sphingosine via sphingosine kinases (SphKs) and exerts a positive influence on several crucial processes, including cell proliferation and survival, which are in contrast to its precursors (sphingosine and ceramide) (346, 347). Thus, the balance between these sphingolipid metabolites, also known as theamide-S1P rheostat, plays a pivotal role in determining cell fate (348). Numerous studies have demonstrated that cancer cells, including those of hematopoietic origin, exhibit tolerance to chemotherapy and radiation treatment, in part due to an imbalance in the S1P/ceramide rheostat(347, 349, 350). Additionally, S1P has been shown to mitigate apoptosis induced by SphK1-I (an inhibitor of SphK1) in human leukemia cells(351).

Studies have demonstrated that red blood cells, platelets, and endothelial cells are the primary sites responsible for S1P synthesis (352). Moreover, S1P exported from erythrocytes and endothelial cells contributes to high levels of S1P in the bloodstream (352). Additionally, erythrocytes are the primary source of plasma S1P due to their ability to produce, store, and release S1P into the plasma efficiently. Research has shown that the majority (75%) of plasma S1P in adult mice is produced by erythrocytes, and nearly all

embryonic S1P is generated by erythrocytes (353). Furthermore, S1P is crucial for the formation of the embryonic vascular system because it controls the activity of receptors involved in this process (353, 354). Activated and aggregated platelets release S1P in response to endothelial cell damage, and this localized increase in S1P levels contributes to the healing of vascular injury (355, 356).

Following the production of intracellular S1P, it can be released into the extracellular environment through ATP-binding cassette transporters (ABC transporters) to exert its primary functions (354, 355, 357, 358, 359). However, several studies have also reported that S1P can interact with intracellular receptors, including histone deacetylase (360), prohibitin 2 (361), and human telomerase reverse transcriptase (hTERT) (328). Besides, S1P serves as a cofactor in TRAF2-mediated RIP1 ubiquitination, which further leads to the activation of NF- κ B (209). TNF receptor-associated factor 2 (TRAF2) is a crucial player in NF- κ B signaling induced by TNF α (209). Notably, the activation of NF- κ B signaling is a hallmark of endothelial dysfunction and inflammation, which is caused by endothelial senescence (1). Additionally, another study demonstrated that SphK1 and its product S1P can protect HUVCs from the apoptotic effect of TNF α (362). Moreover, it has been reported that a specific binding motif of TRAF2 with SphK1 causes the activation of NF- κ B (210). Furthermore, the interaction between extracellular S1P and five G-protein-coupled receptors (GPCRs) can initiate several signaling pathways that are vital in

determining cell fate and behavior, including migration, adhesion, survival, and proliferation (363).

1.3.4 The potential links between sphingolipids and cellular senescence

Recently, numerous studies have identified that sphingolipids and their upstream and/or downstream metabolites are involved in the regulation of senescence. As a bioactive player, ceramide and S1P have opposite effects on the regulation of cell fate. Specifically, ceramide promotes cell death and negatively influences cell growth, whereas S1P promotes cell survival and proliferation and inhibits cell death (194). One study has shown that endogenous ceramide levels increase 2.4 times in HUVECs during the initiation of replicative senescence. Furthermore, they also demonstrated that long-term exogenous C6-ceramide treatment in low passage cells can induce senescence, which is characterized by the suppression of cell proliferation and DNA replication, as well as an increase in SA- β -gal expression (364). On the other hand, this research team also indicated that treatment with exogenous C6-ceramide can promote senescence in human fibroblasts(336). Similarly, in IMR-90, another human fibroblast line, ceramide levels were increased two times in senescent cells compared to young cells (365). Mechanistically, in human diploid fibroblasts, ceramide increases the level of P21, resulting in the inhibition of CDK2 (366). Additionally, ceramide results in Rb dephosphorylation (367), both of which have the potential to induce cell cycle arrest and senescence (366, 367).

Moreover, S1P, an additional bioactive molecule renowned for its pro-growth and pro-survival properties, has been identified as a potential contributor to anti-senescence (363). The production of S1P is facilitated by the phosphorylation of sphingosine by SphK1 and SphK2 (363). Previous research has shown that the reduced expression of SphK1/SphK2 leads to a decline in S1P levels, thereby promoting cellular senescence (368). Inhibition of SphK1 activity through pharmacological means or gene silencing impairs proliferation and induces senescence in human adipose-derived stromal cells (hAD-SCs) (368). However, treatment with exogenous S1P and the ceramide synthesis inhibitor fumonisins B1 can rescue SphK1 knockdown-induced cellular senescence (368). Recent research has also revealed that both human and mouse fibroblasts contain S1P, and it binds to human telomerase reverse transcriptase (hTERT), thereby sustaining telomerase and promoting telomere durability and cell proliferation (328).

A recent study has demonstrated that chemical inhibitors targeting SphK1, SphK2, or dihydroceramide desaturase (Des1) can increase the levels of p53 and p21, two key markers of cellular senescence, in prostate cancer cells (369). Notably, siRNA-mediated knockdown of SphK1 or SphK2 fails to elevate p53 and p21 levels, while SphK1 silencing attenuates DNA synthesis in prostate cancer cells (369). Conversely, Des1 silencing results in an increase in p53 levels, and simultaneous knockdown of Des1 and SphK1 elevates p21 levels (369). Collectively, these results indicate that Des1 and SphK1 work together in a

substantial manner to induce senescence and control cell proliferation in prostate cancer cells through p53/p21-dependent and independent mechanisms (369).

Conversely, sphingosine's function in senescence has received little study. One study revealed that sphingosine induces MOLT-4 (human leukemic cell lines) cell cycle arrest in the G1 phase and dephosphorylation of pRb in a concentration- and time-dependent manner, ranging from 100nM to 500 nM (370). However, the underlying mechanisms remain unclear, and it is hypothesized that altered phosphatase activity leads to the dephosphorylation of Rb(370). Additionally, research has shown that sphingolipids, such as ceramide and sphingosine, accumulate in the liver and brain as individuals age (371, 372). Moreover, studies regarding the role of other sphingolipids in senescence have also been reported, including an eight-fold activation of neutral sphingomyelinase (N-SMase) in senescent fibroblasts (336).

In conclusion, the influence of specific sphingolipid metabolites and enzymes on cellular senescence has been established. However, the relationship between sphingolipids, particularly sphingosine, and EC senescence remains inadequately explored. Therefore, further research is necessary to fully elucidate the underlying mechanisms linking bioactive sphingolipids and EC senescence.

Chapter 2. Hypothesis and Aims

The role of particular sphingolipid metabolites and enzymes in the process of cellular senescence has been demonstrated. Given these aspects, this thesis is structured to examine the regulatory role of sphingosine in H₂O₂-induced EC senescence, specifically its potential involvement in causing cell cycle arrest.

My project consists of two parts:

Aim 1: To investigate the role of sphingosine on H₂O₂-induced EC senescence *in vitro*.

Aim 2: To identify the effect of sphingosine on cell cycle arrest in H₂O₂-induced EC senescence.

Chapter 3. Materials and Methods

3.1 Cell culture

Human umbilical vein endothelial cells (HUVECs) were isolated from human umbilical cords obtained from Royal Prince Alfred Hospital (ethics#2019/ETH06859). HUVECs were maintained in gelatin-coated (Sigma Aldrich, Cat#G9391) T25 flasks with Medium 199 (Sigma, Cat#M4530) supplemented with 20% foetal calf serum (Sigma, Cat#F9423), sodium bicarbonate (Invitrogen), 20 mM HEPES (Thermo Fisher, Cat#15630-080), 1 mM sodium pyruvate (Thermo Fisher, Cat#11360070), 1X MEM non-essential amino acids (Thermo Fisher, Cat#11140050), 0.1% Sodium Bicarbonate (Thermo Fisher, 25080-094), 22.5 µg/ml Endothelial Cell Growth Supplement (ECGS) (BD bioscience, Cat#354006) and 15 µg/ml heparin (Sigma, Cat#H3393) and 100 units/ml Penicillin/Streptomycin antibiotics (Thermo Fisher, Cat#15140122). Cells were cultured at 37 °C, 5% CO₂, and only passages 1-3 were used for experiments.

3.2 Cell treatment

Sphingolipids and their enzyme inhibitors (Table 3.1) were added to HUVECs at a confluence between 20-30% for 24 hr. When HUVEC confluence reached 30-50%, these compounds were withdrawn, followed by the addition of 0.3 mM hydrogen peroxide to induce senescence. Hydrogen peroxide was also withdrawn in 24 hr (Figure 3.1).

Table 3.1 The function and source of certain treatment

Name	Function	Source
ABC294640	Inhibitor of sphingosine kinase 2	Echelon Biosciences, Cat# B0025
ARN14974	Inhibitor of acid ceramidase	Cayman, Cat#17119
C2 Ceramide	Exogenous ceramides	Avanti Polar Lipids, Cat#860502P
C6 Ceramide	Exogenous ceramides	Avanti Polar Lipids, Cat#860506P
C6-urea-cer	Inhibitor of neutral ceramidase	Sigma-Aldrich, Cat# 857400P
D-erythro-MAPP	Inhibitor of alkaline ceramidase	Cayman, Cat#10165
Dimethyl Sulfoxide (DMSO)	Vehicle	Sigma-Aldrich, Cat#D2650
Fumonisin B1(FB1)	Inhibitor of ceramide synthases	Cayman, Cat#62580
K145	Inhibitor of sphingosine kinase 2	Cayman, Cat# 11691
PF-543	Inhibitor of sphingosine kinase 1	Cayman, Cat# 17034
Sphingosine	Exogenous sphingosine	Echelon Biosciences, Cat#S-1000
Sphingosine-1-phosphate (S1P)	Exogenous S1P	Avanti Polar Lipids, Cat#860492

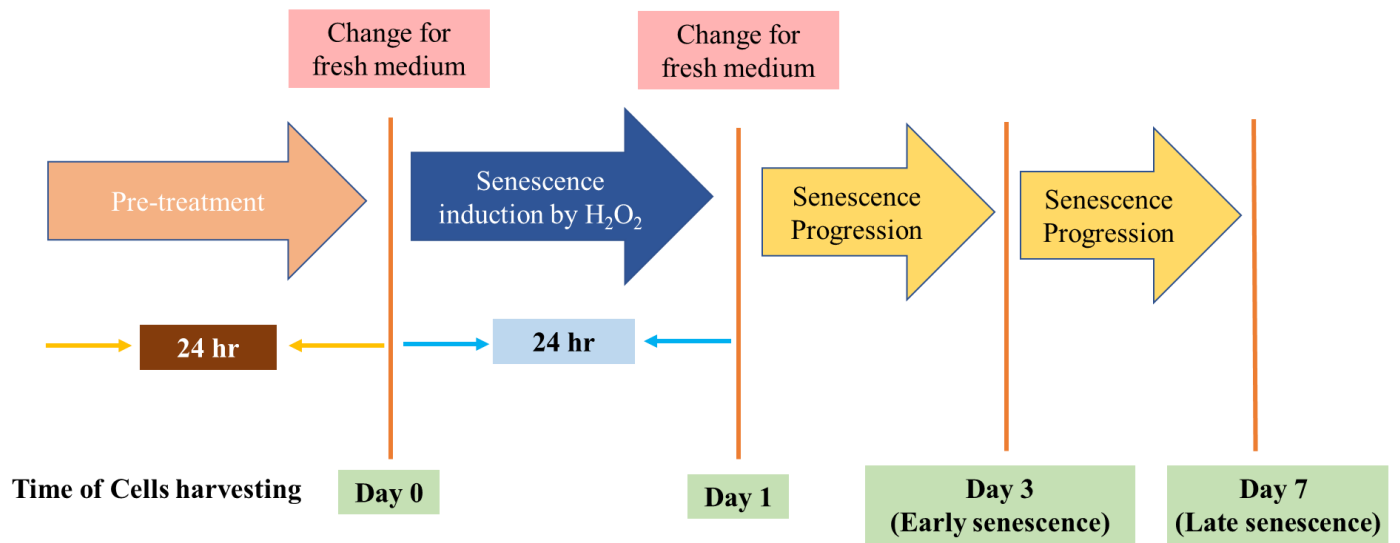


Figure 3.1 Timeline of treatment

3.3 Senescence associated β -galactosidase (SA- β -Gal) staining

SA- β -Gal staining was performed using a commercial kit (Cat#9860; Cell signalling Technology) following the manufacturer's protocol. After removal of the growth medium, HUVECs were washed once with 1X DPBS (Dulbecco's phosphate-buffered saline, Thermo Fisher, Cat#14190250). Then 1X Fixative solution was added. Cells were fixed for 15 min at room temperature. Next, cells were rinsed with 1X DPBS twice and stained with SA- β -Gal staining solution (PH 6.0, critical) for 24 hr at 37 °C in an incubator without CO₂. To avoid evaporation, I sealed the plates with parafilm. After staining, the SA- β -Gal staining solution was removed, and 70% glycerol was used for preservation. Cells positive for SA- β -Gal staining were imaged using a microscope at 200X magnification.

3.4 Cell viability assay

The MTS (3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium) assay (Promega, CAT#G1112), a colourimetric method, was employed to determine the cell viability. This assay detects the formazan dye resulting from the reduction of the MTS tetrazolium compound in metabolically active cells.

HUVECs were plated at 0.8×10^4 cells per well in a 96-well plate. After treatments, an MTS assay was performed by incubating cells in 100 μ l fresh medium supplemented with 20 μ l MTS working solution consisting of MTS (Promega, CAT#G1112) and phenazine

methosulfate (PMS, Sigma, P9625). MTS incubation lasted for 1 hr at 37 °C, and luminescence was examined at 490 nm on a TECAN Infinite M1000Pro plate reader.

3.5 Quantitative RT-PCR

After the desired treatment and washing with DPBS, 1 ml TRIzol (Invitrogen, CAT#15596026) was added to the T25 flask of HUVEC cultures and incubated for 8 min. Chloroform was added and mixed well by vigorous shaking. After settling at room temperature for 3 min, the two phases were separated. The top phase was carefully transferred into a new tube without touching the interphase. Then isopropanol was added to precipitate mRNA, followed by rinsing with 75% ethanol. After air-drying, the pellets were dissolved in RNase-free water (Sigma). Subsequently, the concentration and purity of mRNA were determined by a Nanodrop spectrophotometer (Thermo Fischer Scientific).

To remove any DNA contamination, DNase (NEB, CAT#M0303) was used as per the manufacturer's instructions. 10 µg RNA was added to a reaction mix, which contains 10 µl reaction buffer, 1 µl DNase I, and nuclease-free H₂O to a final volume of 100 µl. Next, the reaction was incubated at 37 °C for 10 min. Subsequently, the reaction was heat inactivated at 75 °C for 10 min, in the presence of 1 µl of 0.5 M EDTA.

RNA was reverse-transcribed into cDNA using High-Capacity cDNA Reverse Transcription Kit (Thermo Fisher CAT#4368814). According to the manual, 1 µg mRNA

was added to a 20 µl reaction system consisting of 2 µl 10X RT buffer, 0.8 µl 25X dNTP, 2 µl 10X random Primers and 1 µl reverse transcriptase. The reverse transcription was carried out by Eppendorf Mastercycler Nexus Gradient under the following program: 25 °C 10 min, 37 °C 2 hr, 85 °C 5 min. Once finished, cDNA was diluted with an additional 40 µl of RNase-free water. qRT-PCR was carried out on a Roche Lightcycler 480 machine using SensiFAST™ SYBR Lo-ROX Kit (Bioline, London, UK, CAT #BIO-94005). A total 10 µl reaction system includes 0.2 µl forward primer (10 µM), 0.2 µl reverse primer (10 µM), 5 µl SensiFAST SYBR®Lo-ROX mix, 2 µl cDNA and 2.6 µl nuclease-free H₂O. cDNA was denatured at 95 °C for 10 min, then amplified with 40 cycles of 95 °C for 10 sec, 60 °C for 15 sec, and 72 °C for 20 sec. *β-actin* was used as the reference gene. Target gene expression was normalised to *β-actin* level. The primer sequences are listed below:

Human *ASAH1*

Forward sequence: GCACAAGTTATGAAGGAAGCCAAG

Reverse sequence: TCCAATGATTCCTTTCTGTCTCG (373).

Human *ASAH2*

1st time:

Forward sequence: TCAGAGAGCAAAGTCAAAAACAT

Reverse sequence: CCCTTCTGTTTTCCCCTGTGTA (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

2nd time:

Forward sequence: AGATGTGACTGTCTGGCTCAAT

Reverse sequence: CCCTTCTGTTTTCCCCTGTGTA (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *ACER1*

1st time:

Forward sequence: ATCCGCCTGGTCTTCATC

Reverse sequence: CTCCTTATTGCTGGTCTTCC (designed by Primer-BLAST, National
Center for Biotechnology Information, US)

2nd time:

Forward sequence: CAGTTCATCCGCCTGGTCTT

Reverse sequence: TCCTTATTGCTGGTCTTCCTGT (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *ACER2*

Forward sequence: CCTGTTCTGCTGGATCAGTGAC

Reverse sequence: GTAGGCAAAGCATACACAGCCC (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *ACER3*

Forward sequence: CAATGTTCGGTGCAATTCAGAG

Reverse sequence: GGATCCCATTCTTACCACTGTG (374)

Human *CERS1*

Forward sequence: AGCAAAGCCGAGGAAGCA

Reverse sequence: TGGGTTCTCCCTTCCAAACA (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *CERS2*

Forward sequence: CCAGGTAGAGCGTTGGTT

Reverse sequence: CCAGGGTTTATCCACAATGAC (375)

Human *CERS3*

1st time:

Forward sequence: TCGCACAGATGGTGTCTCTG

Reverse sequence: GCTTCCTGTTTCACCACTTGT (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

2nd time:

Forward sequence: GACATTGGCTGGAGTCTGC

Reverse sequence: AAGGAAAAACAATGAGGCGGC (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *CERS4*

Forward sequence: TGGAGCTGGGGGACTGATTA

Reverse sequence: ACTGGACAGCATTCTCTGCT (designed by Primer-BLAST,
National Center for Biotechnology Information, US)

Human *CERS5*

Forward sequence: CAAGTATCAGCGGCTCTGT

Reverse sequence: ATTATCTCCCAACTCTCAAAGA (375)

Human *CERS6*

Forward sequence: AAGCAACTGGACTGGGATGTT

Reverse sequence: AATCTGACTCCGTAGGTAAATACA (375)

Human *SPHK1*

Forward sequence: AGGCTGAAATCTCCTTCACGC

Reverse sequence: GTCTCCAGACATGACCACCAG (376)

Human *SPHK2*

Forward sequence: GCTGCTGCGCCTTTTCTTG

Reverse sequence: CCTGTAGCGGCCCATCTC (376)

Human *ACTB* (β -actin)

Forward sequence: CATGTACGTTGCTATCCAGGC

Reverse sequence: CTCCTTAATGTCACGCACGAT (376)

3.6 Western blotting

Proteins were extracted from HUVECs with or without treatments. Cells were harvested by a cell scraper into DPBS (Thermo Fisher). After removal of DPBS by centrifugation at 1000 rpm, lysis buffer containing 1% Triton X-100 was added to cell pellets. Then cells were sonicated by QSonica-Q800R2 for 10 min and centrifuged at 15000 rpm for 5 min at 4 °C. Protein concentrations were determined by Bicinchoninic Acid (BCA) assay. BCA working solution containing 200 μ l bicinchoninic acid solution (Sigma B9643) and 4 μ l copper (II) sulphate solution (Sigma C2284). Following a 15-min incubation at room temperature, the plate was read at 562 nm on a TECAN plate reader. After obtaining the protein concentration, 15 μ g protein was mixed with NuPAGE LDS sample buffer (Thermo Fisher, NP0007) and NuPAGE Sample Reducing Agent (Thermo Fisher, NP0004) and loaded into Bolt 4-12% Bis-Tris Plus Gels in MOPS running buffer (Thermo Fisher NP0001) for electrophoresis. When electrophoresis was finished, proteins were transferred to polyvinylidene difluoride (PVDF) membranes (Millipore, IPVH00010) using 1X NuPage transfer buffer (Thermo Fisher, Cat#NP00061). Then PVDF was blocked with 5% skim milk for 45 min. Immunoblotting was performed with the following antibodies from Cell Signaling Technology: p21 Waf1/Cip1 (12D1) Rabbit mAb (Cat#2947S), Acetyl-p53 (Lys382) Antibody (Cat #2525), p53 (7F5) Rabbit mAb (Cat #25270, Phospho-Rb (Ser807/811) Antibody (Cat #9308T), Rb (4H1) Mouse mAb (Cat #9309T) and β -actin

Mouse mAb (Cat #3700). Immunodetection was carried out by chemiluminescence using Immobilon Western Chemiluminescent HRP Substrate (Millipore, Cat#WBKLS0500) with a BIORAD ChemiDoc TOUCH imaging system. Quantification was carried out using Image J software.

3.7 Statistics

All data were presented as mean $\pm$ SD. One-way ANOVA was applied to compare multiple groups using GraphPad Prism version 9. P-values under 0.05 were considered statistically significant.

Chapter 4. Sphingosine is a *bona fide* promoting factor of H₂O₂-induced EC senescence

Vascular endothelial cell (EC) senescence and related vascular dysfunction contribute to the development of cardiovascular disease in ageing (377). The onset and progression of EC senescence and vascular disease in ageing have been linked to dysregulation of the cell cycle, induction of oxidative stress, vascular inflammation, altered calcium signalling and inhibition of angiogenesis (9). Recent research has shown that eliminating senescent cells may be a treatment option for ageing and a variety of age-related diseases (132, 378, 379). Nonetheless, therapeutic approaches to influencing cellular senescence remain in their infancy.

Sphingolipids are a class of essential lipids that involves in several significant cellular functions, particularly the cellular structure and cellular processes, such as cell cycle, senescence, proliferation, and migration (193). Hence, understanding how sphingolipids regulate endothelial cell senescence is particularly important for deciphering cardiovascular disorders, such as atherosclerosis (380). An increasing body of evidence has suggested that sphingolipids and their metabolism play an important role in the regulation of senescence (380). However, the majority of studies have focused on ceramide-induced senescence, and very little has been discovered about other sphingolipid-induced senescence.

In this chapter, I employed various sphingolipids and their metabolic enzyme inhibitors to investigate the major contribution of sphingolipids in the regulation of H₂O₂-induced premature senescence in HUVECs.

4.1 H₂O₂-induce premature senescence in HUVECs

To understand the dynamics of EC senescence process and to determine the optimal time point in the following tests of anti-senescence compounds, I treated HUVECs with 300 μ M H₂O₂ for 4 hr, 8 hr, 24 hr, 3 days, and 7 days (Figure 4.1 A). Conventionally, suggested cell cycle regulators, such as p21, acetyl p53 and phosphorylated Rb, were examined as hallmarks of senescence. As shown in Figure 4.1 A and B, I observed a significant 2.6-fold increase in p21 protein levels as early as 4 hr after H₂O₂ treatment as compared with the untreated group (0 hr). It was further elevated to 3.1-fold at 8 hr and reached the peak of 3.5-fold at 24 hr. After that, it backed to 3-fold on day 3 and 3.2-fold on day 7.

In contrast, acetyl p53 levels exhibited a transient increase at both 4 hr and 8 hr by around 3.7 and 2.8 times, respectively. At the end of day 1 and day 3, acetyl p53 levels dropped to 59% and 58% of the untreated group, respectively. On day 7, the level was only 21% of the untreated group.

The expression level of p-Rb was decreased to 41% of the untreated control at 4 hr, and then it dropped to 30% at 8 hr. The lowest level was observed at 24 hr, which was only 10%

of the untreated. The level of p-Rb had some slight increase on day 3 and day 7, which were 13% and 28% of the untreated, respectively.

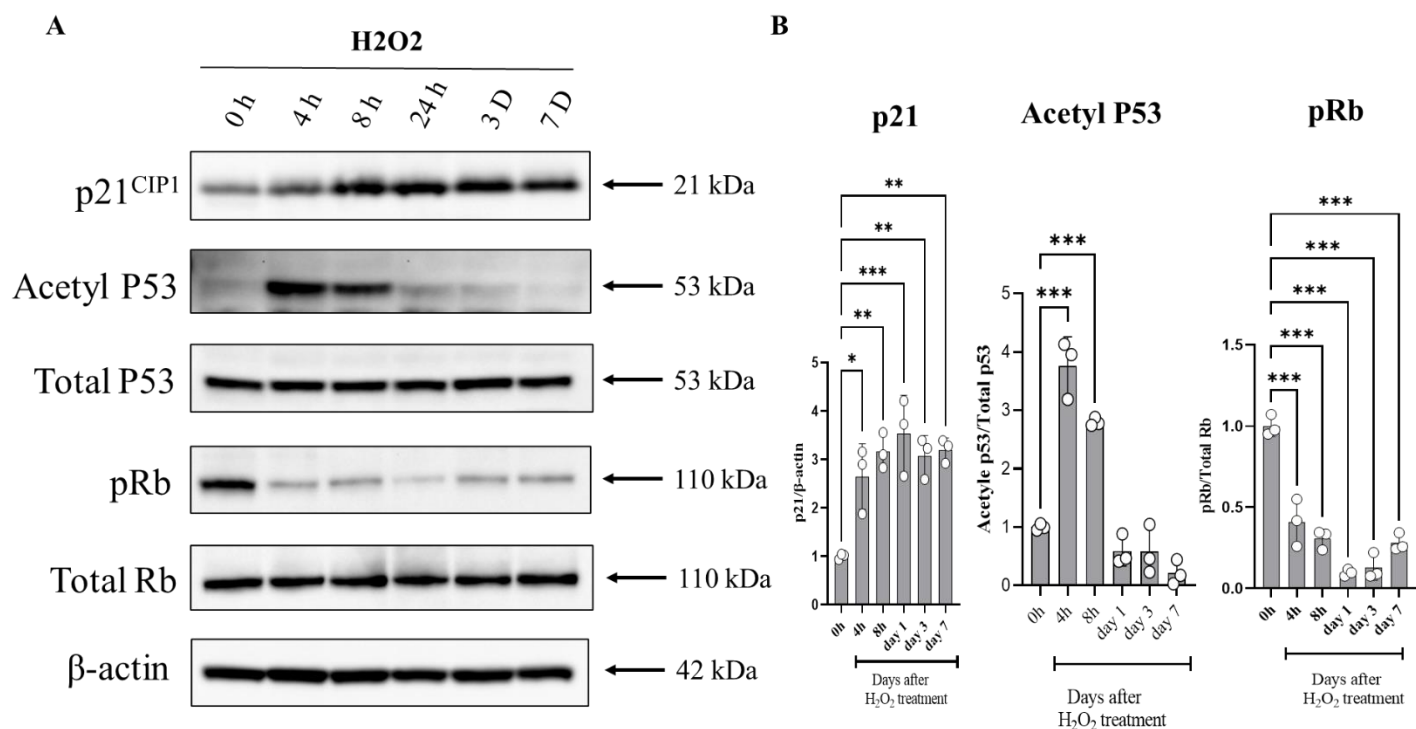


Figure 4.1 H₂O₂-induced premature senescence in HUVECs. (A) HUVECs were treated with 300 μ M H₂O₂ for 24 hr and analysed using Western blotting at indicated time points. (B) Expression levels of the indicated proteins were quantified; n=3. Data are expressed as mean $\pm$ SD. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; versus 0 hr.

4.2 mRNA levels of sphingolipid enzymes in normal HUVECs

A growing body of studies indicates that lipids, particularly sphingolipids, are critical players in the regulation of cellular senescence. To further understand the role of sphingolipids in this process, a panel of genes encoding sphingolipid enzymes were examined by qRT-PCR in normal HUVECs (Figure 4.2). I mainly targeted three subgroups of these enzymes, including ceramidases, ceramide synthases and sphingosine kinases, because of their significance in the regulation of the production of ceramide, sphingosine and SIP in the sphingolipid metabolic pathway.

Firstly, I examined the levels of all six ceramide synthases *CERS1-6*. Among them, the very long-chain ceramide (C22 and C24)-producing enzyme *CERS2* was most abundantly expressed, followed by C16 ceramide-producing enzymes *CERS5* and *CERS6* (Figure 4.2). However, the other three ceramide synthases exhibited an extremely low expression (Figure 4.2).

Secondly, I examined *ASAH1* (acid ceramidase), *ASAH2* (neutral ceramidase) and *ACER1-3* (alkaline ceramidases). To compare the abundance of these target genes, all of my data were normalised to β -actin. Among all ceramidases, *ASAH1* was the most abundant one, followed by *ACER3* (Figure 4.2). In contrast, *ASAH2* and *ACER1* were not detectable for up to 40 PCR cycles, which was confirmed using two sets of primers (Figure 4.2).

Last, I examined the expression levels of *SPHK1* and *SPHK2*. Clearly, *SPHK1* is the predominant sphingosine kinase isoform in normal HUVECs.

These results suggest which sphingolipid enzymes and their related sphingolipids are relatively more important to endothelial cell biology.

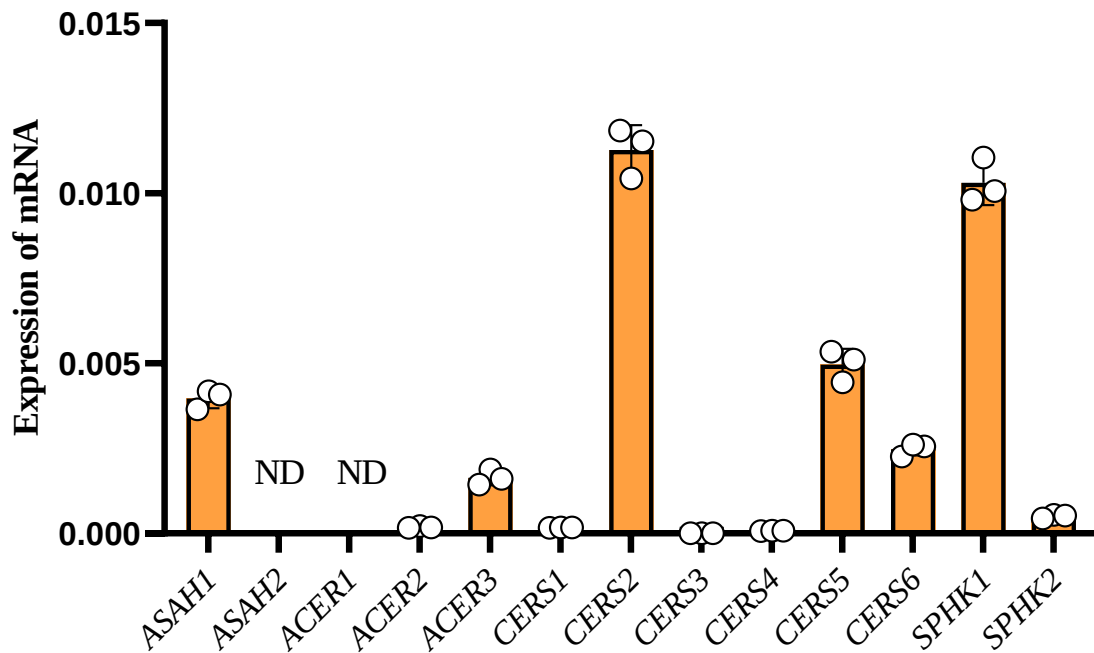


Figure 4.2 mRNA levels of sphingolipid enzymes in normal HUVECs. The mRNA expression level of sphingolipid enzymes in normal HUVECs was determined by qRT-PCR and then normalised to β -actin. Data are expressed as $2^{-\Delta CT}$, $n=3$. ND, not detectable

4.3 Ceramide Synthases are upregulated in H₂O₂-induced senescence

Having determined the abundance of sphingolipid enzymes of interest in HUVECs, I further examined whether they were altered in EC senescence at day 0 (normal, untreated cells), day 3 (early senescent cells) and day 7 (late senescent cells) after H₂O₂ treatment.

I firstly examined ceramide synthase levels. The most abundant isoform *CERS2* was unaltered in EC senescence (Figure 4.3). Meanwhile, the *CERS5* and *CERS6* levels were only slightly changed by around 26% in particular stages of senescence progression (Figure 4.3). Interestingly, the minor isoforms *CERS3* and *CERS4* exhibited a more robust increase in EC senescence (Figure 4.3). However, considering their extremely low abundance, as shown in figure 4.2, this degree of gene upregulation seemed not sufficient to dramatically alter ceramide production and composition. Meanwhile, the *CERS1* level was marginally altered on day 3 of H₂O₂ treatment (Figure 4.3)

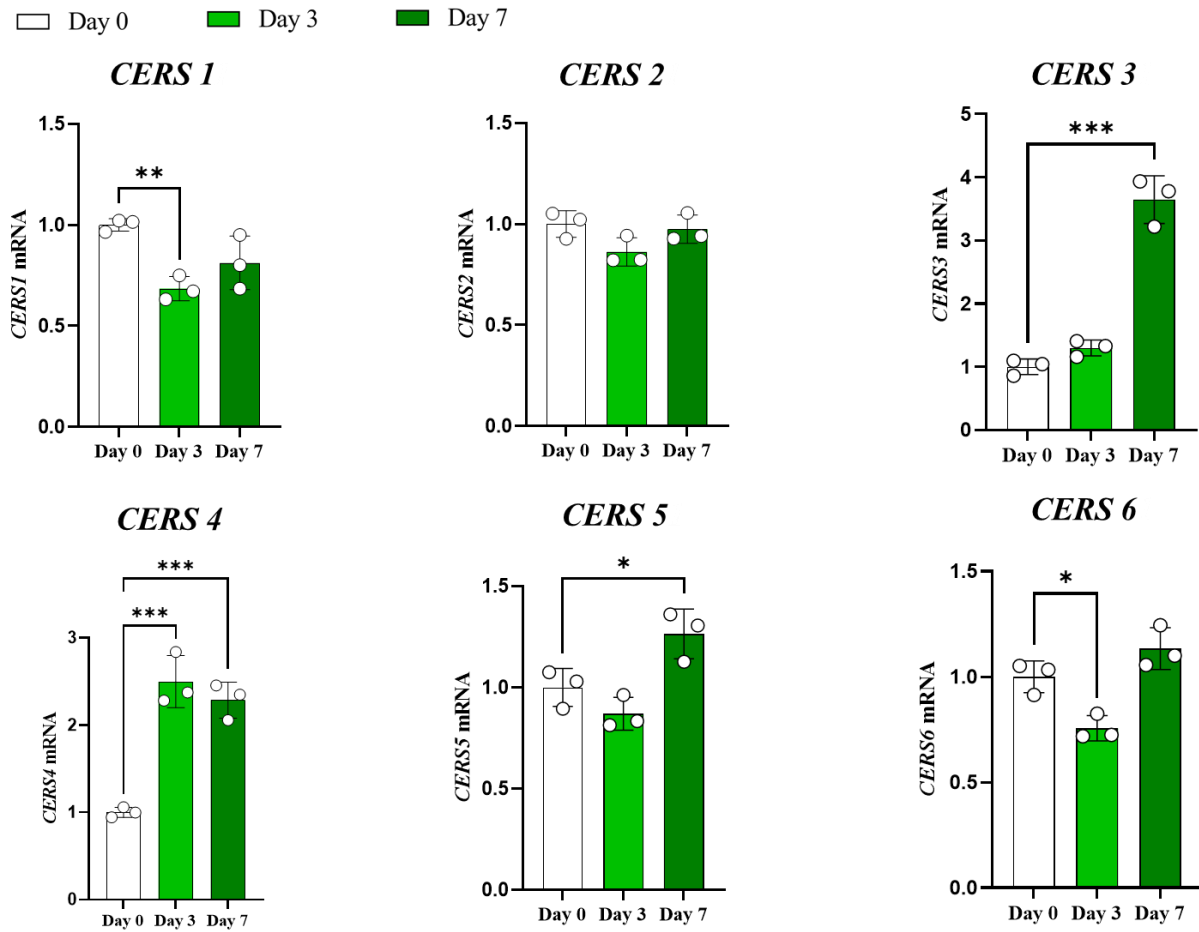


Figure 4.3 Ceramide Synthases are upregulated in H₂O₂-induced senescence.

Senescence was induced by 300 μ M H₂O₂ for 24 hr. The mRNA expression of *CERS1*, *CERS2*, *CERS4*, *CERS5* and *CERS6*, the gene encoding human ceramide synthase, was determined by qRT-PCR and then normalised to β -actin. Data are expressed as the fold-change compared with untreated control and shown as mean $\pm$ SD; n=3. * $p < 0.05$;

** $p < 0.01$; *** $p < 0.001$, compared to day 0.

4.4 Acid ceramidase is upregulated in H₂O₂-induced EC senescence

I further examined the changes in ceramidases. Notably, the *ASAH1* mRNA levels increased temporally during senescence progression (Figure 4.4). Compared with day 0 control, it was elevated by 1.3-fold and 2-fold on day 3 and day 7, respectively (Figure 4.4). This trend was also observed in *ACER2* (Figure 4.4). However, as *ASAH1* mRNA was 21-fold more abundant than *ACER2*, my data indicates that *ASAH1* but not *ACER2*-mediated ceramide conversion to sphingosine might play a more important role in EC senescence. In contrast, the *ACER3* level was unchanged between time points (Figure 4.4). Same as shown in Figure 4.2, *ASAH2* and *ACER1* mRNA levels were not detectable.

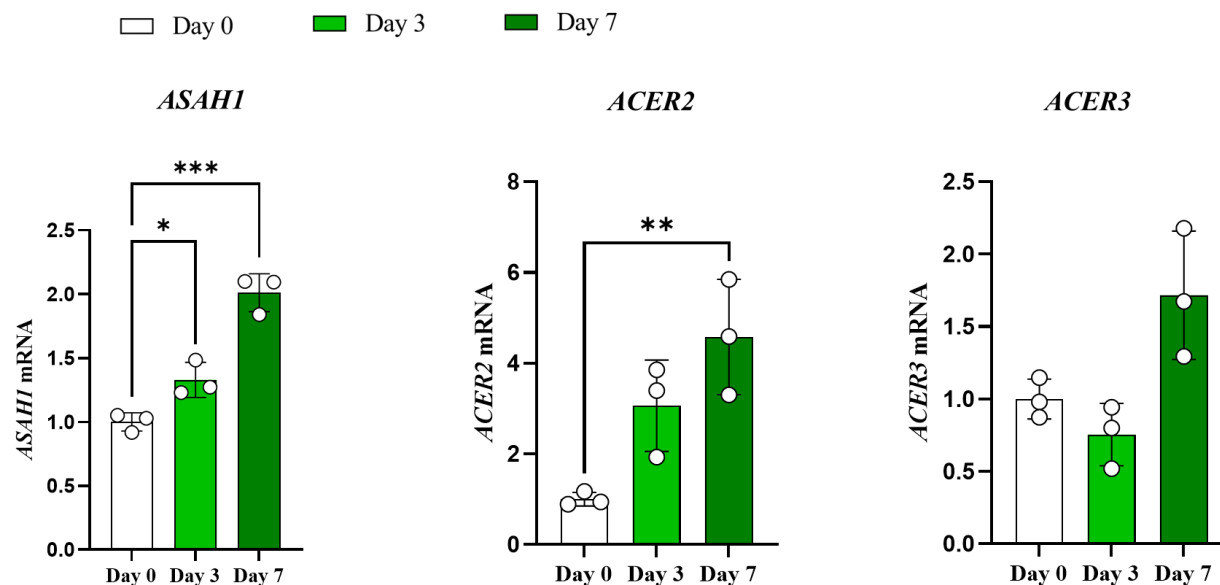


Figure 4.4 Acid ceramidase is upregulated in H₂O₂-induced EC senescence.

Senescence was induced by 300 μ M H₂O₂ for 24 hr. The mRNA expression of *ASAH1*, the gene encoding human acid ceramidase; *ACER2* and *ACER3*, the gene encoding human alkaline ceramidase, was determined by qRT-PCR and then normalised to β -actin. Data are expressed as the fold-change compared with untreated control and shown as mean $\pm$ SD; n=3. * p < 0.05; ** p < 0.01; *** p < 0.001, compared to day 0.

4.5 *SPHK1* and *SPHK2* levels were marginally altered in H₂O₂-induced EC senescence

Last, I examined whether *SPHK* levels were modulated in H₂O₂-induced senescence in HUVECs. The mRNA expression of *SPHK1*, the predominant sphingosine kinase isoform, was unaltered in EC senescence (Figure 4.5). Meanwhile, *SPHK2* level increased by 1.4-fold in early senescent HUVECs (Figure 4.5). These results imply that the rate of *SPHK*-mediated S1P production from sphingosine may not change in EC senescence.

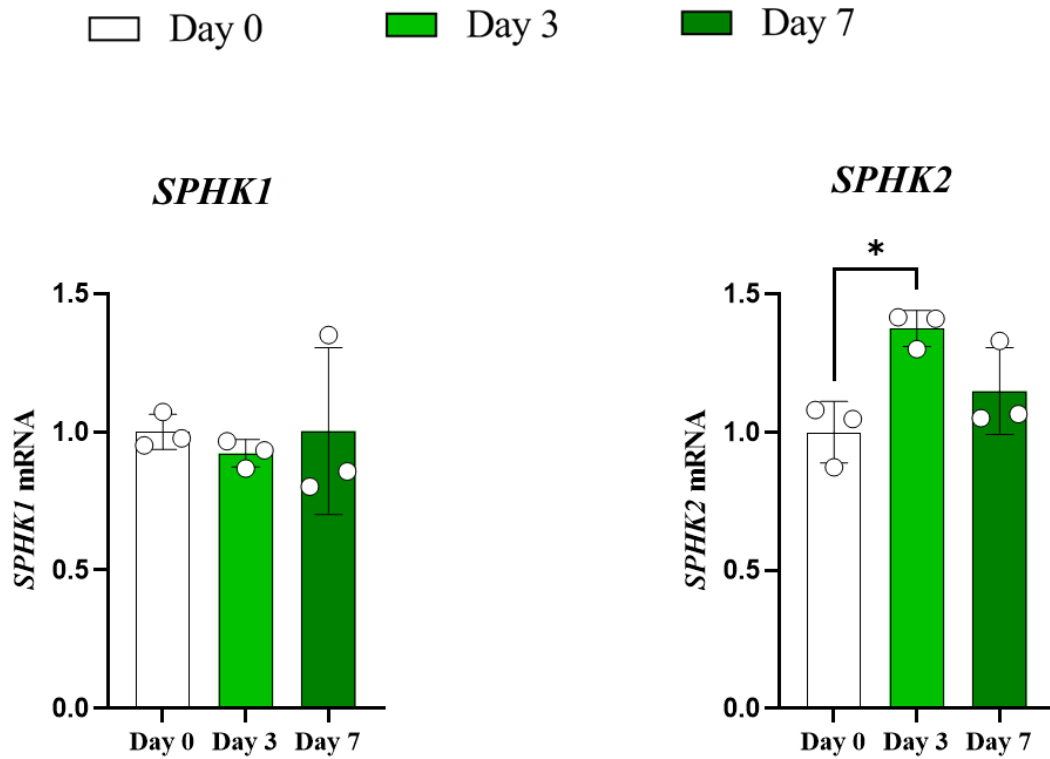


Figure 4.5 *SPHK1* and *SPHK2* levels were marginally altered in H₂O₂-induced EC senescence. Senescence was induced by 300 μ M H₂O₂ for 24 hr. The mRNA expression of *SPHK1* and *SPHK2*, the gene encoding human Sphingosine Kinase, was determined by qRT-PCR and then normalised to β -actin. Data are expressed as the fold-change compared with untreated control and shown as mean $\pm$ SD; n=3. * $p < 0.05$; compared to day 0.

4.6 Inhibition of ceramide and sphingosine synthesis inhibits H₂O₂-induced EC senescence

Having examined changes in sphingolipid enzyme expression, I further interrogated whether inhibiting certain enzymes could promote or block senescence development. To this end, I pre-treated sphingolipid enzyme inhibitors 24 hr prior to H₂O₂ treatment (Figure 4.6) and examined the senescence development using SA- β -Gal staining.

H₂O₂ treatment alone induced 58% of senescence in HUVECs, defined by SA- β -Gal positivity (Figure 4.7). FB1 inhibits the de novo synthesis of ceramide, which also results in reductions in ceramide, sphingosine and S1P levels, while ARN14974 inhibit acid ceramidase-mediated ceramide conversion to sphingosine, leading to increased ceramide and decreased sphingosine and S1P (Figure 4.6). Interestingly, pre-treatment with FB1 significantly reduced the senescence to 24% in HUVECs (Figure 4.7), while pre-treatment with ARN14974 resulted in a similar reduction of senescence to 20%. These data together indicate that decreased sphingosine and S1P levels, rather than altered ceramide levels, contributed to EC senescence development. In addition, neutral ceramidase inhibitor C6-urea ceramide and alkaline ceramidase inhibitor D-erythro-MAPP failed to alter the percentage of HUVECs senescence which were around 50% and 53%, respectively. This aligned with my findings in Figure 4.2 and Figure 4.4 that acid ceramidase *ASAH1* was the

predominant ceramidase isoform in normal HUVECs and exhibited significant increase in HUVECs senescence.

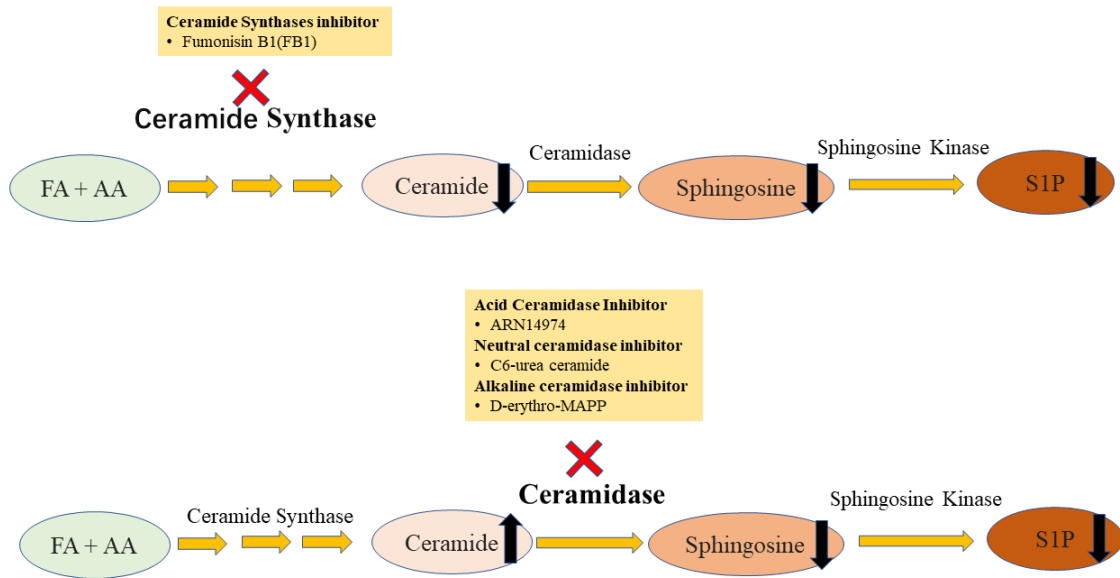


Figure 4.6 Schematic overview of the treatment design. Ceramide can be synthesised from amino acid and fatty acid by ceramide synthase through several processes. Then ceramide can be further catabolised to sphingosine by 3 types of ceramidases. Inhibitors of ceramide synthase and ceramidase were able to modify these enzyme activities and further alter the production of ceramide, sphingosine and S1P.

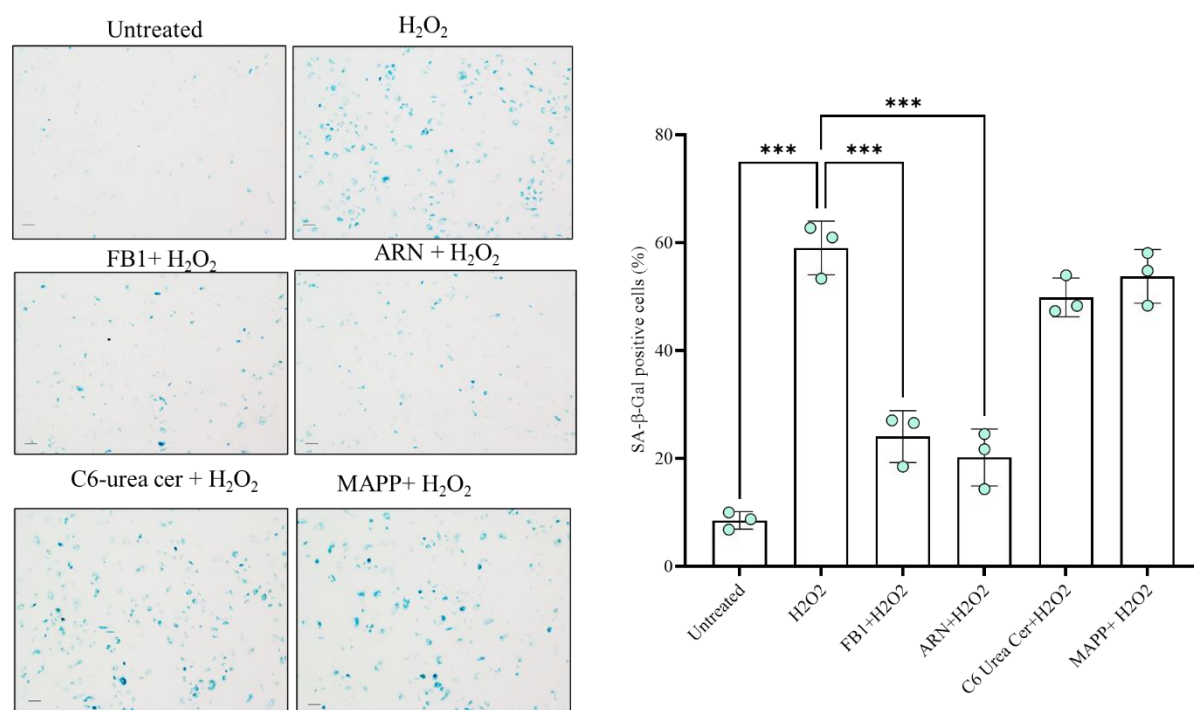


Figure 4.7 Inhibition of ceramide and sphingosine synthesis inhibits H₂O₂-induced EC senescence. (A) HUVECs were pre-treated with 10 μ M FB1 for 24 hr, 10 μ M ARN14974, 10 μ M C6 urea ceramide and 10 μ M D-erythro-MAPP, then treated with 300 μ M H₂O₂ for 24 hr. SA-β-Gal staining was performed at day 7. Senescent cells were stained with blue colour. Magnification: 400X; scale bar = 100 μ m. (B) Data was expressed as mean $\pm$ SD; n=3. ***p < 0.001, compared to H₂O₂ group.

4.7 Sphingosine promotes H₂O₂-induced EC senescence

Next, I further confirmed that ceramide was not a regulator of EC senescence and dissected whether sphingosine or S1P played a leading role. Pre-treatment with C2 ceramide and C6 ceramide did not alter the percentage of senescence in HUVECs, which were 52% and 63% (Figure 4.8), confirming that ceramide was not attributable to EC senescence. In Figure 4.7, a significant inhibition of senescence has been observed with treatment of FB1 and ARN14974, which strongly suggest that decreased levels of sphingosine and S1P were associated with the senescence inhibition. Thus, I pre-treated HUVECs with sphingosine prior to H₂O₂. Sphingosine significantly increased senescence to 80% (Figure 4.8), which, together with FB1 and ARN14974 data, demonstrates that sphingosine promotes EC senescence. In contrast, the addition of exogenous S1P to cells profoundly reduced senescence to 20% (Figure 4.8). This indicates that S1P was an anti-senescence lipid. Meanwhile, although the reduced endogenous S1P was found in FB1 and ARN14974 pre-treated cells, it might not contribute to their anti-senescence effects.

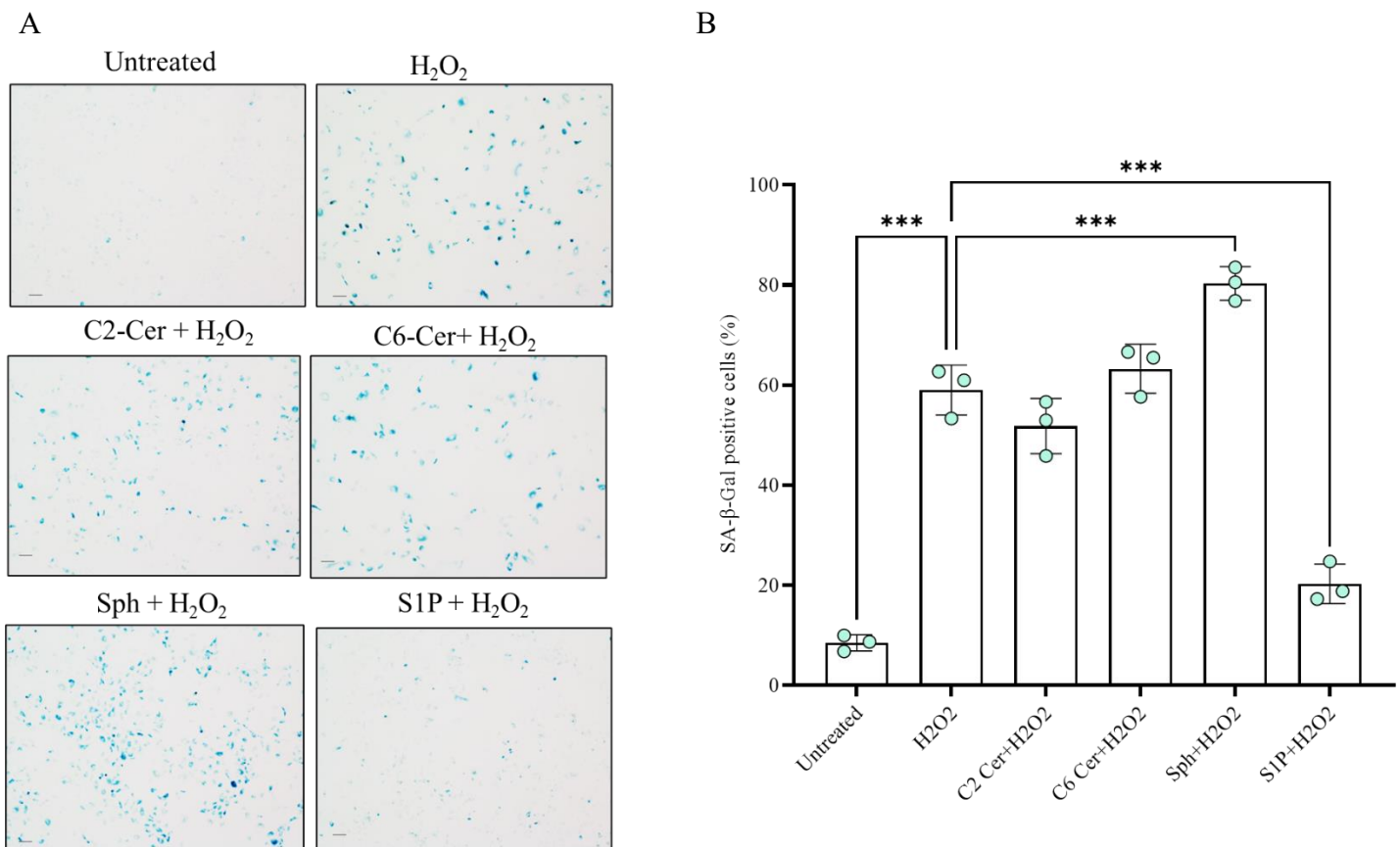


Figure 4.8 Sphingosine promotes H_2O_2 -induced EC senescence. (A) HUVECs were pre-treated with 2 μM C2 Ceramide, 2 μM C6 Ceramide, 1 μM sphingosine and 1 μM S1P, then treated with 300 μM H_2O_2 for 24 hr. SA- β -gal staining was performed on day 7. Senescent cells were stained with blue colour. Magnification: 400X; scale bar = 100 μm .

(B) Data was expressed as mean $\pm$ SD; n=3. *** $p < 0.001$, compared to H_2O_2 group.

4.8 Blocking sphingosine catabolism promotes EC senescence

I have identified that sphingosine was a driving factor for EC senescence via the inhibition of ceramide synthases and ceramidases as well as the addition of sphingosine. This led to testing whether blocking sphingosine conversion to S1P in the sphingolipid catabolic pathway would exhibit consistent phenotype. To this end, I pre-treated cells with SphK1 inhibitor PF-543 and SphK2 inhibitors ABC294640 and K145. Inhibition of SphKs caused an accumulation of endogenous sphingosine with a reduced S1P level (Figure 4.9). As shown in Figure 4.10, inhibition of SphK1 by PF-543 significantly increased senescence to 83%, comparable to the effects of sphingosine treatment (Figure 4.8). In contrast, inhibition of SphK2 by both compounds did not dramatically alter the senescence development (Figure 4.10). This is also consistent with that *SPHK1* was the predominant *SPHK* isoform in HUVECs (Figure 4.2).

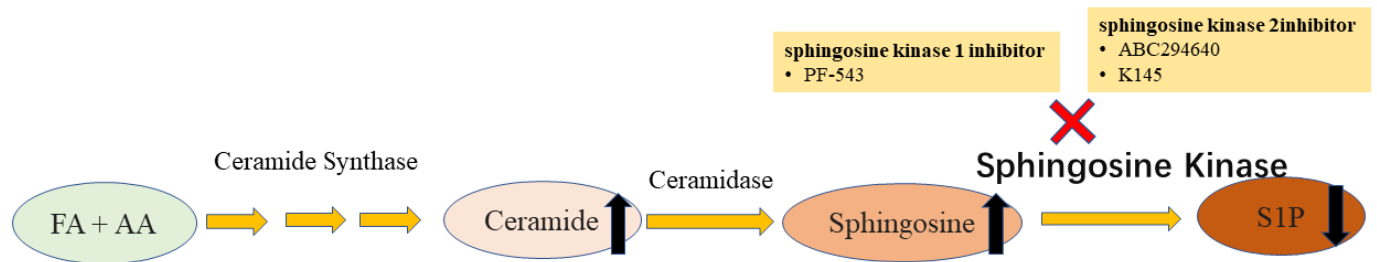
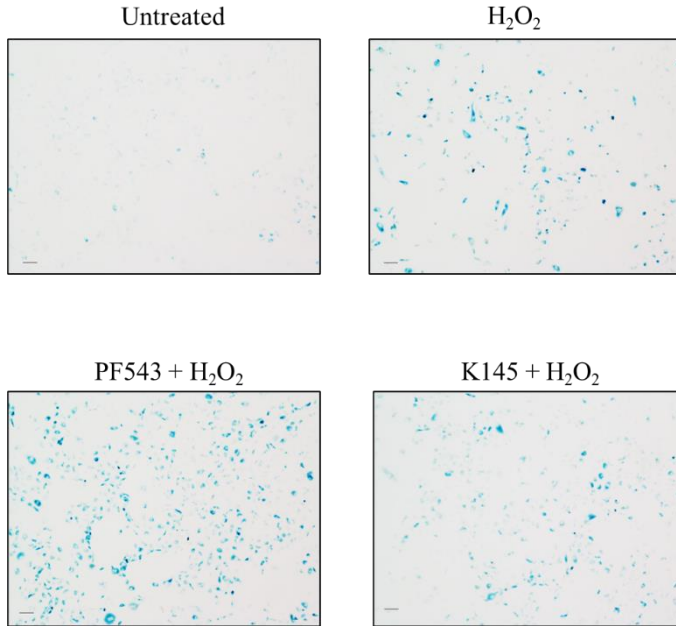


Figure 4.9 Schematic overview of the treatment design Sphingosine can be phosphorylated into S1P through SphK1 and SphK2. Inhibitors of SphK1 and SphK2 were able to modify these enzyme activities and further increase the sphingosine and decrease the S1P.

A



B

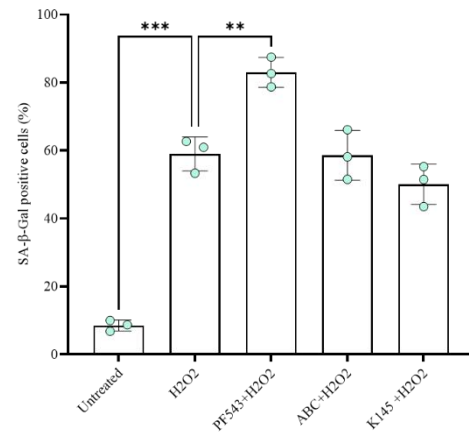


Figure 4.10 Blocking sphingosine catabolism promotes EC senescence (A) HUVECs

were pre-treated with 2 μ M PF-543, 10 μ M K145, 10 μ M ABC294640 for 24 hr, then treated with 300 μ M H₂O₂ for 24 hr. SA- β -gal staining was performed on day 7. Senescent cells were stained with blue colour. Magnification: 400X; scale bar = 100 μ m. (B) Data were expressed as mean $\pm$ SD; n=3. $**p < 0.01$; $***p < 0.001$, compared to H₂O₂ group.

4.9 PF-543 or sphingosine alone cannot induce EC senescence

From the experiments above, I have identified that the addition of exogenous sphingosine or accumulation of endogenous sphingosine (by PF-543 treatment) significantly promoted senescence development in H₂O₂-treated HUVECs. However, it is still unknown whether sphingosine itself had senescence-inducing effects or whether it determines cell susceptibility to H₂O₂-induced senescence. To address this, I treated HUVECs with sphingosine or PF-543 alone for 24 hr, without a follow-up H₂O₂ treatment, and then examined the senescence development at day 7. These two treatments alone did not induce EC senescence (Figure 4.11), suggesting that sphingosine sensitised HUVECs to H₂O₂-induced senescence.

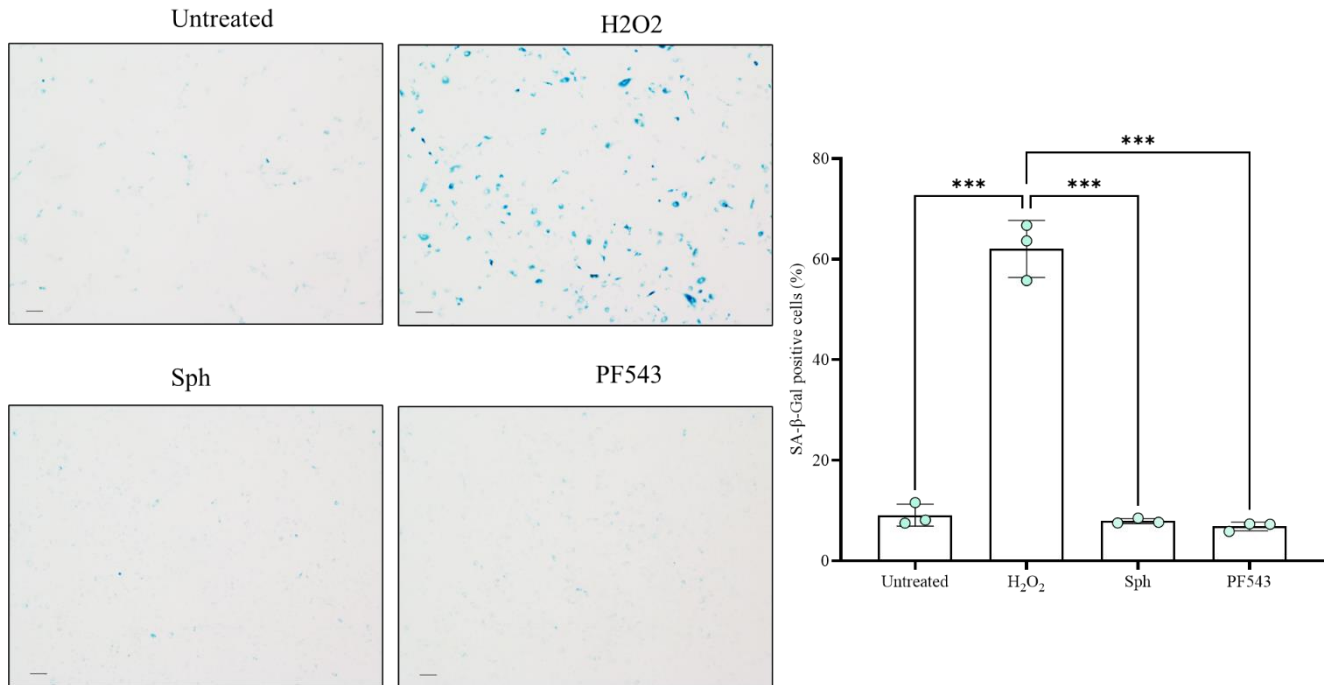


Figure 4.11 PF-543 or sphingosine alone cannot induce EC senescence (A) HUVECs

were treated with 2 μ M PF-543, 1 μ M sphingosine and 300 μ M H₂O₂ for 24 hr respectively.

SA- β -Gal staining was performed on day 7. Senescent cells were stained with blue colour.

Magnification: 400X; scale bar = 100 μ m. (B) Data was expressed as mean $\pm$ SD; n=3.

*** $p < 0.001$, compared to H₂O₂ group.

Chapter 5. Sphingosine promotes cell cycle arrest in H₂O₂-induced EC senescence

In the preceding chapter, I conducted a series of experiments to better understand how sphingolipids play a crucial role in controlling H₂O₂-induced senescence. After screening several sphingolipids and their metabolic enzyme inhibitors, I found that they may regulate H₂O₂-induced senescence positively or negatively. Based on the results of Chapter 3, sphingosine drives H₂O₂-induced EC senescence, whereas the inhibition of ceramide and sphingosine synthesis inhibits H₂O₂-induced EC senescence. Therefore, the subsequent efforts will focus on the role of sphingosine and related metabolic network in the regulation of EC senescence.

5.1 Sphingolipid regulation exhibits marginal impacts on cell viability in HUVECs

Sphingolipids, particularly ceramide, sphingosine and S1P, are implicated in the regulation of cell viability(189). Thus, initial treatment of HUVECs with these sphingolipids and their metabolic enzyme inhibitors might alter cell viability, contributing to the changes in cellular senescence.

To determine whether sphingolipid regulation affected the senescence outcomes through their cytotoxic or cytoprotective effects, I examined cell viability after the treatment of the related compounds in the absence or presence of H₂O₂. Please note, to simulate the condition in SA- β -Gal staining, I withdrew these treatments after 24 hr, leaving cells being maintained in treatment-free condition for up to 72 hr. Here I mainly focused on FB1, ARN14974 and sphingosine, as they caused the most significant changes in cellular senescence, as shown in Chapter 3.

Firstly, I treated HUVECs with sphingolipid-related compounds for 24 hr, 48 hr and 72 hr in the absence of H₂O₂. Among all treatments, only FB1 (ceramide synthase inhibitor) slightly reduced the percentage of viable cell number by 16.3% and 12.4% at 24 hr and 48 hr, respectively (Figure 5.1). When treated for 72 hr, C6-ceramide, FB1 and K145 (SphK2 inhibitor) marginally reduced cell viability by 11.8%, 15.3% and 10.1%, respectively (Figure 5.1). In contrast, treatment with sphingosine or ARN14974 did not affect cell

viability (Figure 5.1). These results indicate that sphingolipid regulation had minor impacts on cell viability in HUVECs. My findings also rule out the possibility that sphingosine promoted, whereas FB1 and ARN14974 inhibited, EC senescence via cell viability regulation.

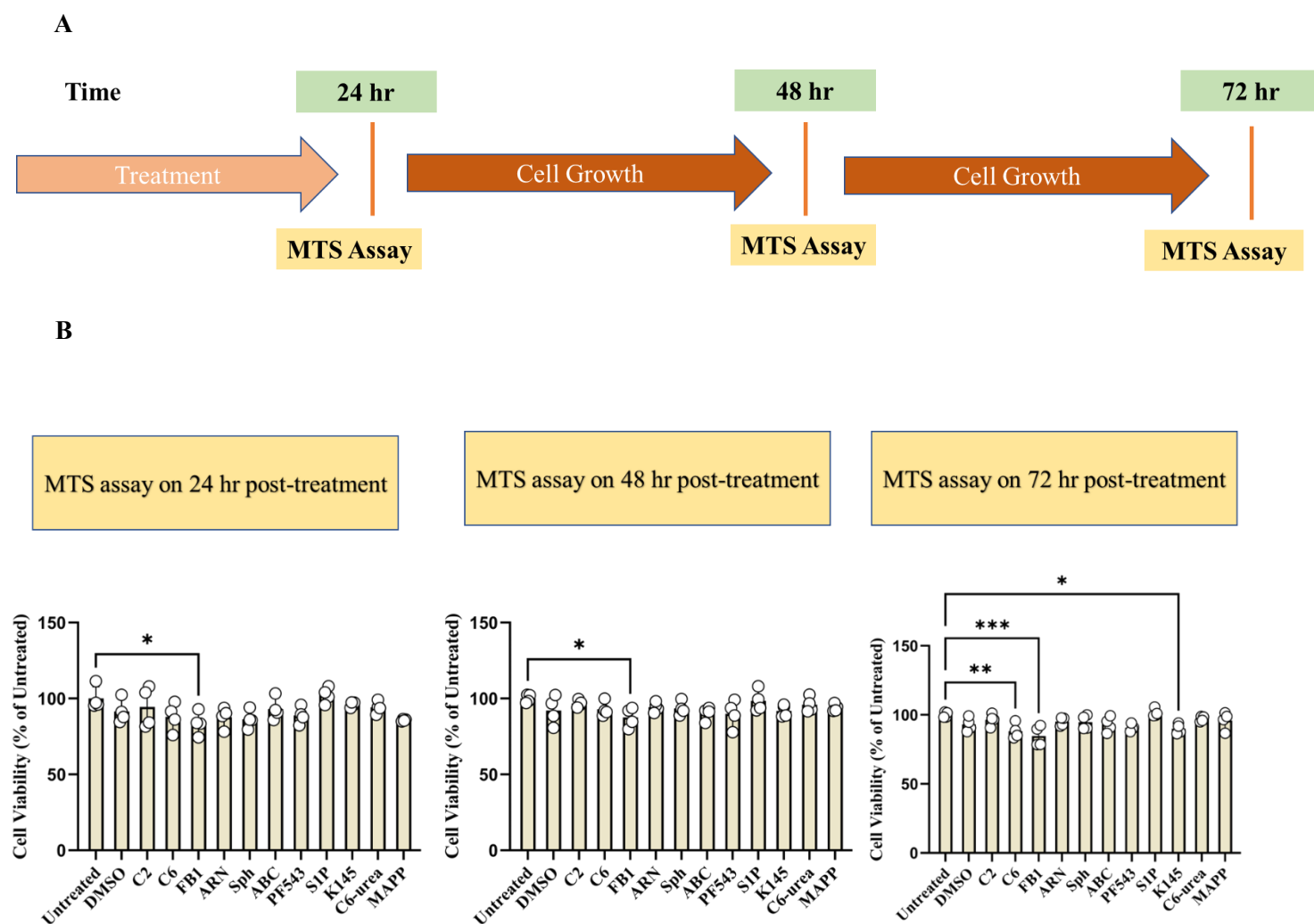


Figure 5.1 Sphingolipid regulation exhibits marginal impacts on cell viability in HUVECs. (A) Treatment timeline of MTS assay. HUVECs were treated with certain sphingolipid-related compounds for 24 hr, 0.1% DMSO, 2 μ M C2 ceramide, 2 μ M C6 ceramide, 10 μ M FB1, 10 μ M ARN14974, 1 μ M sphingosine, 10 μ M ABC294640, 2 μ M PF-543, 10 μ M K145, 10 μ M C6-urea-cer, 10 μ M D-erythro-MAPP. The percentage of cell viability was determined by MTS assay at the indicated time point. (B) Data are expressed as mean $\pm$ SD; n=4. * p < 0.05; ** p < 0.01; *** p < 0.001; versus untreated.

5.2 Sphingolipid regulation exhibits marginal impacts on cell viability in H₂O₂-treated HUVECs

Next, I examined whether they affected cell viability under H₂O₂-induced oxidative stress. I chose the treatment schedule as that used in SA- β -Gal staining. In brief, I pre-treated HUVECs with sphingolipid-related compounds for 24 hr. After withdrawing these compounds, H₂O₂ was introduced for 24 hr. When H₂O₂ was withdrawn, the 24-hr cell viability was determined (Figure 5.2). Subsequently, cells were maintained in the absence of any treatments, until the 72-hr cell viability assay was carried out (Figure 5.2). At both cell viability assays, H₂O₂ induced 14.8% and 15.4% declines in cell viability, respectively (Figure 5.2). Pre-treatment with S1P protected cells from H₂O₂-induced cytotoxicity at 72 hr but not 24 hr (Figure 5.2). This data confirms the pro-cytoprotective roles of S1P. However, it also suggests this protection was not only effective when H₂O₂ was withdrawn. In contrast, despite their impacts on cellular senescence, FB1, ARN14974 and sphingosine did not affect cell viability in H₂O₂-treated HUVECs, uncoupling these two cellular events.

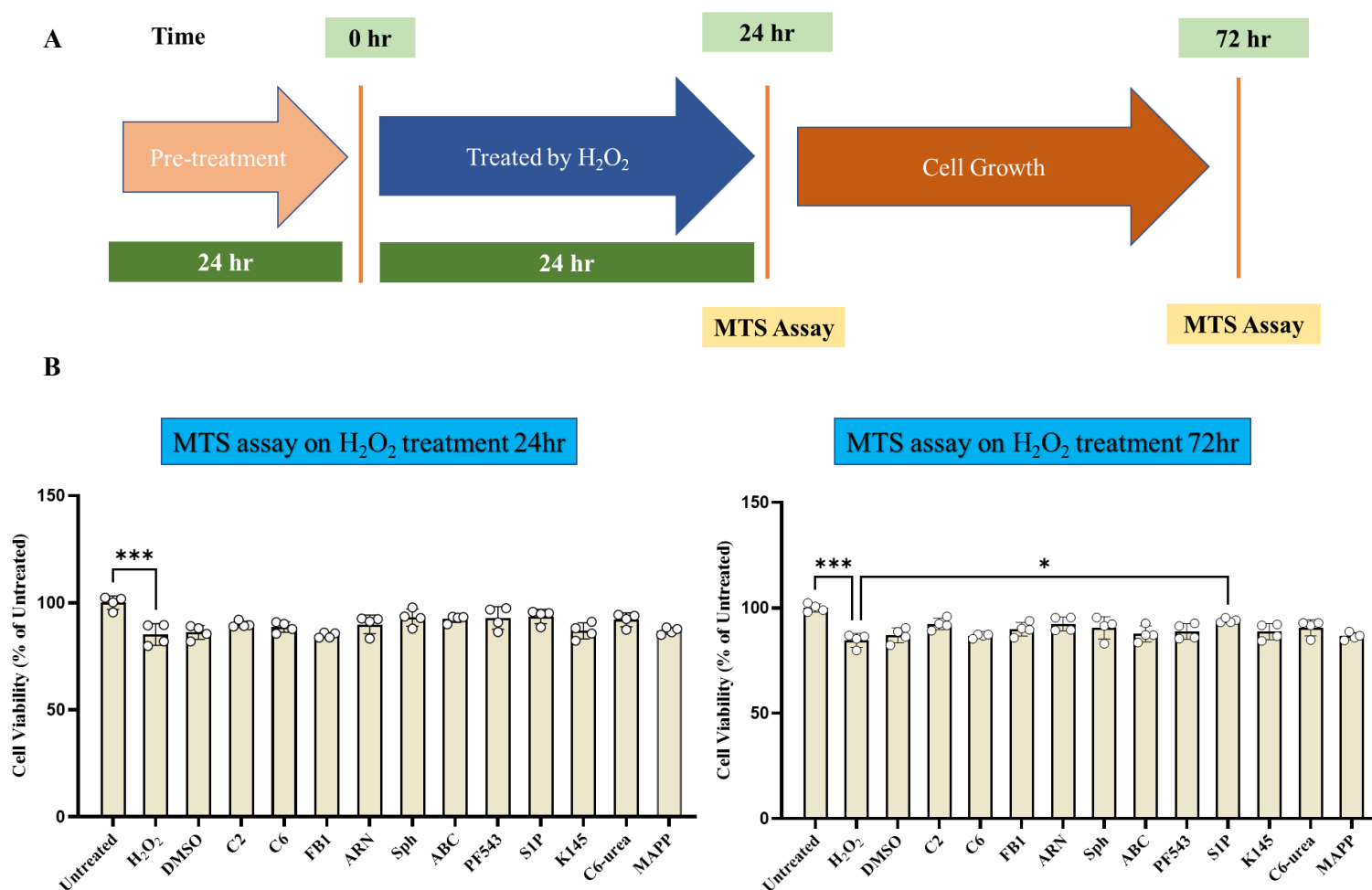


Figure 5.2 Sphingolipid regulation exhibits marginal impacts on cell viability in H_2O_2 -treated HUVECs. (A) Treatment timeline of MTS assay. HUVECs were pre-treated with certain sphingolipid-related compounds for 24 hr, then treated with 300 μM H_2O_2 to induce senescence. The percentage of cell viability was determined by MTS assay at the indicated time point. (B) Data are expressed as mean $\pm$ SD; $n=4$. * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$; versus H_2O_2 group.

5.3 Effects of sphingosine on cell cycle regulators at the senescence initiation phase

Cellular senescence is a state of permanent cell cycle arrest(18). Any changes in cell cycle progression at the senescence initiation phase would alter the senescence outcome. I identified that sphingosine promoted H₂O₂-induced senescence in HUVECs, as demonstrated using FB1, ARN14974, sphingosine and PF-543 treatments (Figure 5.3). Thus, I first interrogated whether sphingosine pre-treatment caused cell cycle arrest, favouring H₂O₂-induced senescence initiation. To this end, I pre-treated HUVECs with sphingosine, followed by H₂O₂ treatment and examined the changes in senescence-associated cell cycle markers, including p21, acetyl-p53 and p-Rb. Acetyl-p53 levels were transiently elevated at 4 hr and 8 hr post-H₂O₂ treatment, but it returned to the baseline at 24 hr (Figure 5.3), indicating a transient induction of stress response that was associated with cell cycle arrest and senescence initiation (Figure 5.3). Meanwhile, H₂O₂ markedly upregulated p21 levels but reduced p-Rb levels as early as 4 hr, indicative of suppression of cell cycle progression (Figure 5.3). Pre-treatment with sphingosine for 24 hr did not change the baseline levels of p21, acetyl-p53 and p-Rb (as shown as 0 hr in Figure 5.3). This means that sphingosine did not induce cell cycle arrest prior to H₂O₂ treatment (Figure 5.3). When cells were treated with H₂O₂ for 24 hr, sphingosine pre-treatment caused an additional increase in p21 levels, which supports the notion that sphingosine pre-treatment potentiated HUVEC's susceptibility to H₂O₂-induced senescence. However, the overall

impact of sphingosine on the cell cycle at the senescence initiation phase was not pronounced, which could not explain its pro-senescence effects observed by SA- β -Gal staining at day 7.

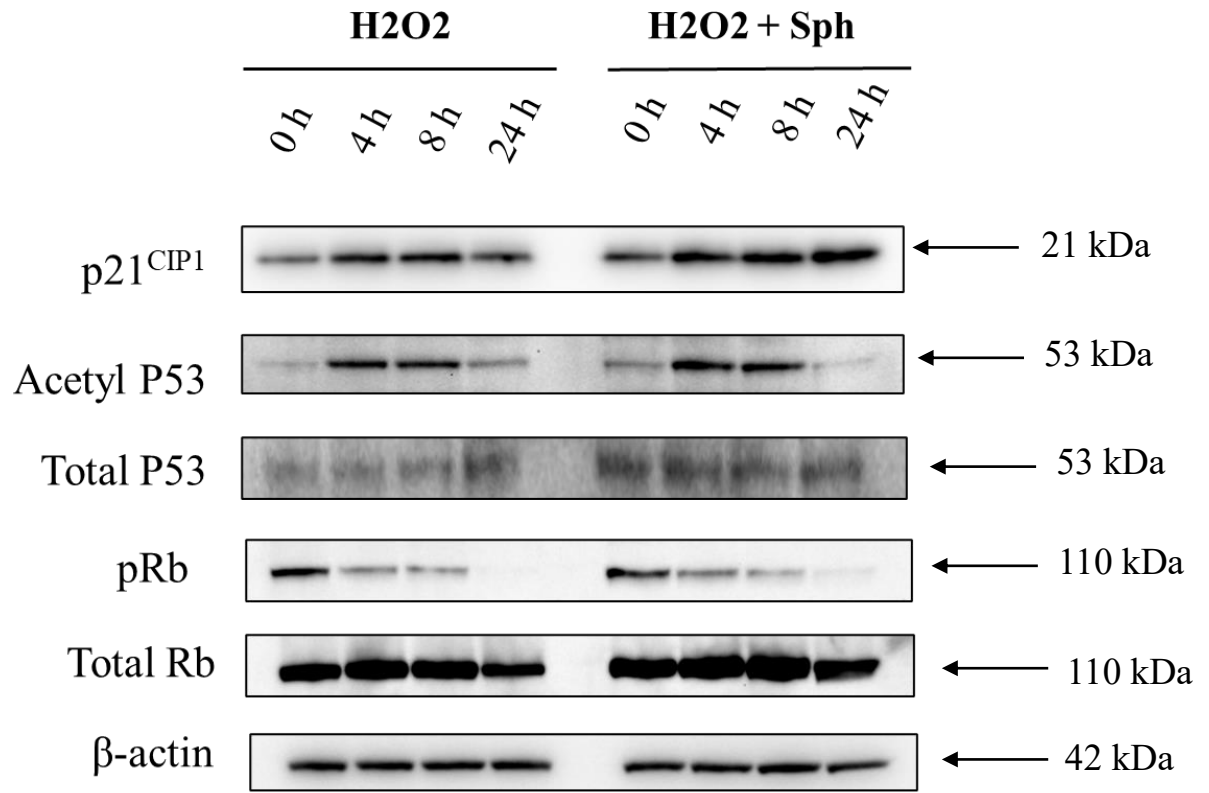


Figure 5.3 Effects of sphingosine on cell cycle regulators at senescence initiation phase.

HUVECs were pre-treated with 1 μ M sphingosine for 24 hr, prior to exposure to 300 μ M H₂O₂ for 24 hr. Cell lysates were subjected to western blotting to analyse expression levels of the indicated proteins.

5.4 Effects of acid ceramidase inhibitor ARN14974 on cell cycle regulators at the senescence initiation phase

In Chapter 3, I found that expression of acid ceramidase *ASAH1* was increased in senescent HUVECs (Figure 4.4), and inhibition of ASAH1 by ARN14974 significantly suppressed EC senescence (Figure 4.7). Therefore, I interrogated whether ARN14974 protected HUVECs from H₂O₂-induced cell cycle arrest, contributing to its blockade of senescence development. Compared with H₂O₂ single treatment, ARN14974 pre-treatment caused a delayed upregulation of p21, reduced acetylation of p53 and a partial recovery of p-Rb level (Figure 5.4). Similar to sphingosine, the overall impacts of ARN14974 on the cell cycle were not dramatic. However, its effects on acetyl-p53 indicate an alleviated stress response to H₂O₂, which warrants further attention.

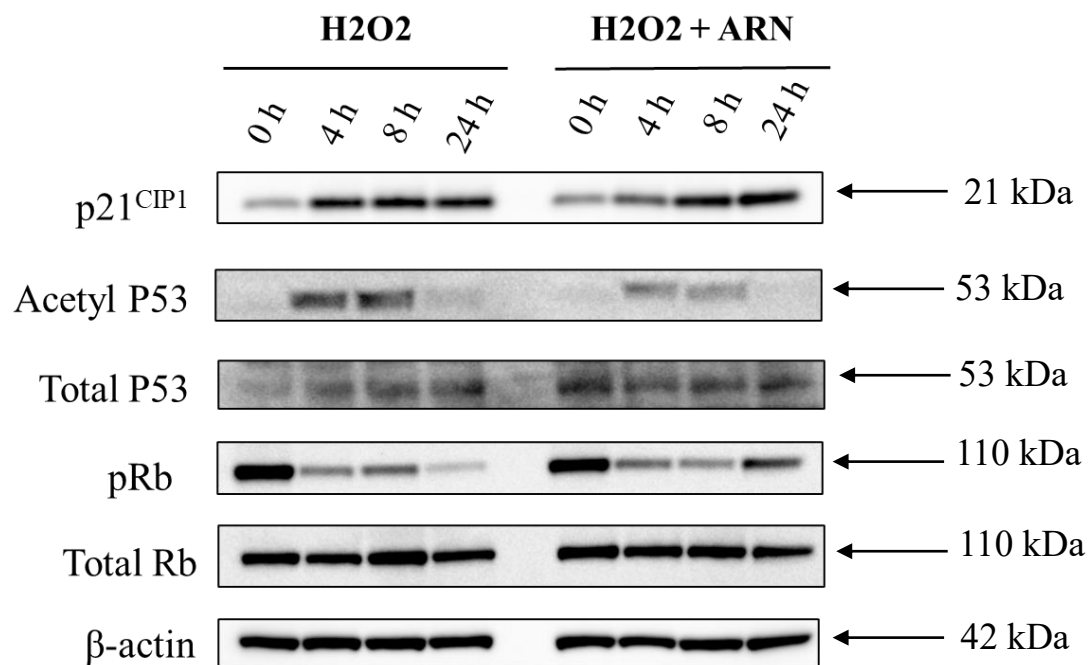


Figure 5.4 Effects of acid ceramidase inhibitor ARN14974 on cell cycle regulators at senescence initiation phase. HUVECs were pre-treated with 10 μ M ARN14974 for 24 hr, prior to expose in 300 μ M H₂O₂ for 24 hr. Cell lysates were subjected to western blotting to analyses expression levels of the indicated proteins.

5.5 Effects of ceramide synthase inhibitor FB1 on cell cycle regulators at the senescence initiation phase

In Chapter 3, I also found that inhibition of ceramide synthase by FB1 significantly suppressed EC senescence (Figure 4.7). Therefore, I also examined whether FB1 protected HUVECs from H₂O₂-induced cell cycle arrest, contributing to its blockade of senescence development. Compared with H₂O₂ single treatment, FB1 pre-treatment caused a dramatic reduction in p21 levels at all time points (Figure 5.5). This, together with the additional p21 upregulation after sphingosine treatment and delayed p21 elevation after ARN14974 treatment, suggests that sphingosine might slightly suppress cell cycle progression. Meanwhile, the effects of FB1 were much stronger than the other two treatments. Considering the major difference between these compounds is FB1, but not the other two can reduce cellular ceramide levels, this data suggests a critical role of ceramide in the regulation of the cell cycle. In addition, in line with ARN14974 treatment, FB1 also profoundly reduced acetyl-p53 levels (Figure 5.5). As both compounds inhibited sphingosine production, this result indicates that sphingosine but not ceramide was more important in mitigating stress in response to H₂O₂ treatment. In contrast, FB1 failed to reserve p-Rb levels in the presence of H₂O₂. In sum, FB1 exhibited protective effects against H₂O₂-induced cell cycle arrest via modulating the p53/p21 axis.

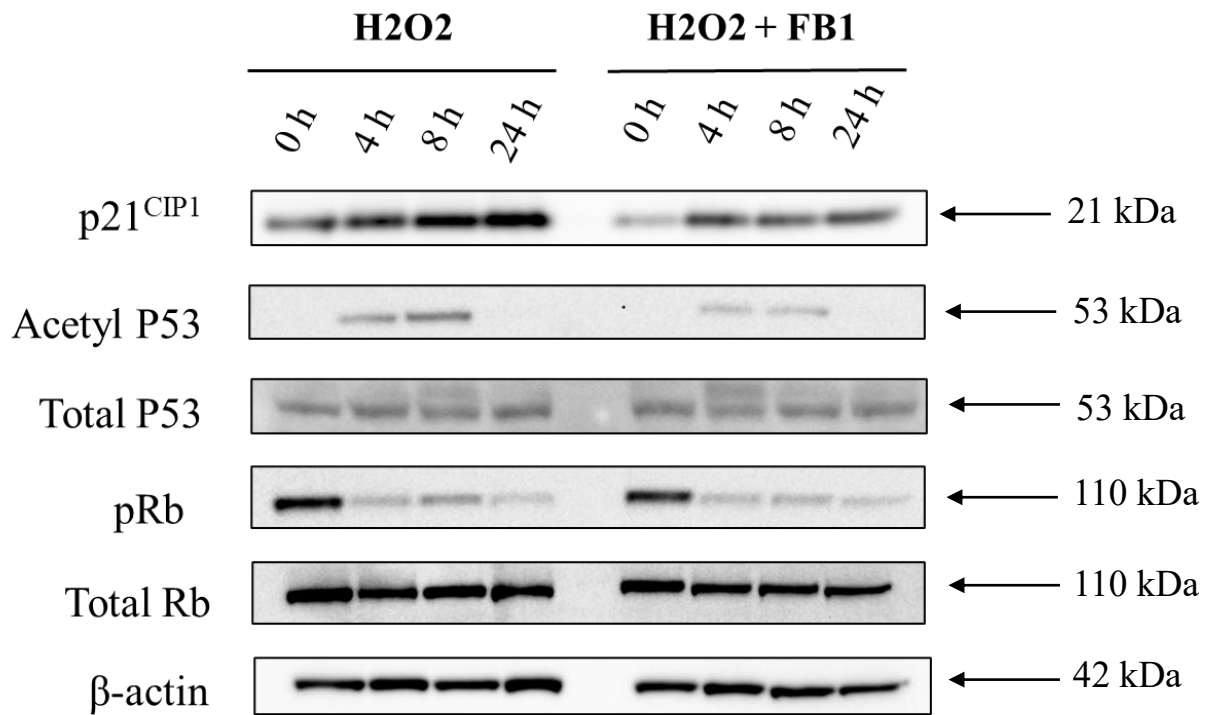


Figure 5.5 Effects of ceramide synthase inhibitor FB1 on cell cycle regulators at senescence initiation phase. HUVECs were pre-treated with 10 μ M FB1 for 24 hr, prior to exposure to 300 μ M H₂O₂ for 24 hr. Cell lysates were subjected to western blotting to analyse expression levels of the indicated proteins.

5.6 Sphingosine promotes cell cycle arrest associated with the establishment of senescence

Having demonstrated that sphingosine exhibited minor impacts on cell cycle regulators at the senescence initiation phase, I further examined whether it promoted cell cycle arrest at day 7 post-H₂O₂ treatment when cellular senescence was established. As acetyl-p53 only transiently elevated at 4 hr and 8 hr after the H₂O₂ challenge, I examined p21 and p-Rb levels in the following experiments on day 7. Consistent with Figure 4.3, sphingosine pre-treatment did not significantly alter p21 and p-Rb levels prior to H₂O₂ treatment (day 0) (Figure 5.6). In H₂O₂-treated HUVECs, p21 levels were upregulated by 2.7-fold, which was aligned with a pronounced senescence phenotype (Figure 5.6). In comparison, pre-treatment with sphingosine caused a 3.5-fold increase in p21 levels, which was significantly higher than H₂O₂ alone (Figure 5.6). In addition, at day 7, H₂O₂ reduced p-Rb levels to 32%, while sphingosine pre-treatment further lowered it to 11% of the untreated group (Figure 5.6). These data together indicate that sphingosine pre-treatment further impaired cell cycle progression at day 7 post-H₂O₂ treatment, confirming its impacts on cellular senescence.

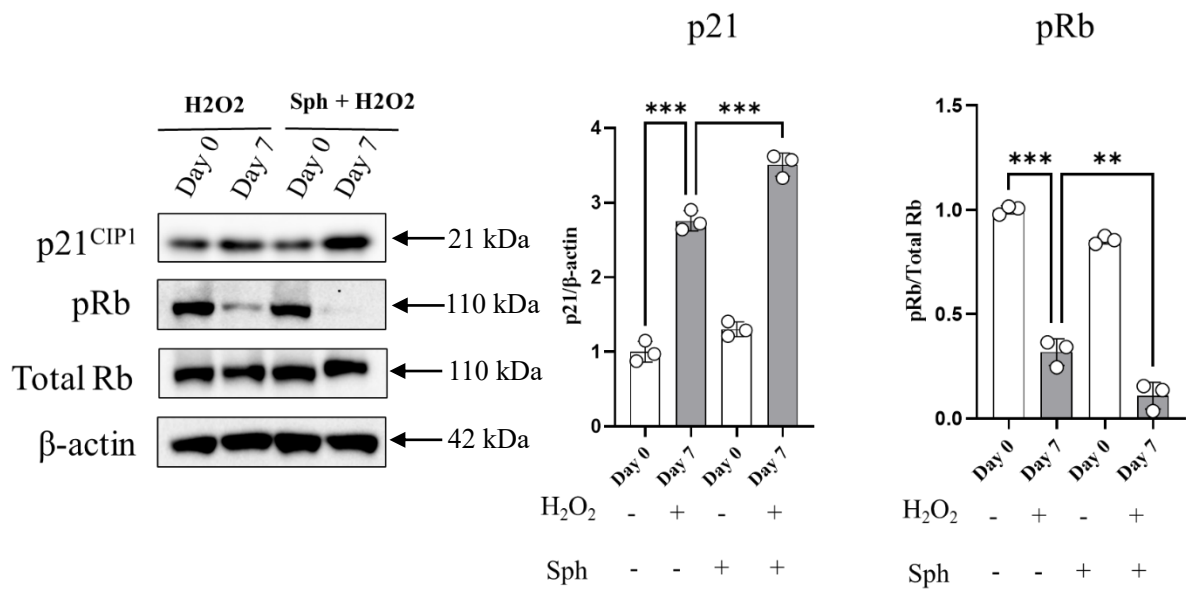


Figure 5.6 Sphingosine promotes cell cycle arrest associated with the establishment of senescence. (A) HUVECs were pre-treated with 1 μ M sphingosine for 24 hr, prior to expose in 300 μ M for H₂O₂ 24 hr. Western blotting analyses of the indicated proteins at day 7. (B) Proteins expression levels of p21 and phosphorylated Rb were quantified; n=3. Data are expressed as mean $\pm$ SD. ** $p < 0.01$; *** $p < 0.001$; versus H₂O₂ day 7 group.

5.7 Acid ceramidase inhibitor ARN14974 promotes cell cycle progression and mitigates senescence

I examined whether ARN14974 improved cell cycle arrest at day 7 post-H₂O₂ treatment when cellular senescence was inhibited. Consistent with Figure 4.4, ARN14974 pre-treatment did not significantly alter p21 and p-Rb levels prior to H₂O₂ treatment (day 0) (Figure 5.7). In H₂O₂-treated HUVECs, p21 levels were upregulated by 2.6-fold, which was highly consistent with what I found in other experiments (Figure 5.6). In contrast, pre-treatment with ARN14974 only caused a 1.4-fold increase in p21 levels, which was significantly lower than H₂O₂ alone (Figure 5.7). In addition, at day 7, H₂O₂ reduced p-Rb levels to 28%, whereas ARN14974 pre-treatment restored it to 79% of the untreated group (Figure 5.7). These data together indicate that ARN14974 pre-treatment profoundly restored cell cycle progression at day 7 post- H₂O₂ treatment, which aligned with its impacts on cellular senescence inhibition.

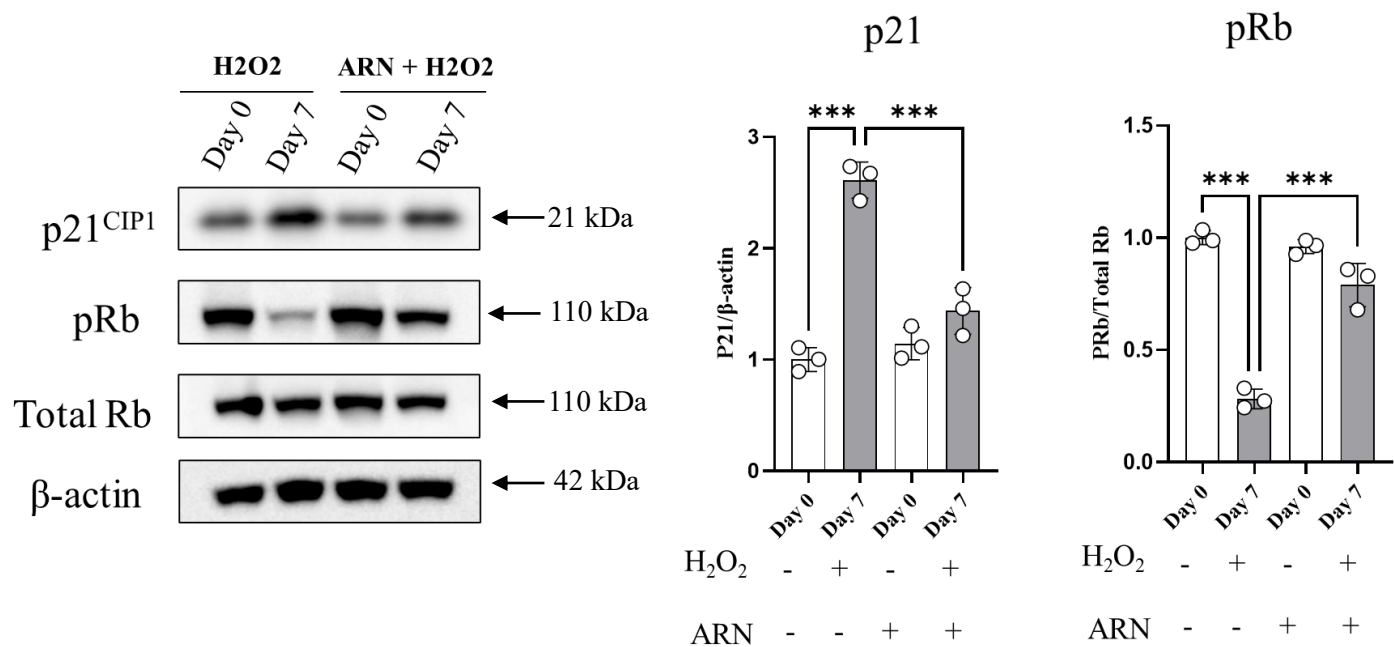


Figure 5.7 Acid ceramidase inhibitor ARN14974 promotes cell cycle progression and mitigates senescence. (A) HUVECs were pre-treated with 10 μ M ARN14974 for 24 hr, prior to exposure to 300 μ M of H₂O₂ for 24 hr. Western blotting analyses of the indicated proteins at day 7. (B) Proteins expression levels of p21 and phosphorylated Rb were quantified; n=3. Data are expressed as mean $\pm$ SD. *** $p < 0.001$; versus H₂O₂ day 7 group.

5.8 Ceramide synthase inhibitor FB1 restores cell cycle progression associated with its blockade of senescence

Last, I examined whether FB1 improved cell cycle arrest at day 7 post-H₂O₂ treatment when cellular senescence was inhibited. In H₂O₂-treated HUVECs, p21 levels were upregulated by 2.8-fold. In contrast, pre-treatment with FB1 caused a 1.4-fold increase in p21 levels, which was significantly lower than H₂O₂ alone (Figure 5.8). In addition, at day 7, H₂O₂ reduced p-Rb levels to 26%, whereas FB1 pre-treatment restored it to 77% of the untreated group (Figure 5.8). These data together indicate that FB1 pre-treatment profoundly restored cell cycle progression at day 7 post-H₂O₂ treatment, which aligned with its impacts on cellular senescence inhibition.

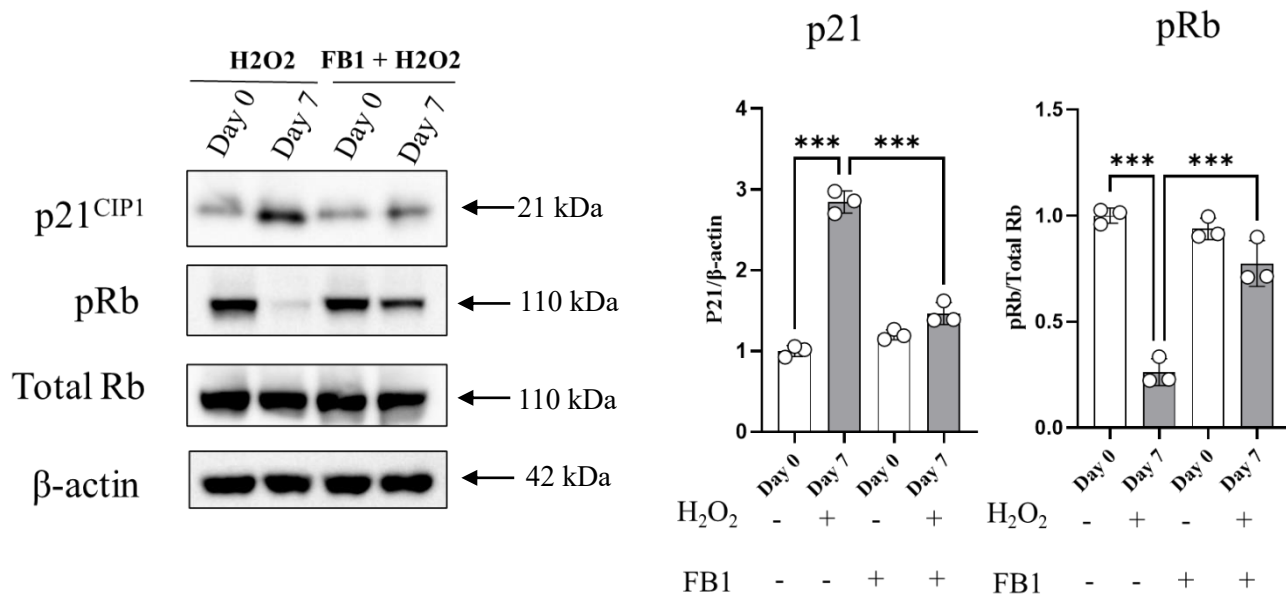


Figure 5.8 Ceramide synthase inhibitor FB1 restores cell cycle progression associated with its blockade of senescence. (A) HUVECs were pre-treated with 10 μ M FB1 for 24 hr, prior to exposure to 300 μ M H₂O₂ for 24 hr. Western blotting analyses of the indicated proteins at day 7. (B) Proteins expression levels of p21 and phosphorylated Rb were quantified; n=3. Data are expressed as mean $\pm$ SD. *** $p < 0.001$; versus H₂O₂ day 7 group.

Chapter 5. Discussion

The endothelium is the interior lining of blood vessels, while ECs line the blood vessels interior. They are crucial for maintaining vascular homeostasis and regulating cardiovascular health (11). Within the context of normal vascular homeostasis, the functional endothelium exhibits the capacity to generate a diverse array of substances that govern vascular tone, cellular adhesion, thromboresistance, smooth muscle cell proliferation, and inflammation within the vessel wall, responding to both physical and chemical stimuli (381). The initial recognition of the endothelium's influence on vascular tone served as a catalyst for further study into its significance (381). Numerous vasoactive molecules are synthesized and secreted by the endothelium, thereby facilitating either vasodilation or vasoconstriction, while also responding to and modulating the effects of circulating vasoactive mediators such as bradykinin and thrombin (381). Additionally, endothelial cells play a critical role in angiogenesis, a fundamental process involved in blood vessel formation during embryonic development, growth, corpus luteum and endometrial production, regeneration, and wound healing (382). The process of endothelial ageing, however, can exert an impact on vascular function through various mechanisms, including diminished nitric oxide production, heightened oxidative stress, altered inflammatory responses, and compromised integrity of the endothelial barrier (11). It is worth noting that endothelial dysfunction represents a hallmark feature of numerous

cardiovascular conditions, such as atherosclerosis, hypertension, and vascular ageing (4). By disrupting multiple signaling pathways and impairing endothelial functions, senescent endothelial cells may actively participate in the initiation and progression of these pathological states (4). Therefore, comprehending the phenomenon of endothelial cell senescence assumes paramount importance in elucidating the underlying mechanisms that contribute to vascular dysfunction and its associated diseases (4).

HUVECs present a more faithful representation of human endothelial cell behavior in comparison to cell lines, rendering them a more dependable option for studying EC-related phenomena. Notably, the in vitro HUVEC model is frequently employed to scrutinize characteristics of the vascular endothelium and the cellular mechanisms underlying endothelial function (383). The accessibility of HUVECs is facilitated by their isolation from the umbilical cord (384). To explore the physiological and pathological ramifications of diverse stimuli, the HUVEC model can be employed either in isolation or in conjunction with other cell types, such as leukocytes and smooth muscle cells (385).

In contrast to replicative senescence, which is expedited by telomere attrition, premature senescence in HUVECs can be instigated by diverse stressors, including oxidative damage, oncogene activation, or UV irradiation (74, 386). It is worth noting that H₂O₂, a well-established approach for inducing oxidative stress and eliciting premature senescence-like characteristics in endothelial cells, has been extensively utilized in numerous studies (80,

387, 388). In a specific study, HUVECs were exposed to varying concentrations of H₂O₂ for a duration of 24 hours. The results demonstrated a dose-dependent escalation in the proportion of cells exhibiting positive staining for senescence-associated β -galactosidase (SA- β -gal) subsequent to H₂O₂ treatment (81). The percentage of positively stained cells reached approximately 40% for a concentration of 200 μ M H₂O₂ and 50% for 400 μ M H₂O₂ (81). Similarly, another study observed that a 2-hour treatment of H₂O₂ (200 μ M) in HUVECs also led to an increase in the percentage of SA- β -gal staining positive cells, reaching approximately 50% at 3 days post-treatment (389). Furthermore, a separate study reported that the induction of premature senescence in HUVECs could be achieved by treating the cells with H₂O₂ at concentrations of 0, 25, 50, and 100 μ M for a duration of 6 days, as evidenced by the escalating proportion of SA- β -gal staining positive cells (388). In another study, HUVECs were subjected to treatments of 10 μ M and 100 μ M H₂O₂ for a duration of 2 hours, followed by incubation in fresh HUVECs medium for either 24 or 48 hours. This experimental condition was found to induce senescence, as evidenced by the presence of positive SA- β -gal staining (390). Additionally, treatment with 75 μ M H₂O₂ for 4 consecutive days, with daily medium changes, resulted in a 4.1-fold increase in the proportion of SA- β -Gal positive HUVECs compared to the control group (391). In a separate study, HUVECs were exposed to various concentrations of H₂O₂ (20, 40, 60, 80, and 100 μ M) for a duration of 1 hour, followed by a 24-hour culture period. The objective was to evaluate the senescence-inducing potential of H₂O₂. The findings demonstrated that

HUVEC senescence could be effectively induced with a treatment of 60 $\mu\text{mol/L}$ H_2O_2 , as confirmed by SA- β -gal staining, which exhibited an approximate 50% increase in positive staining (80). Moreover, another study also reported that treating HUVECs with 60 μM H_2O_2 for 1 hour, followed by a 24-hour culture period, resulted in an approximately 60% increase in the proportion of SA- β -Gal positive cells (392).

Based on the available literature, the senescence model was established by subjecting HUVECs to a 24-hour treatment of 300 μM H_2O_2 . Subsequently, SA- β -gal staining was conducted at 7 days post-treatment, revealing that the proportion of cells exhibiting positive SA- β -gal staining reached 58% following H_2O_2 treatment alone (Figure 4.7, Figure 4.8, Figure 4.10), consistent with findings reported in other studies. It is important to note that the experiments described in sections 4.6, 4.7, and 4.8 were conducted collectively. To facilitate comprehension of the results, these findings were divided into three distinct groups. Therefore, these three groups shared the same untreated control group and H_2O_2 treatment alone group.

Following the establishment of the senescence model, the objective was to investigate the temporal dynamics of EC senescence and identify the optimal time point. To achieve this, HUVECs were exposed to varying durations of 300 μM H_2O_2 treatment, ranging from 4 hours to 7 days (Figure 4.1 A). Notably, a previous study demonstrated that even at a low dose of 25 μM H_2O_2 treatment for just 1 hour, an upregulation of p21 levels and increased

SA- β -gal-positive cells were observed in HUVECs (393). Additionally, another research group treated HUVECs with 200 μ M H₂O₂ for 2 hours and measured the p21 levels on day 3, revealing a significant increase (389). Consistent with these findings, the finding of this study revealed a 2.6-fold increase in p21 protein levels as early as 4 hours post H₂O₂ treatment, peaking at 3.5-fold after 24 hours, followed by a 3-fold rise on the third 3 and a 3.2-fold increase on the seventh day (Figure 4.1).

Recently, a report has indicated an association between the induction of senescence and the DNA damage response (DDR), suggesting that the presence of DDR may directly facilitate the acetylation of p53 (126). Additionally, the acetylation of p53 has been found to promote the activation of growth-suppressive genes and initiate cellular senescence (394). Notably, a study demonstrated that treating HUVECs with 100 μ M H₂O₂ for six consecutive days resulted in an upregulation of acetylated p53 levels on day 6. In contrast, my findings revealed a transient increase in acetyl p53 levels at both 4 hours and 8 hours after a 24-hour treatment, followed by a decrease below the levels observed in the untreated group on day 1, day 3, and day 7 (Figure 4.1). Additionally, a previous study has demonstrated that the administration of 200 μ M H₂O₂ for a duration of 2 hours leads to a notable reduction in the phosphorylated Rb level on day 3 (389). Consistent with these findings, my results indicate a significant decrease in p-Rb levels following H₂O₂ treatment. Specifically, the p-Rb level exhibited a decline as early as 4 hours, reaching 41% of the

untreated level, and subsequently reached its lowest point at 24 hours, corresponding to 10%. The expression level of p-Rb was further reduced to 13% on day 3 and 28% on day 7 (Figure 4.1). In conclusion, the results of my study reveal that the treatment of HUVECs with 300 μ M H₂O₂ induces time-dependent alterations in cell cycle-related proteins. These findings provide valuable insights for determining the appropriate time points for conducting further tests on anti-senescence compounds.

To investigate the role of sphingolipids in EC senescence, an analysis was conducted on the expression of genes encoding sphingolipid enzymes, including ceramide synthases, ceramidase, and sphingosine kinase, in normal HUVECs using qRT-PCR (Figure 4.2). It is worth noting that the localization of these enzymes involved in sphingolipid metabolism may differ depending on their specific tissue distribution. A previous study appraised the expression of ceramide synthases in human lung microvascular endothelial cells and found that C24- and C16-ceramides were notably abundant in the lung, indicating the high expression of their respective synthetic enzymes, *CERS2* and *CERS5*. Conversely, the low expression levels of ceramide synthases *CERS1*, *CERS3*, and *CERS4* in HUVECs may be attributed to their predominant expression in specific tissues, e.g., the brain, skeletal muscle, skin, kidney, and breast (244). In this study, it was also observed that *CERS2*, responsible for the production of very long-chain ceramides (C22-C24 ceramides), exhibited high expression, while *CERS5* and *CERS6*, involved in the synthesis of C16 ceramides, showed

moderate expression (Figure 4.2). The remaining ceramide synthases displayed low expression levels.

According to previous studies, *ASAH1*, also known as acid ceramidase, demonstrates widespread expression across different tissues, with notably high expression levels observed in the heart and kidney. It is also expressed to a lesser extent in the placenta, lung, and skeletal muscle (395). In line with these findings, this study revealed that *ASAH1* was the primary ceramidase, exhibiting the highest abundance among all the examined ceramidases. Following *ASAH1*, *ACER3* displayed the next highest relative abundance (Figure 4.2).

In contrast, the detectability of *ASAH2* and *ACER1* remained elusive even after subjecting the PCR process to a maximum of 40 cycles, as evidenced by the utilization of two distinct primer sets (Figure 4.2). The expression pattern of *ASAH2*, a neutral ceramidase, exhibits prominence in the kidneys, liver, small intestines, and colon, while displaying relatively lower levels in the brain, lung, and heart (395). Conversely, *ACER1* demonstrates predominant expression within the epidermal keratinocytes of the skin (295), which may account for their absence in normal HUVECs. Additionally, during the present research of *SPHK1* and *SPHK2*, it was determined that *SPHK1* serves as the primary isoform of sphingosine kinase expressed in normal HUVECs (Figure 4.2). Notably, a study has reported the presence of SphK1 in rat brain endothelial cells (396). Moreover, research has

demonstrated that the overexpression of SphK-1 results in heightened release of SphK activity, thereby promoting angiogenesis and vascular maturation (397). Additionally, another study has provided evidence that the suppression of *SPHK1* expression significantly impedes the proliferation of HUVECs (398). These findings corroborate the observations made, indicating the presence of *SPHK1* in endothelial cells.

Previous studies have also demonstrated the involvement of sphingolipids, specifically ceramide, sphingosine, and S1P, in various cellular processes, including signal transduction, cell proliferation, cell death, cell migration, and inflammation (399). Conversely, cellular senescence is a multifaceted process characterized by sequential steps, wherein cells cease their division, followed by the recruitment of immune cells by tissues to eliminate senescent cells, thereby facilitating tissue regeneration (400, 401). Recent research has elucidated the significance of sphingolipids and their role in the regulation of cellular senescence (227). Therefore, a study was conducted to examine the impact of sphingolipid enzymes on H₂O₂ -induced senescence through the utilization of qRT-PCR and SA- β -Gal staining.

In a study, it was discovered that p53 specifically stimulates the synthesis of ceramide by activating CERS5 (263). Notably, the tumor suppressor p53 plays a crucial role in the regulation of the cell cycle and cellular senescence. CERS5 may be implicated in the cellular processes induced by p53. During the investigation of ceramide synthase in

senescent HUVECs on day 3 and day 7, no noticeable change in the expression level of CERS2, the most abundant isoform, was observed (Figure 4.3). However, relatively abundant isoforms, namely *CERS5* and *CERS6*, exhibited a slight change of approximately 26% at specific stages of senescence progression, suggesting their potential involvement in H₂O₂-induced senescence (Figure 4.3). Conversely, *CERS3* and *CERS4*, which are less abundant isoforms, demonstrated a more pronounced increase in EC senescence (Figure 4.3). Nevertheless, despite this upregulation, these isoforms were present in extremely low abundance, as depicted in Figure 3.2. Therefore, it was concluded that the extent of gene upregulation in *CERS3* and *CERS4* was unlikely to have a significant impact on ceramide production and composition.

Experimental data demonstrates a decline in the protein levels of p53, p21, and p16, which are well-established markers of cellular senescence, in pre-senescent human fibroblasts upon the silencing of *ASAH1* (284). Temporal analysis revealed an increase in *ASAH1* mRNA levels during senescence progression, consistent with previous studies. Similarly, the expression level of *ACER2* exhibited a similar trend (Figure 4.4). However, considering the 21-fold higher abundance of *ASAH1* mRNA compared to *ACER2* (Figure 4.2), these findings suggest that the conversion of ceramide to sphingosine mediated by *ASAH1*, rather than *ACER2*, may play a more significant role in EC senescence.

The SphK/S1P system was widely appraised in studies and shown to be critical in various cellular functions, such as cell motility, proliferation, cell growth, survival, and response to stress (402). Moreover, emerging evidence suggests that the SphK/S1P axis is critical in the development and functioning of the cardiovascular system (402, 403). Activation of the SphK/S1P- S1P receptor (S1PR) system has demonstrated protective effects on both the heart and the vasculature (402, 403, 404). In this study of mRNA expression, I observed that the predominant isoform of sphingosine kinase, *SPHK1*, remained unaltered in EC senescence (Figure 4.5). However, the less abundant isoform, *SPHK2*, exhibited a 1.4-fold increase in early senescent HUVECs (Figure 4.5). Considering their abundance in normal HUVECs (Figure 4.2), these findings suggest that the rate of *SPHK*-mediated S1P production from sphingosine may not undergo significant changes in EC senescence.

According to previous studies, FB1 has been identified as a non-isoform selective inhibitor of ceramide synthase, and its application has been observed in various cell lines, particularly endothelial cells (405, 406). By impeding the de novo synthesis of ceramide, this pharmacological inhibitor induces a decrease in the levels of ceramide, sphingosine, and S1P. Conversely, ARN14974 is a specific inhibitor that impedes the conversion of ceramide to sphingosine mediated by acid ceramidase, leading to an increase in ceramide levels and a decrease in sphingosine and S1P levels (303, 407). It has been documented that treatment with 10 μ M ARN14974 for 24 hours can effectively inhibit acid ceramidase

in hepatocytes, resulting in a reduction in sphingosine production (407). Following the administration of FB1 and ARN14974, a notable reduction in H₂O₂-induced EC senescence was observed (Figure 4.7). Conversely, treatment with the neutral ceramidase inhibitor C6-urea ceramide and the alkaline ceramidase inhibitor D-erythro-MAPP did not result in any significant changes in the percentage of senescent HUVECs. These findings align with the results presented in Figure 4.2, which demonstrate that acid ceramidase *ASAH1* is the primary isoform in normal HUVECs, as well as the findings in Figure 4.4, which indicate a substantial increase in *ASAH1* levels in senescent HUVECs.

The differed consequence observed in the treatment of FB1 and ARN14974 lies solely in the ceramide level. Nevertheless, the findings indicate that the progression of endothelial cell senescence is primarily influenced by the diminished levels of sphingosine and S1P, rather than alterations in ceramide levels. It is worth noting that previous studies have demonstrated a significant increase in endogenous ceramide levels in senescent WI-38 human diploid fibroblasts (HDF) (336). Therefore, an additional experiment was conducted wherein HUVECs were subjected to exogenous administration of ceramide, sphingosine, and S1P to determine their respective roles in the regulation of EC senescence.

The experimental results revealed that the administration of C2 ceramide and C6 ceramide did not yield a substantial impact on the advancement of EC senescence (Figure 4.8), thereby supporting the notion that ceramide does not contribute to the progression of EC

senescence. Intriguingly, the treatment of sphingosine has been noted to result in a remarkable rise in senescent cells (Figure 4.8). This finding, in conjunction with the data presented in Figure 4.7, underscores the crucial role played by sphingosine in facilitating the progression of EC senescence. Additionally, previous reports have indicated that S1P possesses the ability to promote cell proliferation, survival, migration, and differentiation (399). In line with these findings, this study revealed a drop in the proportion of senescent cells post the administration of exogenous S1P (Figure 4.8). This observation is consistent with the existing literature on the subject. However, even though it has been demonstrated in numerous studies that FB1 and ARN14974 can reduce endogenous S1P levels (277, 303, 408), it remains uncertain whether this decline in S1P is directly associated with the efficacy of these agents in combating senescence. It is essential to conduct a comprehensive sphingolipidomic assessment in further studies to examine the changes in the levels of endogenous S1P and other bioactive sphingolipids, such as sphingosine and ceramide, upon the treatment with these inhibitors.

The conversion of sphingosine into S1P can be impeded through pharmacological inhibition of sphingosine kinase. Notably, the highly selective SphK1 inhibitor PF-543 has exhibited significant efficacy in reducing S1P production by inhibiting sphingosine kinase in human whole blood, with an EC₅₀ of 26.7 nM (322). In the context of Human retinal endothelial cells, the SphK2 inhibitor ABC294640 has been employed at a concentration

of 10 µg/mL (409). Additionally, the SphK2 inhibitor K145 has demonstrated its ability to effectively inhibit SphK2 activity and reduce S1P levels in human leukemia U937 cells at a concentration of 10 µM (329). As for my study, upon pre-treating the cells with 2 µM PF-543, a notable increase in H₂O₂-induced senescence was observed (Figure 4.10), comparable to the impact observed with sphingosine treatment (Figure 4.8). In contrast, the inhibition of SphK2 by ABC294640 and K145 did not cause a significant alteration in the development of EC senescence (Figure 4.10). This finding further supports the notion that *SPHK1* is the primary isoform of sphingosine kinase in HUVECs (Figure 4.2). Additionally, a study has demonstrated that the overexpression of *SPHK1* in HUVECs promotes cell survival, highlighting the significance of SphK1 in endothelial cells (409).

Regarding the question as to whether sphingosine possesses direct senescence-inducing properties or if it modulates cellular susceptibility to H₂O₂-induced senescence, it is observed in this study that the independent administration of sphingosine or PF-543 did not elicit senescence in ECs, as evidenced by the observations presented in Figure 4.11. These findings imply that sphingosine augmented the vulnerability of HUVECs to senescence triggered by H₂O₂.

Previous research has proposed that sphingolipids, specifically ceramide, sphingosine, and S1P, exert an impact on cell viability (269, 398, 410). Notably, sphingosine has been identified as a potential intracellular mediator of apoptotic signals in mast cells (411).

Additionally, a separate study has reported the ability of sphingosine to induce programmed cell death in rhabdomyosarcoma cells (412). Moreover, the involvement of sphingolipid enzymes, including FB1 and K145, has also been suggested in relation to cell viability. Therefore, the initial administration of these sphingolipids and inhibitors to HUVECs may potentially modulate cell viability, thereby influencing the observed alterations in cellular senescence.

FB1, a mycotoxin with a low molecular weight, is synthesized by *Fusarium* fungi (413). Its high toxicity poses a threat to the well-being of both humans and animals (414). Numerous studies have demonstrated that FB1 exhibits a dose- and time-dependent inhibitory effect on cell viability in human and animal endothelial cells (405, 406, 415). Notably, a research revealed that even at a concentration of 10 $\mu\text{mol/L}$, FB1 treatment caused a marginal drop in cell viability in HUVECs after 24 hours, whereas a significant reduction in cell viability had been noted at both 24 and 48 hours when the concentration was 50 $\mu\text{M/L}$ (415). Similarly, another study demonstrated that treatment with 50 $\mu\text{g/mL}$ of FB1 inhibited cell viability in porcine hip artery endothelial cells (406). Furthermore, exposure to FB1 at various concentrations resulted in a marginal reduction in cell viability in swine umbilical vein endothelial cells after 24 hours at a concentration of 10 $\mu\text{g/mL}$ (405). Subsequently, at concentrations of 20, 40, and 60 $\mu\text{g/mL}$, a significant drop of cell viability had been noted at both 48 and 72 hours (405). In contrast, previous studies have

reported that K145 exhibits growth-inhibitory effects and induces apoptosis in human leukemia cells (416). Additionally, another study revealed that K145 induces cell death in various human myeloma cell lines in a dose-dependent manner, with IC₅₀ values between 3 and 7 μ M at 24 hours (417).

In relation to the findings, a slight reduction in cell viability at 24 hours and 48 hours in the absence of H₂O₂ was observed solely with FB1 (Figure 5.1). C6-ceramide, FB1, and K145 exhibited a marginal decline up to 72 hours (Figure 5.1), which aligns with previous studies. Notably, sphingosine and ARN14974 did not significantly diminish cell viability (Figure 5.1). These findings suggest that the impact of sphingolipid regulation on cell viability in HUVECs is minimal. Furthermore, the results indicate that sphingosine does not promote senescence, while FB1 and ARN14974 do not impede senescence in ECs through the regulation of cell viability.

Subsequently, a study was conducted to assess the impact of these sphingolipid compounds on the cell viability of HUVECs under oxidative stress induced by H₂O₂. A study revealed that a 1-hour exposure to H₂O₂ led to a significant reduction in HUVECs viability at 24 hour, with increasing concentrations ranging from 40 to 100 μ mol/L (80). Another study demonstrated that a 2-hour exposure to H₂O₂ at a concentration of 100 μ M resulted in a substantial decrease in HUVECs cell viability at 24 hour, 48 hour, and 72 hour (418). Furthermore, when HUVECs were subjected to H₂O₂ at concentrations of 100, 300, or 500

μM , a dose-dependent decline in cell viability was observed after 6 and 12 hours of treatment (419). In line with these previous studies, the present findings indicated a significant decrease in cell viability at both 24 hour and 72 hour following single treatment with H_2O_2 (Figure 5.2). Upon comparing the H_2O_2 single treatment group with other groups, it was observed that pre-treating cells with S1P conferred protection against H_2O_2 -induced cytotoxicity at 72 hours. However, this protective effect was not evident at 24 hours (Figure 5.2). These findings corroborate the pro-cytoprotective roles of S1P, as suggested by previous studies (346, 363, 403). Notably, the protective effect of S1P persisted even in the absence of H_2O_2 . Conversely, FB1, ARN14974, and sphingosine exhibited no impact on cell viability in H_2O_2 -treated HUVECs, despite their influence on cellular senescence. Thus, these results establish a dissociation between these two cellular processes (Figure 5.2).

Cellular senescence refers to a state characterized by the irreversible cessation of the cell cycle (18). It is well-established that cellular senescence can be triggered through two primary signaling pathways: the $\text{p16}^{\text{INK4a}}/\text{Rb}$ pathway and the $\text{p53/p21}^{\text{cip}}$ pathway (16). Modulations in cell cycle progression during the initiation phase of senescence can profoundly influence the final outcome of senescence (18). Additionally, it has been reported that sphingosine possesses the ability to inhibit the activation of protein kinase C, a key regulator of various cellular processes, including cell proliferation (420). Moreover, treatment with sphingosine leads to the dephosphorylation of Rb in early-stage

hematopoietic cells, thereby further inhibiting cell cycle arrest in the G0/G1 phase (345). However, a separate study demonstrated that treatment with 40 µg/mL FB1 induces cell cycle arrest in the G0/G1 phase in swine umbilical vein endothelial cells (405). Therefore, the impact of pre-treatment with sphingosine, ARN14974, or FB1 on cell cycle-related proteins at the initiation stage of H₂O₂-induced senescence was investigated. Following pre-treatment with sphingosine, it was observed that HUVEC exhibited heightened sensitivity to H₂O₂-induced senescence, as evidenced by a subsequent increase in p21 levels at 24 hours post-treatment with H₂O₂ (Figure 5.3). However, the overall effects of sphingosine on the cell cycle during the initial phase of senescence were not substantial enough to account for the pro-senescence influence observed at day 7, as indicated by SA-β-Gal staining (Figure 5.8).

Furthermore, the data presented in this study indicates that pre-treatment with ARN14974 at the initiation of EC senescence did not exhibit a noticeable effect on the overall progression of the cell cycle (Figure 5.4). However, it is worth noting that a delayed upregulation of p21, reduced acetyl-p53 levels, and a partial recovery of p-Rb levels were observed (Figure 5.4). The observed impact on acetyl-p53 suggests a diminished stress response to H₂O₂, warranting further investigation (Figure 5.4).

Upon investigating the impact of FB1 on cell cycle-related proteins, a striking decrease in p21 levels was observed at 4 hours, 8 hours, and 24 hours (Figure 5.5). This substantial

reduction in p21 levels (Figure 5.5), coupled with the observed increase in p21 levels following pre-treatment with sphingosine (Figure 5.3) and the delayed elevation of p21 levels observed after pre-treatment with ARN14974 (Figure 5.4), suggests that sphingosine may have a marginal inhibitory effect on cell cycle progression. It has been reported in previous studies that ceramide has the ability to induce cell cycle arrest in various cell lines (335, 421, 422). The present findings demonstrate that the influence of FB1 on cell cycle regulators surpasses that of ARN14974 and sphingosine. These observations align with previous research in this field. Similar to the effect of ARN14974, a notable decrease in acetyl-p53 levels can also be observed following pre-treatment with FB1 (Figure 5.5). This suggests that FB1, like ARN14974, has the ability to suppress sphingosine levels. Interestingly, this indicates that sphingosine, rather than ceramide, may play a more significant role in responding to H₂O₂-induced stress. Additionally, it is worth noting that FB1 does not restore p-Rb levels in the presence of H₂O₂ (Figure 5.5). Collectively, these findings suggest that FB1 may protect cells from H₂O₂-induced cell cycle arrest by regulating the p53/p21 axis, which is consistent with previous studies in this area.

In addition, the impact of sphingosine, ARN14974, and FB1 pre-treatment on the cell cycle regulator was examined at day 7 following the establishment of cellular senescence induced by H₂O₂. Considering the transient elevation of acetyl-p53 levels only at 4 hours and 8 hours post-treatment of H₂O₂ as shown in timecourse (Figure 4.1), an assessment was

made regarding the changes in the levels of p21 and p-Rb on day 7. The data obtained from the study revealed a significant augmentation in p21 levels and a reduction in p-RB levels on day 7 when cells were pre-treated with sphingosine, as compared to cells treated with H₂O₂ alone (Figure 5.6). These findings confirm that the pre-treatment of sphingosine intensifies cell cycle arrest at day 7 following H₂O₂ treatment, thereby providing additional evidence of its involvement in cellular senescence. Furthermore, a noteworthy decrease in p21 levels was observed following the pre-treatment of ARN14794 on day 7 subsequent to H₂O₂ treatment (Figure 5.7). In contrast, the p-Rb level exhibited a remarkable restoration. These findings indicate that the pre-treatment with ARN14974 effectively counteracted the disruption of the cell cycle at day 7 after H₂O₂ treatment, thereby highlighting its potential in inhibiting cellular senescence. Similar to the results observed with the pre-treatment of ARN14974, the pre-treatment of FB1 also led to a significant decrease in p21 levels compared to H₂O₂ treatment alone (Figure 5.8). Conversely, it exhibited a substantial restoration of the p-Rb level (Figure 5.8). Consistent with its demonstrated ability to suppress cellular senescence, the findings of this study indicate that FB1 pre-treatment effectively revitalized cell cycle progression at day 7 post-H₂O₂ treatment.

FB1 is a potent pan-inhibitor of ceramide synthase, which reduces the production of ceramides. This leads to a critical question that whether the addition of exogenous C6-ceramide compromised the effects of FB1 in cells. In a noteworthy study, A549 cells were

subjected to the treatment with 20 μ M C6-ceramide, in the presence or absence of 50 μ M FB1. FB1 treatment effectively suppressed the generation of endogenous longer-chain ceramide levels induced by C6-ceramide (217). In a separate investigation, MCF-7 cells received treatment with 50 μ M FB1 one hour before the addition of C6-Cer (25 μ M). Exogenous introduction of C6-Cer led to heightened levels of endogenous longer-chain ceramides, which was also significantly negated by FB1 (423). Given these, a combined treatment of C6-ceramide and FB1 cannot address whether the anti-senescence actions of FB1 was attributed to the reduction in ceramide. In contrast, I demonstrated that addition of C6-ceramide promoted senescence, whereas ARN14974 treatment that increases ceramide levels mitigated senescence in HUVECs, indicating that ceramides were not key regulators of this process.

Chapter 6. Conclusions

In conclusion, the findings of this study highlight the critical role of sphingosine in H₂O₂-induced premature senescence. The discovery revealed that sphingosine drives H₂O₂-induced endothelial cell senescence. Additionally, impeding sphingosine catabolism by sphingosine kinase 1 inhibitor PF-543 can promote endothelial cell senescence. On the other hand, inhibition the synthesis of ceramide and sphingosine through the use of the ceramide synthase inhibitor FB1 and acid ceramidase inhibitor ARN14974 can effectively prevent H₂O₂-induced senescence in endothelial cells. This thesis identified sphingosine, but not ceramide or sphingosine 1-phosphate, as the key determinant of endothelial cell senescence, which shed light on further exploration into the molecular mechanism involved and offer potential targets for therapeutic interventions aimed at mitigating premature senescence-related disorders.

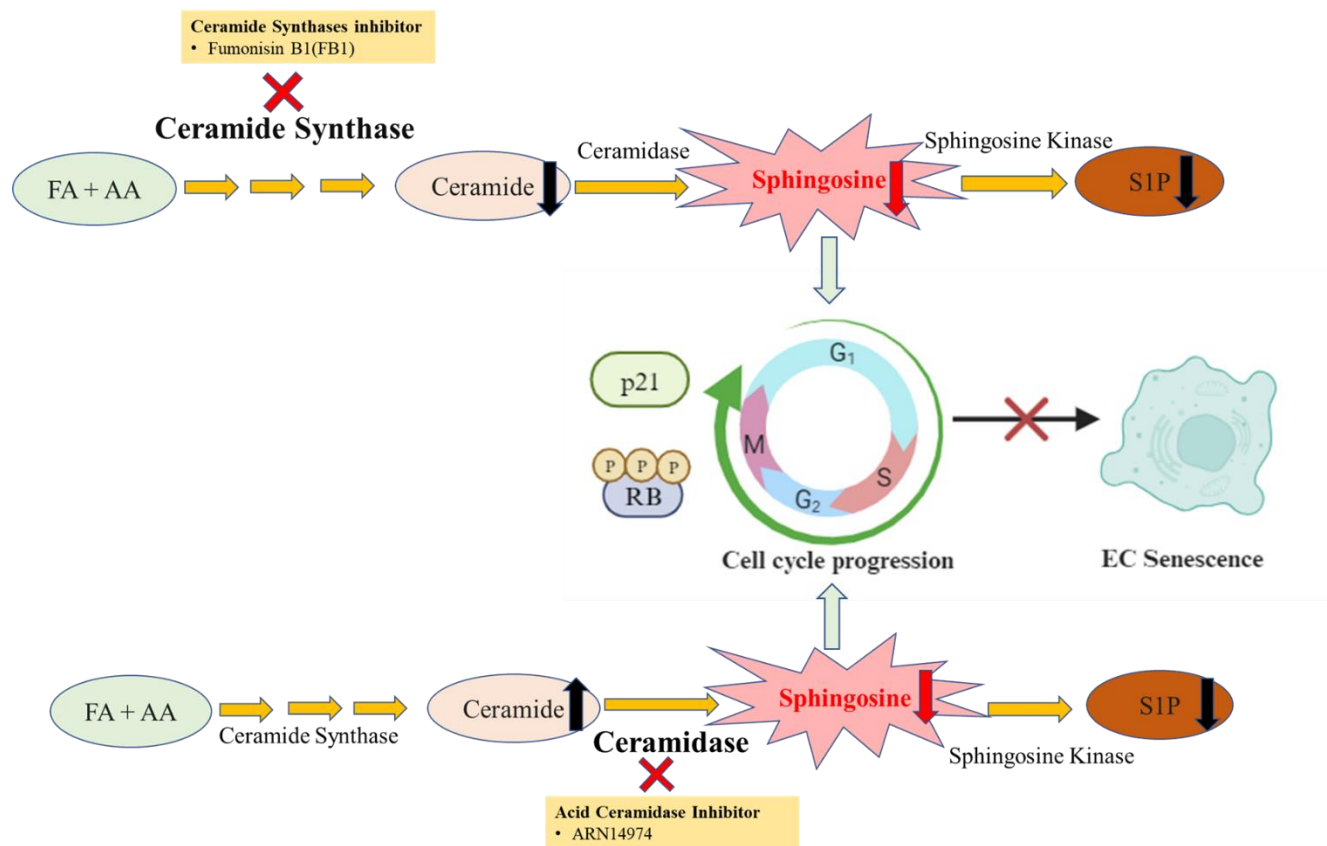


Figure 6.1 Summary of main findings. Sphingosine plays a critical role in H₂O₂-induced premature senescence. Blocking the production of ceramide and sphingosine using the ceramide synthase inhibitor FB1 and the acid ceramidase inhibitor ARN14974 has been shown to efficiently hinder premature senescence induced by H₂O₂ in endothelial cells.

Chapter 7. Potential limitations and future direction

In my thesis, I have provided evidence for the crucial significance of sphingosine in the progression of premature senescence induced by H_2O_2 . Nevertheless, there are several unresolved matters that require further exploration in future investigations.

7.1 Profiling sphingolipidome in senescent ECs

My study has demonstrated a subset of sphingolipids, notably sphingosine, and their related enzymes as potential regulators of EC senescence. To further elucidate their roles, it is imperative to quantify the changes in these sphingolipids during the process of HUVEC senescence (days 0, 3 and 7) under the interventions of ARN114974, FB1 and PF-543. Analysing the association between sphingolipid changes and senescence status will provide deeper insights into sphingolipid regulation of EC senescence and evaluate the mechanism of actions of effective anti-EC senescence interventions.

7.2 Precise determination of EC senescence by ImageStreamX

A technical limitation of this study is inherent in the method used for quantitating senescence. The quantitation in this study primarily relied on SA-beta-Gal staining, which was subsequently validated through Western blotting of cell cycle arrest markers. However, this conventional approach to sequentially analysing senescence may inadvertently lead to

an overestimation of the number of senescent cells, due to the duplicate counting of SA-beta-Gal or p21 single positivity. In addition, this method did not take into account distinctive morphological changes observed in senescent cells, such as enlargement and flattening, which are unique features of these cells. To overcome this limitation, it is advisable to employ ImageStreamX imaging flow cytometry technology. This advanced technology allows for the simultaneous quantitation and imaging of multiple markers on single cells, including fluorescent SA-beta-Gal, p21, cell size and aspect ratio in single cells (424, 425). Meanwhile, ImageStreamX combines the advantages of high-throughput analysis capabilities of flow cytometry (424, 425). Therefore, it can offer a more accurate and comprehensive analysis of EC senescence and draw a more robust conclusion of sphingolipid-targeted anti-EC senescence approaches (424).

7.3 Investigation of mechanistic links between EC senescence and sphingolipid metabolism

My work has revealed that sphingosine drives H₂O₂-induced endothelial cell senescence, while ceramide synthase inhibitor FB1 and acid ceramidase inhibitor ARN14974 can effectively prevent H₂O₂-induced senescence in endothelial cells. However, the underlying mechanism behind these effects remains unknown. It has been reported that the lysosome plays a vital role in facilitating the impact of sphingolipids on the aging process (426). Therefore, my future plan is to determine whether sphingosine drives EC senescence

through impairing lysosomal integrity and functions. This can be identified through LysoTracker deep red and CellEvent™ Senescence Green Detection Kit to quantify size and number of lysosomes under confocal microscopy (427, 428). Furthermore, the conventional SA- β -Gal staining lacks the capability to provide accurate quantification of senescent cells (424). Hence, I plan to perform ImageStream X, a cutting-edge imaging flow cytometer, which combines the quantitative capabilities of flow cytometry with the analytical power of high-content image analysis (424, 429). Therefore, it possesses the ability to generate numerous high-resolution fluorescent and bright-field (BF) images of each individual cell directly within the flow (424). Additionally, this method offers a means to integrate multiple markers, such as SGP, p21, enabling a more dependable identification of senescent cells (425, 429).

7.4 Defining physiological role of acid ceramidase in EC senescence *in vivo*

Having demonstrated the *in vitro* anti-senescent effects, it is imperative to extend our examination to understand the *in vivo* impacts of AC ablation and the two pharmacological interventions, ARN and FB1. *In vivo* studies are particularly pivotal for understanding EC senescence due to the intricate regulatory interactions occurring between ECs and other cell types within the circulation and blood vessels (129). To this end, we have introduced p16-3MR mice obtained from Unity Biotechnology US (430). The p16-3MR (trimodality reporter) mouse is a sophisticated reporter model designed for identifying p16⁺ senescent

cells with high luciferase activity, targeting their removal with ganciclovir, and isolating them using red fluorescent protein (431). p16 tdTom mice possess a reporter allele where the tandem-dimer Tomato (tdTomato) is integrated into the natural p16INK4a locus (432). Recently, researchers have investigated the dynamics and diversity of senescent cells *in vivo* by employing innovative p16 reporter mice and conducting single-cell transcriptome analysis (433). Therefore, utilising this mouse strain, we can precisely identify and quantify senescent cells *in vivo*. When coupled with endothelial specific marker CD31 staining (434), this approach enables the accurate quantification of senescent ECs following interventions *in vivo*.

However, it is imperative to acknowledge the potential adverse reactions associated with ARN and FB1. Injection of ARN14974 (10 mg kg⁻¹, i.p) in mice causes a substantial reduction in AC activity in multiple organs, including heart, lungs, brain, liver, and kidney (303). Another study has also found a reduced ASAH1 activity in mouse hearts over more than 7 hours after intraperitoneal injection of ARN14974 at a dose of 10 mg/kg (435). There are no available reports on its *in vivo* biosafety. Conversely, FB1 presents some immunotoxicity *in vivo* (435). The intragastric delivery of FB1 at 80 mg/kg to mice over a two-week period results in a decrease in spleen weight and induced a 12.9% apoptosis of thymocytes (436). Additionally, administering FB1 (100 mg/kg) to BALB/c mice for two weeks leads to elevated levels of interleukin-10 (IL-10) and interleukin-4 (IL-4) mRNA in

the spleen, along with reduced expression of interferon- γ (IFN- γ) and TNF α mRNA (436). Furthermore, multiple investigations have indicated that FB1 exhibits specific toxic effects on various organs, including the liver, lungs, kidneys, heart, and intestines, across different animal species (337). Additionally, it has been demonstrated that intraperitoneal injection of FB1 in C57BL6 mice at a dose of 8 mg/kg body weight reduced the oxidative defense mechanisms in the liver and kidneys, with no discernible impact on the lungs (437). Given these considerations, focusing on ARN14974 for further studies appears to be a more practical approach.

Besides the pharmacological testing of the ASAH1 inhibitor ARN14974, we also plan to ablate AC in mice. AC-knockout mouse models have been established (438, 439). *Asah1*^{+/-} mice had regular lifespans but experienced a gradual lipid storage disorder that affected their skin, lungs, liver, and bones (439). These findings were associated with a two-fold or less increase in ceramide content in these tissues and a decrease in acid ceramidase activity (439). Notably, one study has reported that mice with a homozygous *Asah1* gene deletion (*Asah1*^{-/-}) experienced embryonic lethality before embryonic day (E) 8.5 (440).

As for another method, conditional *Asah1* knockout mice has been shown in one study. By utilising tamoxifen (TM) to induce the nuclear translocation of Cre recombinase in mice carrying a LoxP-flanked (floxed) *Asah1* gene construct, researchers breed homozygous floxed offspring with Cre transgenic mice. This breeding strategy generated animals

referred to as conditional *Asah1* homozygous knockout mice (441). Upon knocking out the *Asah1* gene, the levels of acid ceramidase decreased in the ovaries, leading to a concurrent increase in ceramide content (441). Subsequently, this mouse model was employed to investigate the function of acid ceramidase in hepatic fibrosis and non-alcoholic fatty liver disease (NAFLD) (441, 442). Conditional *Asah1* knockout mice has also been established specifically in ECs (443). They were generated by crossbreeding floxed *Asah1*^{tmEx1} mice with Tie2-Cre transgenic mice (443). Crucially, this research indicated that lysosomal acid ceramidase plays a role in controlling the release of endothelial exosomes, subsequently influencing the secretion of NLRP3 inflammasome products, which are related to the innovative mechanism for dysfunction in vascular endothelial cells in diabetic conditions (443). However, Cdh5Cre is considered more specific to ECs relative to Tie2-Cre (444). In my MPhil study, I have generated a new mouse strain Cdh5Cre^{ERT2} carrying p16-3MR alleles. This can be further crossbred with floxed *Asah1* mice to study the EC specific role of ASAH1 in senescence *in vivo*.

Hence, integrating *in vitro* and *in vivo* approaches can offer a more comprehensive understanding of the involvement of sphingolipids in endothelial cell senescence. This combined approach holds the potential to uncover novel therapeutic interventions for various vascular diseases.

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