WORKING PAPER ITS-WP-02-09

The Theory of Constraints' Thinking Process Approach to Developing Growth Strategies in Supply Chain

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Shams Rahman

May, 2002

ISSN 1440-3501

NUMBER:	Working Paper ITS-WP-02-09			
TITLE:	The Theory of Constraints' Thinking Process Approach to Developing Growth Strategies in Supply Chain			
ABSTRACT:	Many attempts have been made to study factors influencing the performance of supply chains. These studies are generally quantitative and involve rigorous statistical analyses. This paper describes an application of a system approach known as the thinking process (TP) of the theory of constraints (TOC) not only to identify critical success factors in supply chain management, but also to understand causal relationships between these factors. The study was conducted in a group-based model building environment with a group of students who specialised either in logistics management or e-commerce. The results suggest that understanding the dynamic nature of supply chain through cause and effect relationships is critical to the formulation of supply chain growth strategies.			
	<i>Keywords:</i> Logistics, Supply chain management, system approach, theory of constraints, thinking process.			
AUTHOR:	Shams Rahman			
CONTACT:	Institute of Transport Studies (Sydney & Monash) The Australian Key Centre in Transport Management, C37 The University of Sydney NSW 2006, Australia			
	Telephone:+61 9351 0071Facsimile:+61 9351 0088Email:itsinfo@its.usyd.edu.auInternet:http://www.its.usyd.edu.au			
DATE:	May 2002			

Introduction

Over the last four decades implementation of operations management principles and strategies such materials requirements planning (MRPI and MRPII) (Orlicky, 1975), just-in-time (JIT) (Monden, 1981), total quality management (TQM) (Deming, 1986, Juran, 1992) lean manufacturing (Womack and Jones, 1996) and theory of constraints (TOC) (Goldratt, 1988) have helped companies to reduce manufacturing costs as much as practically possible. As the CEO of Hong Kong based company Li & Fung highlighted: 'you can try to squeeze the cost of production down 10 cents or 20 cents per product, but today you have to be a genius to do that because everybody has been working on that for years and there's not a lot of fat left. It's better to look at the cost that is spread throughout the distribution channels' (Magretta, 1998, p. 108). It is only recently that management of business enterprises have realised that effective supply chain management is the competitive strategy that now has the most potential to further lower costs (Dyer, 1996, Lee et al, 1993; Dyer, 1995).

Although the interest in supply chain management, both in industry and in academia, has grown rapidly over the past few years, the concept can be traced as far back as Forrester (Forrester, 1958, Forrester, 1961). Using industrial dynamics technique Forrester tracked the effects of delays (material flow lead time and information flow lead time) and decision policies within a simple but representative supply chain consisting of a manufacturing plant and its warehouse, a distributor, and a retailer. In this seminal work Forrester (1961) demonstrated the importance of sharing information with partner organizations in the supply chain, strategic alliances and supply base management, vendor-managed inventory and the impacts of delays across the supply chain at a time when these vocabularies were not part of the business literature.

To date many attempts have been made to identify critical success factors in supply chain management (Holmes, 1995; Power et al. 2001), investigate relationship between logistics strategy and business processes (Brewer and Hensher, 2001); identify drivers behind successful strategic supplier alliances (Monczka, et al, 1998); assess the impact of TQM practices on logistics and supply chain performance (Anderson, et al, 1998; Tan et al, 1999), measure the effect of supply management orientation on supplier performance (Shin, et al, 2000); examine the role of communication in supply chain management (Ellinger, et al, 1999), and investigate the impact of information technology on logistics capability (Cross, et al, 1997). These are quantitative studies that have applied rigorous statistical analysis including factor analysis (Power et al, 2001; Tan, et al, 1999; Anderson, et al, 1998), structural equation modelling (Shin, et al, 2000; Anderson, et al, 1998) and canonical correlation analysis (Brewer and Hensher, 2001).

In this study, a system approach known as thinking process (TP) was applied to identify critical factors of effective supply chain management, determine the causal relationships between these factors and investigate their interrelationship with supply chain performance. These relationships would help managers to analyse and develop growth strategies in supply chain.

Theory of constraints and its Thinking Process

This section provides an overview of the theory of constraints (TOC) and its TP. For a complete description readers can refer to Goldratt (1990) and Cox and Spencer (1998). Rahman (1998) provides a detailed description of the TOC methodology including its concepts, principles, tools and performance measures and provided a comprehensive review of the TOC literature.

Developed by Goldratt (1988) in the mid-1980s TOC evolved from the OPT (Optimized Production Timetables) system (Goldratt, 1980) and was later known under the commercial name of Optimized Production Technology (OPT[®]). As part of a marketing tool for the OPT system, Goldratt illustrated the concepts of OPT in the form of a novel, *The Goal* (Goldratt and Cox, 1984) in which the theory is gradually unravelled through the context of an everyday production situation. A second book, titled *The Race* (Goldratt and Fox, 1986), was written to overcome difficulties encountered in the implementations, and gradually, the focus of the concept has moved from the production floor to encompass all aspects of business. By 1987, the overall concept became known as TOC which Goldratt viewed as 'an overall theory for running an organisation' (Goldratt, 1988, p.453).

The TOC has two major components. First, a philosophy which underpins the working principles of TOC. This is often referred to as TOC's 'logistics paradigm' and consists of five steps for on-going improvement, the drum-buffer-rope (DBR) scheduling methodology, and the buffer management information system. This philosophy suggests that the main constraint in most organizations may not be physical, but in fact managerial-policy related. To address the policy constraints and effectively implement the process of on-going improvement, Goldratt (1990, 1994) developed a generic approach called the TP. This is the second component of TOC. Experts believe that it is the TP which will ultimately have the most lasting impact on business. The working principles of TOC and the application procedure of the TP is discussed in the following two subsections.

Philosophy of TOC

The working principle of TOC provides a focus for a continuous improvement process. The principle consists of five focusing steps (Goldratt, 1990, p.5) which are summarised in Figure 1. The steps are:

- 1. *Identify the system's constraint(s)*. These may be physical (*eg* materials, machines, people, demand level) or managerial. It is important to identify these constraints and also necessary to prioritise them according to their impact on the goal(s) of the organisation.
- 2. *Decide how to exploit the system's constraint(s)*. If the constraint is physical, then the objective should be to make the constraint as effective as possible. A managerial constraint should not be exploited but be eliminated and replaced with a policy which will support to increase throughput.
- 3. *Subordinate everything else to the above decision*. This means that every other component of the system (non-constraints) must be adjusted to support the maximum effectiveness of the constraint. Because constraints dictate a firm's throughput, resource synchronisation with the constraint will lead to more effective resource utilisation.
- 4. *Elevate the system's constraint(s)*. If existing constraints are still the most critical in the system, rigorous improvement efforts on these constraints will improve their

performance. As the performance of the constraints improve, the potential of nonconstraint resources can be better realised, leading to improvements in overall system performance. Eventually the system will encounter a new constraint.

5. If in any of the previous steps a constraint is broken, go back to step 1. Do not let inertia become the next constraint. TOC is a continuous process and no policy (or solution) will be appropriate (or correct) for all time or in every situation. It is critical for the organisation to recognise that as the business environment changes, business policy has to be refined to take account of those changes.



Figure 1: Process of on-going improvement

The Implementation of the five focusing steps to a typical production environment can yield rapid and substantial improvements in operations as well as profits (Noreen *et. al*, 1995). However, this process of continuous improvement will eventually shift constraints from factory floor to the market. Insufficient demand is a managerial or policy constraint rather than a physical constraint. Policy constraints are generally difficult to identify and evaluate, and frequently require involvement and cooperation across functional areas. Goldratt (1994) developed the TP methodology to address policy constraints and create breakthrough solutions using common sense, intuitive knowledge and logic.

The Thinking Process

According to Goldratt (1990), while dealing with constraints managers are required to make three generic decisions. These are:

- 1. Decide what to change.
- 2. Decide what to change to.
- 3. Decide how to cause the change.

To address these questions, the TP prescribes a set of five tools in the form of causeand-effect diagrams. The questions, associated tools and their purposes are summarised in Table 1. The TP process starts with the first decision question, What to change', *ie* to identify core problems. Current Reality Tree (CRT) is used for this purpose. Dettmer (1997) defined a CRT as a logical structure that depicts the state of reality as it currently exists in a given system. Once a core problem has been identified, the next question becomes 'What to change to'. The second step in the process is therefore to search for a plausible solution to the core problem. This requires other tools such as Evaporating Cloud (EC) and Future Reality Tree (FRT). According to Dettmer (1997) FRT is a strategic tool is used to plan major changes. The implementation of these changes are likely to improve a system. Once the 'what to change to' question is decided, the organisation is left with the question 'How to do it' or 'how to change'. The Prerequisite Tree (PRT) and Transition Tree (TT) diagrams are used to identify obstacles to implementation and devise detailed plans for overcoming these obstacles.

Generic questions	Purpose	TP tools
What to change?	Identify core problems	Current reality tree
What to change to?	Develop simple, practical	Evaporative cloud
	solutions	Future reality tree
How to cause the change?	Implement solutions	Prerequisite tree
		Transition tree

Table 1: TP tools and their roles

It is not the purpose of this paper to discuss these tools in great detail. For a detailed discussion readers are referred to Goldratt (1994), Noreen *et. al* (1995) and Kendall (1998). The purpose of this study is to address the first question: what to change, *ie* to identify core problems which reduce the effectiveness and efficiency of supply chains. The CRT tool was used for this purpose.

Guidelines for constructing CRT

The CRT identifies cause and effect relationships in a system. It is constructed from the top-down by identifying undesirable effects (UDEs), and depicting probable causes for those effects (effect-cause). It is however, read from bottom-up (cause-effect), when the construction is complete. The following steps should be taken to develop a CRT (Noreen, et al, 1995, p.156):

Step 1: Identify a list of Undesirable Effects (UDEs) that describe the area being analysed. It is recommended to begin with a list of five to ten UDEs.

Step 2: Connect one or more UDEs to other UDEs if they are causally related. Depict cause and effect relationships with an arrow as shown in the Categories of Legitimate Reservations (CLR) (see Appendix I).

Step 3: Connect all other UDEs to the result of Step 2, scrutinise each entry and arrow along the way via the CLR. Stop when all the UDEs have been connected.

Step 4: Read the tree from bottom up, scrutinising again each arrow and entry along the way via the CLR. Make any necessary corrections.

Step 5: Ask yourself if the tree as a whole reflects your intuition about the area being analysed. If not, check for each arrow for Additional Cause Reservations (point 6, Appendix I).

Step 6: Don't hesitate to expand the tree to connect other UDEs that exist but not included in the original UDE list.

Step 7: present the tree to someone or group who will help you surface and challenge the assumptions captured within.

Step 8: Decide that the CRT is complete. identify the core problem or problems.

A simple example

We have chosen a simple storage problem to illustrate how a CRT is constructed. The UDEs of the problem are presented in Table 2 (adapted from Noreen, et al, 1995). The corresponding CRT is presented in Figure 2.

No	Undesirable Effects
1	Not enough space in the store
2	Too much make-to-stock inventory
3	Items piled up waiting to be stored
4	Cycle times are longer than necessary



Table 2: List of Undesirable Effects (Adapted from Noreen et al, 1995)

Figure 2: A current reality tree

Suppose the management of a company is concerned with problems in a warehouse and have identified four UDEs. These UDEs can be used to construct a CRT in order to deduce possible causes. The management believe that the lack of space in the store (UDE1) is due to excess inventories that resulted from making parts to stock (UDE2) and items being stockpiled prior to storage (UDE3). So, UDE2 and UDE3 were connected to UDE1. The reason for UDE3 to happen, was suggested to be due to parts being delivered to the store in large quantities as well as a result of delivery schedules not matching the rate of usage. [This has been identified in Figure 2 as R1, which is simply a reference number and has no significance]. R1 is therefore connected to UDE3 and is read "if R1 then UDE3". Management suggested that the main reason why parts were delivered in too large quantities (R1) was that work orders were larger than division's needs (R2). It was also suggested that cycle times were longer than necessary (UDE4) and that UDE2 was related to the size of the work order (R2). Therefore, R2 was connected to R1, UDE2 and UDE4. Note that of all the UDEs and Rs only UDE1 is linked to two UDEs (UDE2 and UDE3). This must be read with a 'logical AND'. Thus, the relationship between UDE1, UDE2, and UDE3 should be read as follows: If there are excess inventories that result from making parts to stock (UDE2) and items that are piled up waiting to be stored (UDE3), then there is not enough space in the store (UDE1).

The tree was constructed starting with the UDEs and working down (Figure 2). However, the tree should be read 'bottom-up'. The management confirmed that the tree (Figure 2) represented the issue at hand and identified R2 (work orders are often larger than division's needs) as the core problem.

In this example the process of building the CRT was illustrated using a simple problem. It has to be remembered that TP should be applied only in a complex problem situation where a solution is not intuitive and the relationships between effects and causes are not clear.

Developing growth strategies using TP Group Model Building Process

Students undertaking a course in International Logistics management at the Institute of Transport Studies (ITS), University of Sydney were invited to participate in a groupbased model building exercise in supply chain. The purpose of this exercise was to:

- 1. Identify the consequences (effects) of failing to organise and run efficient supply chains.
- 2. Determine possible causes of these consequences.
- 3. Develop causal relationships between causes and effects.

The course was offered in February 2001 and was taught by the author of this paper in an intensive mode. 44 students who enrolled in this course were pursuing masters in either Logistics Management or E-Commerce at the University of Sydney. About 35% were international students and the rest were local students. Some 15% of the students had very little or no experience, 40% had 2 - 5 years experience and about 45% had more than 5 years of experience. Two students had more than twenty years of experience with logistics companies. About 30% students took logistics management course prior to taking the International Logistics Management course.

Six groups were formed. Although it was difficult, a conscious attempt was made to ensure that groups were composed of both local and international students, with moderate and extensive experience as well experience with logistics organizations.

The group-based model building exercise was run in two sessions. In the first session, students used nominal group technique (NGT) to brainstorm the problem and identify five to ten undesirable effects (UDEs) of failing to organise and run an efficient supply chains. Groups then identified factors most likely to cause such effects and developed cause-effect relationships in the form of a casual diagram.

The actual models were developed in the second session. The TP was applied to develop the casual relationship between causes and effects. Since the students had no prior knowledge of TP and its analytical tools such as the CRT, the author of this paper developed the causal trees on white board with feedbacks and suggestions agreed by the groups.

Results of the brainstorming sessions

The number of UDEs identified by these groups in the first session of the exercise ranged between 4 and 8. The first task in the second session was to decide which UDEs were to be considered for the model building process. The groups agreed on the following UDEs:

- 1. Long cycle time
- 2. High cost of managing inventory

- 3. Low customer service
- 4. High distribution cost
- 5. High cost of supply chain.

It is interesting to notice that the list of identified UDEs can be considered as the main performance metrics of supply chains and include both cost and non-cost measures. Many authors have suggested these items as measures of performance in supply chain models (Lee and Billington, 1992; Christopher, 1998; Mason-Jones and Towill, 1999).

The branches of the CRT were developed choosing one UDE at a time at random and following the guidelines mentioned earlier. When all the UDEs were considered and branches are constructed, we put together these branches and developed a CRT for the entire supply chain system. The following paragraphs discuss the construction of each of the branches.

High inventory management cost

The groups identified high inventory management costs as one of the major consequences of failing to organise and execute an efficient supply chain. Over stock and understock of inventory were considered to be the root causes of this problem. Inventory management costs generally account for a significant percentage of total business costs. For a typical retail company, inventory can account for 10 - 20% of product cost. Given these high costs, productions technologies and strategies developed over the last four decades such as MRP, JIT, TOC, have been heavily focused on managing inventory. The major causes for high inventory cost were identified in the second session to be are lack of communication, long cycle times and low usage of information technologies (IT). The CRT is shown in Figure 3.



Figure 3: Causal relationships based on inventory management cost.

Long cycle time

The criticality of cycle time or delay in a supply chain (including both product flow time and information flow time) has been highlighted by Forrester (1958) some forty years ago. Recently, Stalk and Hout (1990) and Mason-Jones and Towill (1999) have emphasised the importance of reduction of total cycle time. In order to avoid what is now called 'bullwhip effect' (Lee, et al, 1997) or 'Forrester effect' (Hines, 1997) total cycle time must be reduced by improved coordination and communication among supply chain partners and by aligning product-process design with appropriate supply chain structure (Figure 4).



Figure 4: Causal relationships based on cycle time

Low customer satisfaction

Although, cost is the performance measure of choice for many supply chains, one must realise that cost alone as a measure might not be adequate to describe system performance. During the second session the group has identified low level of customer satisfaction, a non-cost type of supply chain performance measure, as one of the UDEs. There are several ways to measure customer satisfaction in supply chain such as responsiveness (Lee and Ballington, 1993) and flexibility (Voudouris, 1996). Long cycle times adversely effect responsiveness and flexibility in a supply chain and this ultimately effects customer satisfaction (Figure 5).

Management may define customer service as inadequate due to lack of appreciation of the performance of the supply chain as a whole, which in turn may effect customer satisfaction (Lee and Billington, 1992). Lack of environmental appreciation on the part of the companies can also lead to customer dissatisfaction (see Figure 6).







Figure 6: Causal relationships based on customer satisfaction

High distribution cost

Lack of coordination contributes to low levels of integration across supply chains which in turn effect distribution costs (see Figure 7).



Figure 7: Causal relationships based on distribution cost

High cost of supply chain

The cost of supply chain is an aggregation of inventory management cost, distribution cost, and costs resulting from lack of environmental policies (see Figure 8). Inventory costs can be reduced by compressing lead times, appropriately adopting information technologies, and improving communication with the partners of the supply chain. A synchronised supply chain based on common goals among partner organizations ensures lower distribution cost, whereas lack of product re-take policy contributes to expenses through increasing resource costs and losses in market share (Vandermerwe and Oliff, 1990).



Figure 8: Causal relationships based on cost of supply chain

Discussion

Most of the studies conducted to understand different issues of supply chain management are generally quantitative involving rigorous statistical methods. The main objective of many of these studies had been to identify a list of success factors in SCM or determinants of successful strategic supplier alliances. This research describes an application of a system approach called TP not only to identify elements of successful SCM but also to understand causal relationships between these elements. Understanding the dynamic nature of supply chain through cause and effect relationships is critical to the formulation of supply chain growth strategies.

During the second session of the group-based model building exercise two important aspects of SCM emerged which were not identified during the nominal group discussions. These are supply base management and environmental policy. In the following subsections we will describe the impact of these two aspects of SCM and develop branches for the CRT.

Supply base management

The low supply base management is the result of lack of common goals amongst the partner organizations in supply chains. Mistrust is likely to be a result of not sharing information as well as unwillingness to share risks and rewards (see Figure 9). The importance of supply base management on supply chain performance has been reported for many companies. Recently, Shin et al, (2000) suggested that better supply base orientation improves both the suppliers' and buyers' performance. The critical elements that improves the supply base management among organisations are long-term partnerships with channel participants (Choi and Hartley, 1996; Toni and Nassimbeni, 1999), reducing the number of suppliers (Dyer, 1996; Hahn, 1983; Kekre et al, 1995), sharing risks and rewards (Handfield and Nicholas, Jr., 1999), involving suppliers in product development (Dyer, 1994), developing trust among channel partners (Newman, 1988).



Figure 9: Causal relationships based on supply base management

Environmental policy

Inadequate environmental policy can result in a number of adverse effects. These can include direct effects on cost of running businesses through low usage of recycled resources and indirect effects of degrading the local and global environment on customer satisfaction and market share (see Figure 10). Today, many researchers are in agreement that the environment makes a good business sense and is an opportunity rather than a threat (Porter and Van der Linde, 1995; Shivastava, 1995, Hutchinson,

1996). A number of case studies have demonstrated that that there is compatibility between environmental and business goals (see Eden 1994). By considering the environment in the design stage of its products, Xerox improved its ability to recover and reuse parts for future equipment. Implementing an end-of-life equipment take-back policy, Xerox's European operations saved over \$80 million in 1997 (Maslennikova and Foley, 2000). Recently, several European countries have enforced environmental legislation, making producers with responsibility to take-back products at the end of their life cycles (Cairncross, 1992).



Figure 10: Causality due to lack of product re-take policy

Pressure to consider environmental aspects from legislation is not the only concern for companies. A 'green' image has become an important marketing opportunity. Thus, it is imperative for companies to revisit their supply chain performance metrics in response to growing external institutional pressure and customers' environmental requirements.

The big picture

The conceptual CRT map developed during the group model building exercise is shown in Figure 11. In addition to the five undesirable effects (UDEs) identified by the groups, four other UDEs were identified during the model building exercise. These are responsiveness, flexibility in supply chain, incomplete orders, and percentage of products recovered, recycled and reused. All four measures are non-cost measures of supply chain performance and are related to customer satisfaction.



Figure 11: A CRT for a supply chain system

Responsiveness and incomplete orders have frequently been suggested in the literature as measures for supply chain performance (Altiok and Ranjan, 1995; Cook and Rogowski, 1996). Responsiveness can be considered as response time and on-time delivery (Beamon, 1999) whereas, incomplete orders can be considered as fill rate (Beamon).

Measures such as flexibility, and recovery and reuse rates are seldom used in supply chain analysis. Flexibility can measure a supply chain's ability to accommodate variety, volume and schedule fluctuations from the chain participants such as suppliers, producers, and customers. Since the supply chain exists in an uncertain environment, Beamon (1999) emphasised that 'flexibility is vital to the success of the supply chain' (p. 284). The use of recovery and reuse rate as a measure of supply chain performance is a recent phenomenon (Maslennikova and Foley, 2000). Countries of European Union (EU) have enforced environmental legislations, charging manufacturers with responsibility to take-back products at the end of the life cycle. The EU Producers Responsibility Obligations (packaging waste) Regulation, 1996, is required to ensure that companies recover 60% of packaging waste by 2001 (McIntyre et al, 1998). Researchers identified two types of motivations, for companies to engage in product take-back process: economical and environmental (Fleischchmann et al, 1997). These issues are intertwined, as 'increasing disposal costs make waste reduction more economical, and environmentally conscious customers represent new market opportunities' (Fleischmann et al. 1997, p. 3).

The core problem appears to be with management (Figure 11). Due to their limited vision, management of many organizations fail to see and appreciate the importance of system wide performance measures. Several other factors (causes) which may effect the

performance of supply chains are communication, trust among channel participants, investment and usage of IT, common goals, coordination, product-process design without supply chain consideration, lack of appreciation for supply chain wide performance measures, sharing risks and rewards, supply base orientation, inadequate definition of customer service. Many empirical and case studies have identified these factors. For instance, Power et al, (2001) found that 'more agile' supply chains are more customer focused, have greater involvement with suppliers and better utilise information technologies compare to the 'less agile' supply chains. Many have suggested channel-wide management of inventories (Cooper and Ellram, 1993), coordination, shared visions, reduced supplier base (Cooper and Ellram, 1993; Shin, et al, 2000), and fair sharing of risks and rewards (Handfield and Nichols, Jr., 1999) as characteristics of integrated supply chain management.

This study identifies not only the critical success factors in a supply chain, but also the causal relationships between these factors. Management can use these relationships to develop growth strategies for their companies. However, these relationships need to be tested by large-scale empirical studies.

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Appendix I: Categories of Legitimate Reservations

A legitimate reservation exists when the logic presented does not make sense. The cause-effect relationship must always be stated as: IF C THEN E. There are two primary reasons for the observer to voice legitimate reservations when one presents a cause-effect relationship: ENTITY EXISTENCE and CASUAL EXISTENCE. The observer can add to the explanation of his reservation by using 3 through 6 below to explain the scientific nature of the reservation.

1.	ENTITY EXISTENCE: Questioning the existence of the entity (cause or effect) by explaining that the cause or the effect does not actually exist.	
2.	CAUSALITY EXISTENCE: Questioning the existence of the casual link between the cause and the effect by use of the IF THEN statement; by explaining that although we agree that both C and E exist, there is no stated link between the stated cause and the observed effect.	E
3.	TAUTOLOGY: Being redundant in stating the cause-effect relationship. The cause is actually a rewording of the effect, thus being redundant. If a tautology exists, you can state the cause as being the effect and the effect as being the cause (eg the arrow could point in either direction). Therefore, the cause does not lead to the effect.	E
4.	PREDICTED EFFECT (ENTITY) EXISTENCE: Using another effect (E') to show that the hypothesized cause (C) does not result in the initially observed effect (E). On the other hand, if the original cause does not result in the additional effect, then this supports the original cause-effect relationship.	E C C
5.	CAUSE INSUFFICIENCY: Explaining that an additional non- trivial cause must exist to explain the existence of the observed effect. If either of the hypothesized causes does not exist, then the observed effect will also not exist. IF C' AND IF C, THEN E.	E C C
6.	ADDITIONAL CAUSE: Explaining that an additional cause that adds to the size of the observed effect must exist. The causes magnify the size of the observed effect and neither cause by itself can totally explain the size or extent of the effect. The IF THEN statement is worded as follows: IF C' AND C, THEN E.	E C
7.	CLARITY: Not fully understanding the cause effect relationship or the entity. Requesting an additional explanation of the cause-effect relationship or the entity.	E C

LEGEND: And = Original hypothesis.

> And = \rightarrow

Legitimate reservations

(Source: Avraham Y. Goldratt Institute)