APPENDIX I

Aims and objects

Australian Mothercraft Society 1929 142
Royal Society for the Welfare of Mothers and Babies 1923 143
Karitane Mothercraft Society Mission 1992 144
Karitane Mission 1996-1999 145
Karitane Constitution 2000 146

APPENDIX II


APPENDIX III

Map of the Greater Sydney Area (fold out) 149
AIMS AND OBJECTS OF THE SOCIETY

1) **To uphold the Sacredness of the Body and the Duty of Health:** to inculcate a lofty view of the responsibilities of maternity and the duty of every mother to fit herself for the perfect fulfilment of the natural calls of motherhood, both before and after child-birth, and especially to advocate and promote the Breast-feeding of infants.

2) **To acquire accurate information and knowledge on matters affecting the Health of Women and Children, and to disseminate such knowledge** through the agency of its members, Nurses, and others by means of the natural handing-on from one recipient or beneficiary to another, and the use of such agencies as periodical meetings of members’ houses or elsewhere, demonstrations, lectures, correspondence, newspaper articles pamphlets, books, etc.

3) **To train specially, and to employ qualified Nurses to be called Plunket Nurses, whose duty it will be to give sound, reliable instruction, advice, and assistance, gratis, to any member of the community desiring such service,** on matters affecting the health and well-being of women, especially during pregnancy and while nursing infants, and on matters affecting the health and well-being of their children; and also to endeavour to educate and help parents and others in a practical way in domestic hygiene in general - all these things being done **with a view to conserving the health and strength of the rising generation, and rendering both mother and offspring hardy, healthy, and resistive to disease.**

4) To co-operate with existing or future organisations working for any of the forgoing or cognate objects.

**NB** - The Society was started as a League for mutual helpfulness and mutual education, with a full cognition of the fact that, so far as motherhood and babyhood were concerned, there was as much need for practical reform and ‘going to school’ on the part of the cultured and well-to-do as there was on the part of the so called ‘poor and ignorant’.

---

THE ROYAL SOCIETY FOR THE WELFARE OF MOTHERS AND BABIES

AIMS AND OBJECTS: ²

1) To Save Baby Life.

2) To coordinate all existing Agencies for dealing with Mothers and Babies.

3) To ensure proper Nursing Conditions to every Mother prior and subsequent to Childbirth.

4) To establish Welfare Centres and Committees in the Metropolis and Country.

5) To establish Rest Homes for Mothers.

6) To care for and bring under supervision all Children up to School Age.

7) To establish a Corps of Mothers’ Aids.

8) To provide Certified and Humanised Milk and Ice.

² Royal Society for the Welfare of Mothers and Babies, Annual Report, 1925-26, 3.
MISSION STATEMENT

The mission of Karitane is to provide family centred care and guidance to those mothers or carers who are experiencing parenting difficulties, stress and or dysfunction irrespective of their status, culture or geographic location.

OBJECTIVES

- Promote the health and well-being of infants, young children, mothers and families.
- Promote and support breastfeeding of infants
- Encourage family members to assume responsibility for their own health care and that of their young children.
- Provide guidance and specialised care when necessary in order to re-establish, maintain or support the physical, emotional and social relationship between parent and child.
- Detect abnormal patterns of growth, development or parent/child interaction and to provide support, advice and education for those parents.
- To function as part of the network of health services for infants, young children and their families.
- Research, actively promote, participate in and evaluate appropriate procedures and programmes.
- Maintain on-going education and professional support for Karitane staff and students.
- Provide specialist mothercraft/parentcraft education.
- To ensure the Organisations Mission Statement and Objectives reflect the new directions of the Strategic Plan.

---

MISSION AND GOALS OF KARITANE

The Mission of Karitane is to:

Promote health and provide quality care and guidance to families so that children can thrive.

Achievement of the following goals is essential if Karitane is to achieve its mission:

1) Improve the health outcomes of children and infants most in need.

2) Develop and provide appropriate models of service across the State.

3) Improve community understanding of the need for family care services and improve access to Karitane’s services.

---

1. Preliminary

1.3 Objects of the Company

a) Solely for the purpose of implementing the objects in clause 1.3(b), the Company has the legal capacity and powers of an individual both in and outside the jurisdiction of Australia. The Company also has all the powers of a body corporate including the power to:

(i) issue debentures;

(ii) grant a fixed and/or floating charge over the Company’s property;

(iii) arrange for the Company to be a registered or recognised as a body corporate in any place outside this jurisdiction; and

(vi) do anything that it is authorised to do by any other law (including a law of a foreign country).

The Company is formed as a non-profit organization with the following objects:

b) without limitation to 1.3 (a), to promote, advocate and disseminate material and information to:

(i) infant and maternal health;
(ii) breastfeeding;
(iii) family health;
(iv) parenting skills;
(v) education within and outside the healthcare system;
(vi) the work of the Company; and
(vii) all other matters relating to the development of family health as determined by the Board from time to time

Karitane Constitution, 2005
APPENDIX II


_Presidents_
A W Green Esq 1923
Lady David 1925
Mrs Arthur Allen 1926-1930
John Fuller Esq 1930
Mrs Dorothy Waterhouse 1931, 1940-1949, 1956-1968
Lady Game 1931-1935
Lady Gowrie 1936
Lady Anderson 1937
Lady Owen 1938-1939
Mrs Catherine Anderson Stuart 1950-1955, 1969-70
Mrs Eileen Gemmell-Smith 1971-72, 1980-89, 1990-91
Mrs Judith Baker 1973-79
Dr Michael Harris 1989-90
Mr Michael Goot 1992-1999

_Matrons_
Elizabeth MacMillan 1923-1926
Mary E. Walsh 1926-1927
Ivy Vidler 1928-1929
Vida MacLean 1930-1936
Beryl Warneke 1937-1952
Jessie Hamilton 1953
Meryl Caldwell Smith 1954-1959
E V Manning 1959
Eileen C Wilson 1960-1969
Marion E Hawley 1970-1974

_Directors of Nursing_
Marianne Erlanger 1975-1988
Joan Kocken 1989-1992
Cheryl A Richardson 1993-1996

_Acting Director of Nursing_
Michelle Manley 1997

**Secretary**
Miss M Williams 1943 - 1952
Mrs T Cochran 1953 - 1959
Mrs R J Burry 1959 - 1960
Miss I M Mackenzie 1961 - 1967

**Chief Executive Officers**
Mr K F Wiles 1968 - 1973
Mr W B Cahill 1974 - 1980
Mr E G Townsend 1981 - 1991
Mr C L Turner 1992 - 1997

**Executive Manager**
Ms B Gibbins 1998 -

---

BIBLIOGRAPHY

Unpublished sources -

Archives and collections:

Chapman Tripp, Wellington, NZ:
‘Karitane Products Society Ltd’, 1927.

Hocken Library, Dunedin, NZ:
From the Royal New Zealand Plunket Society, Headquarters records:
AG-007-002/170, ‘Inward letters, miscellaneous’, 1918-1924;
AG-007-002/188, ‘Inward letters’, 1923-1925;
AG-007-002/445, ‘Karitane Products Society, Karitane Products Society grants, Kindred Association
reports, Lady King Scholarship, leave of absence, letters of sympathy, McKenzie Trust, Medical
Advisory Committee’, 1958;
AG-007-005/020 ‘Papers in connection with the establishment of Truby King work in Australia’
1919-1935; AG-007-005/036, ‘Miscellaneous papers’, 1917-1933;
AG-007-006/084, ‘Mothercraft’ clippings from 'The Australian Women's Mirror', probably written by
Mary Truby King’, 1933;
AG-007-007/050, ‘Photographs including 'Sir William Hunt', 'Judge Blair', and 'Miss Mary Truby
King”, n.d.; AG-007-008/032, ‘Reports of Plunket's affiliated societies’, 1917-1968;
MS-1783/014, ‘Clippings book of Mary King's baby articles’, 1937-39;
MS-1783/015, ‘Clippings book of Mary King's baby articles’, 1931-34;
MS-1783/074, ‘Buckingham St. - Sydney Karitane Products Society’, 1929;
MS-1783/075, ‘Australia - Illness at Buckingham St.’, 1931.

Karitane, Carramar, NSW:
Lecture notes for student nurses, 1985.
Register of graduate nurses, 1926-2000.

Mitchell Library, NSW:
PXA 812/1-57, ‘Portraits of Sir William McMillan and family, 1898-1934’.
MLMSS 2068, ‘F. E. McMillan correspondence’, 1914-16’.

National Archives of Australia:
680/12, A1928, ‘Motherhood Endowment & Child Welfare Australian Mothercraft Society
(Plunket System)’, 1927-1939.

Powerhouse Museum, NSW:

Enid Ross collection:
Loose records, photographs and Karitane memorabilia, 1924-2000, held by Enid Ross, Randwick, NSW.

Student notes:
Lecture notes for Karitane Nurses, 1964, held by Beverley Correy, Kensington, NSW.

State Records of NSW:
Department of Public Health

Nurses Registration Board

White Family Collection:
Diaries and loose papers, 1902-2002, held by Stephen White, Bowral, NSW.

Memoirs:

Theses:
Cowden, Victoria, ‘‘Mothers as a rule do not know…’ mothercraft campaigns in the inner suburbs of Sydney, 1904-1914’, BA Hons, University of New South Wales, 1980.


Lewis, Milton James, ‘Populate or perish: aspects of infant and maternal health in Sydney, 1870-1939’, PhD, Australian National University, 1976.


Pascoe, Caroline, ‘Screening mothers: representations of motherhood in Australian films from 1900 to 1988’, PhD, University of Sydney, 1999.

Thame, Claudia, ‘Health and the State: the development of collective responsibility for health care in Australia in the first half of the twentieth century’, PhD, Australian National University, 1974.


Wyndham, Diana, ‘Striving for National Fitness: Eugenics in Australia 1910s to 1930s’, PhD, University of Sydney, 1996.

Recorded conversations with the author regarding Karitane, conducted 2006-2007:

Angel-Lord, Gertrude
Atkinson, Alison
Baker, Judith
Barnett, Bryanne
Bolton, Elizabeth
Cameron, Miltie
Churcher, Michelle
Correy, Beverley
Devai, Judy
Darling, Sally
Dunn, Nancy
Erlanger, Marijan
Gemmell-Smith, Eileen
Gitees, Judith
Hardman, Barrie
Harris, Michael
Heads, Joy
Hunter, Virginia
Kendrick, Barbara

Lee, Hulina
Madvig, Penny
Madigan, Sally
Maidal, Enid
McGee, Maureen
O’Connor, Kim
Paget-Cooke, Mary
Ramjan, Joanne
Roache, Olga
Ross, Enid
Samson, Vicki
Short, Joan
Stewart, Penelope
Turner, Craig
Waldron, Jennifer
Webster, Noelle and John
Wilkes, Susan
Woodrow, Maisie
Zint-Graff, Jann

Other verbal sources regarding Karitane 2007-2009

Congreve, Betty
Caldwell-Smith, Meryl
Goot, Michael

Hipsley, Ruth
Hogan, Helen
Moritz, Barbara
Nossar, Victor

Published sources -

Newspapers and periodicals:

*Australian Nurses Journal,* 1920-1951.
*Bulletin of the Health Association of Australasia,* 1922-1926
*Ladies Sphere,* 1923.
Sydney Morning Herald, 1919-1939.
The Countrywoman in NSW, 1938.
The Bulletin of the Health Association of Australasia, 1922-1926.
The Lancet, 1913-1939.

NSW Legislation:

Public Health Act 1902.
Private Hospitals Act, 1908.
Royal Society for the Welfare of Mothers and Babies Incorporation Act 1919.
Nurses Registration Act, 1924.
Public Hospitals Act 1929.
Health Administration Act 1982.
Nurses Registration (Amendment) Act 1987.
NSW Nurses and Midwives Act 1991.

Reports:


‘Report of the Committee Concerning the Causes of Death and Invalidity in the Commonwealth,’
Commonwealth Department of Trade and Customs, Melbourne: Government Printer. 1916.


Department of Health, NSW Health, Postnatal depression services review, North Sydney, NSW: Family and Child Health Unit, Planning and Performance Branch, 1994.

———, Report and guidelines on family care cottages, Sydney: Health Services Unit, Department of Health, 1986.


Books and articles:


———, ‘Constructing mothers: scientific motherhood in the nineteenth and twentieth centuries’, in


———, ‘Breastfeeding and health professionals in Britain, New Zealand and the United States, 1900-


Burgess, Mildred M., ‘Feeding of the abnormal baby by the so-called Truby King methods: a review of thirty-nine cases’, *The Lancet*, no. 17, January, 1925, 118.


———, ‘The public doesn't want health and isn't going to get it unless....’ *Australian Quarterly*, vol. 44, no. 2, 1972, 88-97.


Commonwealth Department of Health, *The infant welfare centre as a community service*, 1944.

Cooper, B., ‘The sister's role and responsibility toward the mother and baby, on discharge, to the health nurse in the community’, *The Lamp*, vol. 25, December 1968, 8-9


Crockett, Cheryl D., *Save the babies; The Victorian Baby Health Centres Association and the Queen Elizabeth Centre - the first 83 years*, Melbourne: Arcadia, 2000.


Davis, Annette, ‘Infant mortality and child saving: the campaign of women's organisations in Western Australia, 1900-1922’, in *Childhood and society in Western Australia*, edited by Penelope Hetherington, Nedlands, WA: University of Western Australia Press with Centre for Western Australian History, 1988, 161-173.


———, *Healthy Motherhood*, NSW Department of Public Health, 1943.

———, *How your Health Department serves you*, NSW Department of Public Health, 1968.

Department of Youth and Community Services, NSW Early Childhood Services Division, and Gwen Watt, *Towards a Departmental policy on early childhood service*, Sydney: NSW Department of Youth and Community Services, 1980.


Faulkner, C. C., ‘2UE - Sydney, Australia's Oldest Commercial Station’, Radio Heritage Foundation


Harris, Michael J., Marion D. Hawley, and Christine Harris, ‘The Karitane Mothercraft Hospital: current and future activities’, *Medical Journal of Australia*, vol. 24, no. 1, 10 June, 1972, 1261-1265.


Hocken, Thomas Morland, *Contributions to the early history of New Zealand (Settlement of Otago)*, London: Sampson Low, Marston and Co., 1898.


Hone, Frank S., ‘Review of the present position of infantile mortality,’ *Medical Journal of Australia*, vol. 1, no. 18, 2 May 1925, 443-449.


Jacob, Mary, ‘Trials of the transitional period and how to avoid them’, *The Countrywoman in New South Wales*, vol. 1, no. 5, 6 April 1938, 8-9.

———, ‘The Late Sir Truby King’, *The Countrywoman in New South Wales*, vol. 1 no. 6, 6 May 1938, 17.


Jupp, James, *The ethnic composition of Australian elites*, Barton, ACT: Office of Multicultural Affairs,
Department of the Prime Minister and Cabinet, 1988.


Kirby, Sandra, ‘Shared care of the mother and baby from hospital to community’, *The Lamp*, vol. 25, November 1968, 25.

Knapman, Claudia, *Promoting dependence or independence?: early childhood centres and the mothers’ group strategy*, Lidcombe, NSW: Cumberland Centre for Women’s Health Studies, Cumberland College of Health Sciences, The University of Sydney, 1991.


Little, Majorie, ‘Some pioneer medical women of the University of Sydney’, *Bulletin of Post-Graduate Committee in Medicine*, vol. 14, no. 2, 1958, 25-49.


———, ‘Isabella King’, in *The Book of New Zealand women*, edited by Charlotte Macdonald, Merimeri


———, ‘Mothers and babies and the mothers and babies movement: Australia through the Depression and War’, Social History of Medicine, vol. 6, no. 1, 1993, 51-83.


National Health and Medical Research Council, and Sherryl Pope, Postnatal depression: not just the baby blues, Canberra: National Health and Medical Research Council, 2000.


NSW Parliament, ‘Mr Maurice O’Sullivan (1892 - 1972)’, viewed 16/09/07


O’Hara, Mary Ann, ‘Child health in the interwar years, 1920-1939’, In Childhood and society in Western Australia, edited by Penelope Hetherington, Nedlands, WA: University of Western Australia Press with Centre for Western Australian History, 1988, 174-186.


Parry, Gordon, A fence at the top: the first 75 years of the Plunket Society, Dunedin: Royal New Zealand Plunket Society, 1982.


Piddington, Marion, Tell them, or, the second stage of mothercraft: a hand-book of suggestions for the sex-training of the child, Sydney: Moore’s Book Shop, 1926.


Porter, Dorothy, ‘The decline of social medicine in Britain in the 1960s’, in Social Medicine and Medical


Rappell, S., *Karitane Mothercraft Society parent support program evaluation*, University of Western Sydney Faculty of Health, c.1996.


Royal Australian Nursing Federation, College of Nursing Australia, National Florence Nightingale Committee of Australia, and New South Wales College of Nursing, *Goals in Nursing Education* Melbourne, 1976.


Scott, Pam, Eveleen Richards and Brian Martin, ‘Captives of controversy: the myth of the neutral social researcher in contemporary scientific controversies’, *Science, Technology and Human Values*, vol. 15, no. 4, 1990, 474-494.


———, ‘The seduction of medicine by health outcomes: from meaning to measurement’, *NSW Public Health Bulletin*, vol. 6, no. 11, 1995, 121.


