

Appendix J Available management options

Below is the complete list of management options available to the user in the first case that concerned the management of hypertriglyceridaemia in the context of Type 1B

Glycogen Storage Disease .

- Use topical 1% hydrocortisone cream
- Refer to an allergy clinic
- Refer to a dermatologist
- Diet low in saturated fat
- Six hourly cornstarch to maintain blood glucose
- Use a fibrate (Gemfibrozil)
- Use a HMG CoA Reductase Inhibitor (Statin)
- Use nicotinic acid
- Use omega 3 fatty acids (fish oil)
- Monitor and follow up at next visit.
- Diet high in carbohydrate
- Diet low in carbohydrate
- Diet high in protein
- Diet low in protein
- Amoxicillin 500 mg tds
- Use an emolient cream
- Allopurinol
- Education on primary disorder
- Regular exercise