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## WHAT FACTORS CONTRIBUTE TO HOSPITAL VARIATION IN OBSTETRIC TRANSFUSION RATES?

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Running head: Hospital Variation in Obstetric transfusion rates

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# Abstract (15 lines)

*Background & Objectives:* To explore variation in red blood cell transfusion rates between hospitals, and the extent to which this can be explained. A secondary objective was to assess whether hospital transfusion rates are associated with maternal morbidity. *Materials & Methods:* Linked hospital discharge and birth data were used to identify births (N=279,145) in hospitals with at least 10 deliveries per annum between 2008-2010 in New South Wales, Australia. To investigate transfusion rates, a series of random effects multilevel logistic regression models were fitted, progressively adjusting for maternal, obstetric and hospital factors. Correlations between hospital transfusion and maternal, neonatal morbidity and readmission rates were assessed. *Results:* Overall, the transfusion rate was 1.4% (hospital range 0.6 to 2.9) across 89 hospitals. Adjusting for maternal casemix, reduced the variation between hospitals by 26%. Adjustment for obstetric interventions further reduced variation by 8% and a further 39% after adjustment for hospital type. At a hospital level, high transfusion rates were moderately correlated with maternal morbidity (0.56, p=0.01) and low Apgar scores (0.54, p=0.002), but not with readmission rates between hospitals. The relationship between outcomes and transfusion rates was variable, however low transfusion rates were not associated with worse outcomes.

Keywords: Red blood cell transfusion, Obstetric Delivery, Clinical Practice Variation

#### Background

In recent years there has been growing consideration of the need to limit the use of blood transfusions. Although allogeneic blood transfusion in Australia is extremely safe from an infection transmitted disease perspective, it is a limited and expensive resource that has significant potential non-infectious hazards. [1] There is now an increased emphasis on patient blood management, an individualized approach which aims to manage patients in such a way as to reduce the need for transfusion and therefore avoid unnecessary exposure to blood and blood products. [1, 2] This emphasis has been reflected in blood usage guidelines and standards proposed internationally.[3, 4] The Australian National Blood Authority have developed national standards on use of blood components and products to "ensure that the patients who receive blood and blood products do so appropriately and safely." [5] Benchmarking studies have recognized that in disciplines where there is wide variation in transfusion rates between hospitals, there is the potential for transfusion rates to be reduced, without affecting patient outcomes.[6]

Variation in blood transfusion rates between hospitals has been studied for over twenty years. In 1991, Goodnough published an influential study on transfusion rates in coronary artery bypass graft (CABG) surgery, showing that large variation in transfusion rates between hospitals persisted despite adjustment for some casemix factors.[7] These findings have been replicated in areas such as cardiac surgery, orthopaedics and other elective surgery, with some attempts to identify possible factors accounting for the observed variation.[8-10] The discipline of obstetrics has been largely absent from these studies,[6] and current national guidelines on obstetric blood component use, although proposed, do not exist. [11] Blood transfusion in obstetric practice differs from other fields, in that the majority of transfusions are in response to unexpected obstetric haemorrhage occurring in otherwise healthy women.[12, 13] Variation in clinical practice has been demonstrated for other obstetric interventions such as caesarean section rates and induction of labour [14, 15] so one may reasonably expect that blood transfusion rates will differ between hospitals.

Internationally obstetric transfusion rates range from 0.1-1.9%, [16, 17] and have been increasing in recent years.[13, 18] The most common indication for transfusion in the obstetric setting is postpartum haemorrhage (PPH; excessive bleeding post childbirth), but it can also be used to treat anaemia from other causes,[19, 20] and in patients with inherited bleeding disorders.[21] Quality evidence to inform clinical practice around transfusion in obstetrics is limited.[21] It is clear that in cases of massive

haemorrhage, failure to transfuse a patient could cause harm, as could poor management of bleeding disorders, however the benefits of transfusion for anaemia in haemodynamically stable patients are less clear.[2]

This study aims to 1) explore variation in transfusion rates between hospitals, and to what extent this can be explained by casemix, interventions and hospital level factors; and 2) to determine whether high or low hospital transfusion rates are associated with higher rates of maternal morbidity.

#### Methods

The study population for this research consisted of all women giving birth in NSW hospitals from 2008-2010 to an infant(s) of at least 20 weeks gestation. NSW is the largest state in Australia, with over 90,000 births per year. Hospitals, and women giving birth in those hospitals, were excluded if there were fewer than 10 births per year across the study period. Women with missing covariate data were also excluded. Data on maternal characteristics, pregnancy, labour and birth were obtained from the Perinatal Data Collection ('birth data'), a population based collection of data on all births of at least 400g birthweight or 20 weeks gestation. Data on maternal risk factors, procedures and fact of transfusion were obtained from the Admitted Patients Data Collection ('hospital data'), a census of all public and private hospital inpatient separations in NSW coded to the Australian Classification of Health Interventions[22] and International Classification of Diseases- Australian Modification (ICD-10-AM)[23]. Infant hospital data were also linked to the birth data to provide information on neonatal readmission within 6 weeks, diagnoses and procedures. NSW Centre for Health Record Linkage performed probabilistic data linkage between the two data sets, with linkage proportions over 98%. Only the deidentified data were provided to researchers.

Transfusion of red blood cells (RBC) during the birth admission included any record of transfusion of packed cells or whole blood in the procedure codes for the maternal hospital admission. For the purposes of this study, the transfusion rate refers to transfusion of RBC either alone or in conjunction with other blood products. A range of factors that could potentially affect the hospital transfusion rate were considered, and categorized according to whether they were maternal casemix factors, obstetric interventions at an individual level, or hospital level characteristics or intervention rates (Appendix 1).

Maternal conditions associated with a high risk of bleeding were identified from the hospital records. These were placenta praevia, antepartum haemorrhage (APH; including placental abruption), and bleeding/platelet disorder (including thalassaemia, haemolytic and aplastic anaemias, and coagulation defects (ICD10-AM codes D56-D61,D63-D64,D66-D69,D72-D77)). Other maternal and pregnancy factors identified from the hospital data, birth data or both (depending on reporting) were maternal age (under 25 years, 25-34 years, 35 year or older), maternal country of birth (Australia/other), parity, maternal smoking, previous caesarean, hypertension (chronic or pregnancy), diabetes (gestational or other), multiple pregnancy, gestational age (very preterm (<33 weeks), preterm (33-36 weeks), term (≥37 weeks)), large for gestational age infant (>90<sup>th</sup> centile). Socioeconomic status was measured using the Socioeconomic Indicator For Areas index of relative disadvantage.[24] In Australia, some maternity patients are privately insured or private payers, and can receive care as a private patient in a public or private hospital; 'private patient' is used to refer to either situation. A woman was considered to be at low risk antenatally for transfusion if she was delivering a singleton infant at term, and did not have a condition placing her at high risk of bleeding (APH, placenta praevia, bleeding/platelet disorder) or other medical condition (diabetes, hypertension). Interventions were obtained from the birth data (induction, instrumental delivery, caesarean section (intrapartum/prelabour), regional analgesia, augmentation), or both hospital and birth data (episiotomy).

In NSW, some private hospitals are located in close proximity to or on the same grounds as a public hospital, and in these cases there is sharing of staff between the two hospitals. In this case, the private hospital is defined as case as a 'colocated private' hospital, and the public hospital as a 'colocated public' hospital. Hospitals were also coded as primary, secondary or non obstetric training hospitals (where primary refers to hospitals co-ordinating registrar training, and secondary to hospitals where registrars may be sent on placement). Hospital intervention rates (caesarean section, induction, instrumental delivery, regional analgesia), private insurance and preterm birth rates amongst all patients were also considered. As information on the anaesthetic cover for each hospital was unavailable, the proportion of caesarean sections performed under general anaesthesia (GA) was used as a proxy (with a higher proportion of caesarean sections under GA indicating a lower level of specialist obstetric anaesthetic cover).

Maternal morbidity was assessed using a validated composite indictor which included obstetric embolism, organ failure, mechanical ventilation, hysterectomy, shock and other diagnoses and procedures associated with severe morbidity.[25] While the published indicator includes transfusion of blood and blood products, these were removed from the indicator for the purposes of this study. Readmission within 6 weeks of the birth and 5 minute Apgar <7 (as a marker of neonatal morbidity) were also considered. Only reliably reported, validated variables were used in analysis.[26-29] To explore the degree of variation in RBC transfusion rates between hospitals, a series of random effects multilevel logistic regression models were fitted, progressively adjusting for maternal, intervention and hospital factors.[30] Maternal factors significant in univariable analysis were included in the maternal factors model, and non-significant variables progressively removed until only variables significant at alpha=0.05 remained. All significant variables in the maternal model were retained for the intervention model, and intervention variables were removed until only significant variables remained. Hospital factors were added into the intervention model one at a time, and the variable which most reduced the between hospital variation was retained. This process was repeated to identify further significant hospital factors. Factors considered at each stage are listed in Appendix 1. A random effects model was used so to shrink hospitals with the greatest variability towards the overall transfusion rate. The hospital specific odds of transfusion were converted to risk adjusted transfusion rates. The variability between hospitals was quantified using the variance of the random effect, and the percentage change between models used to show reduction in variation after adjustment. A sensitivity analysis was performed considering transfusions amongst low risk women. All models were fitted in SAS V9.3.

In order to assess the appropriateness of high and low transfusion practice, the correlation between hospital adjusted rates of blood transfusion and maternal casemix adjusted rates of each of maternal morbidity, readmission and neonatal Apgar <7 at 5 minutes were calculated using multivariate multilevel models, jointly considering the morbidity and transfusion as outcomes.

Ethical approval for this study was obtained from the NSW Population and Health Services Research Ethics Committee.

## Results

Between 2008 and 2010 there were 281,543 births across 117 hospitals. After excluding births in hospitals of less than 10 births per year, there were 280,245 births across 89 hospitals. A further 1100 women with missing values for explanatory variables were excluded, leaving 279,145(99%) births for analysis.

Overall, the RBC transfusion rate was 1.4% (N=3914). Women receiving transfusions were more likely to be primiparous (51.7% vs 42.4%), undergoing an instrumental delivery (21.2% vs 11.6%), having a large for gestational age (16.2% vs 10.9%) or preterm infant (14.9% vs 6.4%), twins or higher order birth (4.4% vs 1.5%), or have a bleeding or platelet disorder (9.0% vs 0.7%); and were less likely to be delivering vaginally (41.9% vs 58.6%), or private patients (22.7% vs 34.4%) (Table 1).

Unadjusted hospital transfusion rates ranged from 0.6% to 2.9%. Adjusting for the differing casemix (maternal factors) between hospitals reduced the variation by 26.5% (Table 2), with adjusted rates ranging from 0.6% to 2.8%. After adjusting for intervention factors, the variation was further reduced by 8.0% (range 0.7% to 2.5%), and after adjusting for hospital factors this reduced a further 38.6% (range 1.1%, 2.0%) (Figure 1).

When potential hospital level factors were included individually in the interventions model, colocation, the proportion of private patients, the rates of caesarean section, instrumental delivery, episiotomy, analgesia, caesarean section under GA and augmentation, the average socioeconomic status for women in the hospital, and location (metropolitan/regional) demonstrated a statistically significant association with the hospital transfusion rate and reduced the variation between hospitals. Colocation most reduced the variation between hospitals and no other factor retained significance in a model including colocation. Patients at a private hospital (whether colocated or not) had lower odds of receiving a transfusion, with patients at a private hospital colocated with a public hospital being at the lowest risk (OR 0.47 95%CI (0.37,0.59)) compared with non-colocated public hospitals. Overall, 73.0% of the hospital variation in the crude model could be explained by the combination of casemix, intervention and hospital factors (Table 2).

Compared with a hospital in the middle quintile, the adjusted odds of transfusion in a high transfusing hospital were 1.6 (95% CI 1.4,1.7) and in a low transfusing hospital 0.4 (95% CI 0.4,0.5).

A sensitivity analysis amongst women at low antenatal risk for postpartum haemorrhage at term showed a similar reduction in variability after adjusting for casemix (39.6%), a slight reduction after adjustment for intervention (1.5%) and a further 24.6% reduction having adjusted for hospital factors. Again, colocation of facilities most reduced the variation at a hospital level. Casemix, intervention and hospital factors explained 65.7% of the overall variation between hospitals.

Maternal morbidity and readmission rates were higher among women receiving a transfusion (maternal morbidity: 13.4% vs 0.6%; readmission: 6.3% vs 2.6%). The proportion of infants having a low Apgar score was also higher for women receiving a transfusion (6.9% vs 1.8%) (Table 3). At a hospital level, maternal morbidity was moderately correlated with transfusion rates (0.59, p=0.01), with higher transfusing hospitals having higher rates of maternal morbidity. Transfusion rates were not significantly

correlated with readmission rates (0.18, p=0.29), or infants with low Apgar scores (0.39, p=0.08) (Figure 2).

#### Discussion

Overall, 1.4% of birth admissions between 2008 and 2010 involved a RBC transfusion. Considerable variation in obstetric transfusion rates was evident between hospitals in NSW, with the highest transfusing hospital having four times the transfusing rate of the lowest transfusing hospital. Models that adjusted for patient, intervention and hospital factors demonstrated some reduction in variation. Adjustment for casemix (factors not amenable to change) explained 26% of variation, obstetric interventions explained a further 8% of variation, and hospital factors a further 39%, reducing the unexplained variation compared with the unadjusted rates by 73%. A similar pattern was seen when the analysis was limited to women at low antenatal risk for postpartum haemorrhage. Despite the range of transfusion rates across hospitals, there was little evidence of a difference in maternal outcomes with a changing transfusion rate.

The transfusion rates observed in NSW are at the higher end of the range of transfusion rates observed elsewhere. While Danish and Finnish studies have reported obstetric transfusion rates of around 2%,[16, 31] rates in the USA were 1.0% in 2009, [18] and in Ireland increased from 0.05% to 1.29% between 1999 and 2009.[17] Although differences in the maternal population may partially explain the difference in rates between countries, such variation suggests the potential to reduce transfusion rates without associated negative outcomes.

Casemix factors unsurprisingly explained some of the variation in transfusion rates that was seen between hospitals. Consistent with other studies, the greatest maternal risk factors for transfusion during the birth admission were bleeding/platelet disorders, placenta praevia, APH and multiple births.[19, 31-33] Although these conditions are rare, they are potentially treated in tertiary hospitals, resulting in appropriately higher transfusion rates in tertiary hospitals. Because a hospital's casemix is largely not amenable to change, it is important to take this into account before comparing hospital rates.

Adjustment for intervention or management factors over which the clinician has some control contributed little to explaining remaining variation between hospitals (8.0%). Although intervention factors contribute to the risk of transfusion, [17, 19, 31] the practices associated with these interventions vary significantly between hospitals. [14, 15] Such unmeasured differences in clinical practice mean that

taking into account the management of women of similar risk profiles in different settings did not contribute greatly to our understanding of variation between hospitals.

Hospital level factors explained a considerable proportion of the remaining variation, suggesting that there are clinical practice and hospital culture factors affecting transfusion rates. Type of hospital (in particular public versus private) was associated with reduction in variation in transfusion rates. It is not clear if this is related to patients being appropriately risk managed, or if there are some issues in access to blood products that may explain this finding. Sharing of consultants between co-located private and public hospitals may be a factor, with consultants preferentially booking women with higher risk of bleeding at the public hospital where there are 24 hour onsite facilities. Guidelines on the management of women at high risk of bleeding involve consideration of an appropriate place of birth, with ready access to blood and blood products, [21, 34] such as a larger urban hospital or tertiary centre. Thus, it is possible that some reduction in variability due to hospital type is related to private hospitals having a lower risk subset of women, [35] which was not fully accounted for in the adjustment. It is also possible however that this represents a true, unmeasured, difference in practice between public and private hospital clinicians. Access to blood and blood products may vary by hospital type. Blood and blood products are provided free of charge to private hospitals, [36] so it is unlikely that financial considerations are influencing blood use, however practical issues such as low on-site stores and blood bank facilities may be responsible for differing access.

The relationship between hospital transfusion rates and maternal outcomes was variable. At a hospital level, there was moderate correlation between transfusion rates and maternal morbidity, however there was no correlation with readmission rates or neonatal morbidity. Readmission rates are potentially less robust markers of outcome that may reflect differing admission practices and access to local care rather than serious adverse outcome. The correlation between transfusion and maternal morbidity may suggest that either there is some aspect of practice which contributes to jointly higher morbidity and transfusions, or that there are aspects of casemix leading to both higher morbidity and transfusion rates that are not accounted for completely in modelling. Evidence on improved outcomes associated with either a restrictive or liberal transfusion thresholds in any setting supported the use of a restrictive transfusion thresholds, [38] however none of the studies included obstetrics patients. In the context of obstetric transfusions, the majority of which are in response to unpredictable obstetric haemorrhage, one cannot assume that a low transfusing hospital represents best practice. However,

high transfusing hospitals may also not represent optimal care, with evidence of overtransfused obstetrics patients noted in hospital audit studies, [37, 39] and studies of transfusion to treat anaemia in women postnatally finding no clear benefit of this practice. [20, 40] Thus it is important for research exploring variation in transfusion rates to concurrently take into account outcomes, to ensure that efforts to reduce blood use and variation do not cause harm.

The extent of variation observed in this study after adjusting for casemix is considerable, with an over fourfold difference in transfusion rate between the lowest and highest transfusion hospital. The variation seen here is somewhat lower than observed in other specialties. Bennett-Guerrero et al report an almost eightfold difference in transfusion rates for coronary artery bypass graft surgery,[8] and for non-cardiac surgery Qian et al found upwards of thirty-fold differences in transfusion rates.[10] The lower transfusion rate in obstetric practice compared with other specialties may be partially responsible for the lower variation. Additionally, as most obstetric transfusions are given in the context of haemorrhage, for which transfusion is often recommended,[12] there may be less room for variable practices. Karkouti et al found lower variation between hospitals of large volume transfusion rates and rates of transfusion for excessive blood loss compared with any transfusion.[9]

The strengths of this study lie in its use of reliably reported, population data to identify variation in blood transfusion rates between hospitals. Use of multilevel models allowed for differences in casemix to be taken into account, as well as similarities in births within hospitals. This then allowed for identification of potentially modifiable clinical practice factors which could be targeted to reduce variation in transfusion rates between hospitals. This study also potentially highlights target hospitals for audit studies, where clinical decision-making aspects of care that are not captured in these routinely collected data have been identified. In this study only fact of transfusion was available, rather than the quantity transfused. It has been suggested elsewhere that there is less variation between hospitals in large volume transfusion rates, [9] as these represent severe cases with clearer transfusion need. An additional limitation is that casemix factors not adjusted for at an individual level would appear as between hospital variation, however a wide range of risk factors were considered so the effect of this would be small. Because of the reliance on administrative data, it is sometimes unclear whether poor outcomes are the result of transfusion, or the transfusion was a response to a developing poor outcome.

Differences in obstetric transfusion rates were evident in NSW and these differences persisted after adjustment for differing casemix between hospitals. This suggests the presence of clinical practice factors which influence blood use, and the presence of potential over- or under-transfusion in some hospitals. Investigation of these factors could inform practice guidelines which could result in decreased variation in transfusion rates, without compromising quality of care.

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		Total	<b>RBC transfusion</b>	No RBC
				transfusion
Total		279145 (100.0)	3914 (100.0)	275231 (100.0)
Maternal age	Under 20	9647 (3.5)	208 (5.3)	9439 (3.4)
	20-34	202953 (72.7)	2746 (70.2)	200207 (72.7)
	35+	66545 (23.8)	960 (24.5)	65585 (23.8)
Private patient	Yes	95568 (34.2)	890 (22.7)	94678 (34.4)
	No	183577 (65.8)	3024 (77.3)	180553 (65.6)
Smoker	Yes	33306 (11.9)	530 (13.5)	32776 (11.9)
	No	245839 (88.1)	3384 (86.5)	242455 (88.1)
Multiple birth	Yes	4195 (1.5)	172 (4.4)	4023 (1.5)
	No	274950 (98.5)	3742 (95.6)	271208 (98.5)
Primiparous	Yes	118830 (42.6)	2023 (51.7)	116807 (42.4)
	No	160315 (57.4)	1891 (48.3)	158424 (57.6)
Previous caesarean	Yes	42493 (15.2)	601 (15.4)	41892 (15.2)
	No	236652 (84.8)	3313 (84.6)	233339 (84.8)
Gestational age	20-32	3946 (1.4)	194 (5.0)	3752 (1.4)
	33-36	14116 (5.1)	388 (9.9)	13728 (5.0)
	37+	261083 (93.5)	3332 (85.1)	257751 (93.6)
Mode of birth	Normal vaginal deliverv <sup>a</sup>	162835 (58.3)	1641 (41.9)	161194 (58.6)
	Caesarean	85044 (30.5)	1476 (37.7)	83568 (30.4)
	Pre-labour caesarean	49268 (17.6)	733 (18.7)	48535 (17.6)
	Intrapartum Caesarean	35773 (12.8)	742 (19.0)	35031 (12.7)
	Instrumental Delivery	32738 (11.7)	830 (21.2)	31908 (11.6)
	Forceps	11247 (4.0)	408 (10.4)	10839 (3.9)
	Vacuum	21491 (7.7)	422 (10.8)	21069 (7.7)
Induction		76938 (27.6)	1329 (34.0)	75609 (27.5)
Birthweight	SGA	24271 (8.7)	237 (6.1)	24034 (8.7)
	LGA	30741 (11.0)	636 (16.2)	30105 (10.9)
Hospital type	Tertiary	116951 (41.9)	2069 (52.9)	114882 (41.7)
	Regional	58187 (20.8)	850 (21.7)	57337 (20.8)
	Urban/other	35304 (12.6)	507 (13.0)	34797 (12.6)
	Private	68703 (24.6)	488 (12.5)	68215 (24.8)
Bleeding/platelet dis	order	2329 (0.8)	2329 (0.8)	352 (9.0)

Table 1- Characteristics of women giving birth in NSW, 2008-2010.

<sup>a</sup>without forceps or vacuum

Variable	Category	Maternal Model OR (95%CI)	Intervention Model OR (95%CI)	Hospital Model OR (95%Cl)
Maternal age	Under 20	1.27 (1.09,1.47)	1.40 (1.21,1.63)	1.40 (1.20,1.63)
	20 to 34	1(ref)	1(ref)	1(ref)
	35+	1.14 (1.05,1.23)	1.13 (1.04,1.22)	1.12 (1.04,1.21)
Private patient		0.69 (0.62,0.77)	0.69 (0.62,0.77)	0.81 (0.72,0.91)
Australian born		0.82 (0.76,0.88)	0.85 (0.78,0.91)	0.84 (0.78,0.91)
Blood/platelet disorder		12.5 (11.0,14.1)	11.8 (10.4,13.4)	11.8 (10.4,13.4)
Primipara		1.57 (1.46,1.69)	1.17 (1.07,1.27)	1.16 (1.07,1.26)
Previous caesarean		1.26 (1.14,1.40)	1.33 (1.18,1.50)	1.33 (1.19,1.50)
Pregnancy hypertension		1.75 (1.60,1.92)	1.67 (1.52,1.84)	1.67 (1.52,1.83)
Antepartum		2.49 (2.20,2.82)	2.34 (2.07,2.65)	2.34 (2.07,2.65)
Placenta praevia		8 55 (7 / 7 9 78)	9 95 (8 56 11 6)	9 96 (8 56 11 6)
Multiple birth		2 22 (1 87 2 63)	2 / 5 (2 05 2 91)	2 / 3 (2 0/ 2 90)
		1 69 (1 55 1 85)	1 66 (1 51 1 81)	1 65 (1 51 1 81)
Gestation	<32 weeks	1(ref)	1(ref)	1(ref)
	33-36	0.73 (0.60.0.87)	0.71 (0.59.0.86)	0.72 (0.60.0.87)
	37+	0.54 (0.46.0.64)	0.50 (0.42.0.60)	0.51 (0.43.0.61)
Regional analgesia			0.64 (0.59,0.70)	0.65 (0.59,0.71)
Labour induction			1.39 (1.29,1.51)	1.39 (1.29,1.51)
Augmented labour			1.42 (1.27,1.59)	1.42 (1.27,1.59)
Episiotomy			1.50 (1.35,1.68)	1.51 (1.36,1.69)
Mode of birth	Normal vaginal delivery	1(ref)	1(ref)	1(ref)
	Instrumental		2.29 (2.05,2.57)	2.30 (2.05,2.57)
	Intrapartum caesarean		2.14 (1.91,2.39)	2.13 (1.90,2.38)
	Pre-labour caesarean		1.40 (1.22,1.60)	1.40 (1.22,1.60)
Colocation	Public (not colocated)	1(ref)	1(ref)	1(ref)
	<b>Colocated Public</b>			0.94 (0.78,1.13)
	Colocated Private			0.47 (0.37,0.59)
	Other private			0.54 (0.43,0.69)
Variance	<b>Unadjusted</b> 0.17 (0.04)	<b>Maternal</b> 0.12 (0.03)	Intervention 0.11 (0.03)	Hospital 0.05 (0.02)
% reduction from unadjusted model		26.5	34.4	73.0

Table 2: Risk factors for red blood cell transfusion in the birth admission, with each model progressively adjusting for maternal factors, intervention factors and hospital factors, NSW, 2008-2010<sup>a</sup>.

<sup>a</sup> For full list of variables considered at each stage, see Appendix 1.

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	Apgar <7 at 5 mins n(%)	Maternal morbidity n(%)	Readmission rate n(%)
Overall rate	5124 (1.84)	2042 (0.73)	7432 (2.66)
Rate in women receiving transfusion	270 (6.90)	524 (13.39)	248 (6.34)
Rate in women not receiving transfusion	4854 (1.76)	1518 (0.55)	7184 (2.61)

Table 3 Maternal and neonatal adjusted outcome rates, NSW, 2008-2010.



Figure 1: Variation in hospital transfusion rates for red blood cell transfusion in the birth admission, NSW, 2008-2010.<sup>a</sup>

<sup>a</sup> Dots represent hospital RBC transfusion rates, with 95% confidence intervals, and the horizontal line the average rate.



Figure 2: Adjusted rates of maternal and neonatal morbidity and transfusion, NSW, 2008-2010.