### CONVERSATION GUIDE

#### Understanding

What are your thoughts about where you are with your health?

#### Information preferences

How much information do you want about your medicines?

**PROMPT:**
From me or your doctor? What kinds of information? Some patients like to know about side effects, harms and benefits, others like to know as little or much as possible.

#### General health

*Discussion about health issues in relation to medicines you are taking. Prevention vs treatment of conditions*

#### Goals

What medicines are helping you feel better right now? (Are medicines influencing day-to-day symptoms)

What is the most important thing for you now? (Or in the near future)

#### Fears / Worries

What are your biggest fears and worries about your health?

Do you have any concerns about side-effects of your medicines?

#### Trade-offs

Would you be willing to accept a small increase in risk to your future health for less side effects now? (Or reducing your number of medicines? Is this a priority for you?)

#### Function

What activities are important to your life? (Does this relate to your medicines in any way?)

#### Your GP

How much does your GP know about your health priorities? (Suggest asking if family knows about priorities and wishes)